

CORRIDA DE SESIMBRA

| Lugar | Nº | Nome | Sx | Escalão | FE | TempoFinal | Percurso | Equipa |
|-------|-----|--------------------|----|---------|----|------------|----------|--------------------|
| 1 | 678 | HERMANO FERREIRA | M | M2039 | 1 | 0:31:05 | 0:21:22 | MARATONA CP |
| 2 | 4 | LUIS PINTO | M | M2039 | 2 | 0:31:59 | 0:21:44 | CS MARITIMO |
| 3 | 7 | RIAD MOHAMED | M | M2039 | 3 | 0:32:33 | 0:22:04 | OLIMPICO C LAGOS |
| 4 | 14 | RICARDO PAIXAO | M | M2039 | 4 | 0:32:51 | 0:22:28 | SL BENFICA |
| 5 | 6 | RICARDO ABREU | M | M2039 | 5 | 0:33:03 | 0:22:24 | CS MARITIMO |
| 6 | 672 | MIGUEL SANTOS | M | M2039 | 6 | 0:33:10 | 0:22:36 | ARCD VILA REI |
| 7 | 97 | MARCO GOMES | M | M2039 | 7 | 0:33:15 | 0:22:36 | CCR ALTO MOINHO |
| 8 | 3 | LUIS RAÇOES | M | M2039 | 8 | 0:33:26 | 0:22:26 | GIRASOL |
| 9 | 671 | HERNANI SANTOS | M | M2039 | 9 | 0:33:36 | 0:22:49 | ARCD VILA REI |
| 10 | 270 | PEDRO GOMES | M | M2039 | 10 | 0:33:49 | 0:23:09 | BOAVISTA S MATEUS |
| 11 | 659 | EUSEBIO ROSA | M | M4044 | 1 | 0:33:54 | 0:23:08 | SUC |
| 12 | 11 | PAULO PINHEIRO | M | M2039 | 11 | 0:33:58 | 0:23:09 | MARATONA CP |
| 13 | 272 | JOAO VAZ | M | M4044 | 2 | 0:34:06 | 0:23:08 | BOAVISTA S MATEUS |
| 14 | 673 | NUNO SANTOS | M | M2039 | 12 | 0:34:18 | 0:23:13 | ARCD VILA REI |
| 15 | 13 | JORGE MIRANDA | M | M2039 | 13 | 0:34:59 | 0:23:32 | SL BENFICA |
| 16 | 638 | PEDRO PESSOA | M | M4044 | 3 | 0:34:59 | 0:23:31 | CR SOBREDENSE |
| 17 | 639 | ELIAS VITANGUI | M | M2039 | 14 | 0:35:03 | 0:24:04 | CR SOBREDENSE |
| 18 | 282 | FRANCISCO PEDRO | M | M2039 | 15 | 0:35:31 | 0:24:17 | ARSC TOLEDO |
| 19 | 284 | LUIS GOMES | M | M4044 | 4 | 0:35:34 | 0:24:17 | ARSC TOLEDO |
| 20 | 464 | JOSE DA LUZ | M | M2039 | 16 | 0:35:41 | 0:24:58 | OLIMPICO C LAGOS |
| 21 | 398 | LUIS CATARINO | M | M2039 | 17 | 0:35:48 | 0:24:18 | GIRASOL |
| 22 | 657 | MANUEL GABOLEIRO | M | M2039 | 18 | 0:35:54 | 0:24:18 | SUC |
| 23 | 271 | CARLOS ALVES | M | M4044 | 5 | 0:36:01 | 0:24:46 | BOAVISTA S MATEUS |
| 24 | 273 | JOAO PAIS | M | M4549 | 1 | 0:36:01 | 0:24:47 | BOAVISTA S MATEUS |
| 25 | 339 | BRUNO BONDOSO | M | M2039 | 19 | 0:36:02 | 0:24:22 | VRC CARPINTARIA |
| 26 | 305 | VIRGILIO GOMES | M | M4044 | 6 | 0:36:04 | 0:24:42 | GD MACEDO OCULISTA |
| 27 | 404 | JOSE LOURO | M | M4549 | 2 | 0:36:17 | 0:24:46 | CDR AGUIAS UNIDAS |
| 28 | 378 | PAULO GUIMARAES | M | M2039 | 20 | 0:36:27 | 0:24:45 | GDC ESTRELA NEGRA |
| 29 | 105 | JOAO VEIGA | M | M4549 | 3 | 0:36:33 | 0:25:02 | CCR ALTO MOINHO |
| 30 | 412 | RUI AFONSO | M | M4044 | 7 | 0:36:34 | 0:24:58 | CDR AGUIAS UNIDAS |
| 31 | 658 | JOSE QUARESMA | M | M4044 | 8 | 0:36:56 | 0:25:04 | SUC |
| 32 | 380 | JOAO CARDOSO | M | M4549 | 4 | 0:36:59 | 0:25:11 | GDC ESTRELA NEGRA |
| 33 | 676 | JOAO M MARTINS | M | M4549 | 5 | 0:37:00 | 0:25:12 | CUA BENAVENTENSE |
| 34 | 649 | ANTONIO CARRILHO | M | M4549 | 6 | 0:37:24 | 0:25:24 | CAFE CARAVELA |
| 35 | 279 | ANDRE FERREIRA | M | M2039 | 21 | 0:37:40 | 0:25:52 | ARSC TOLEDO |
| 36 | 411 | PEDRO LUIS | M | M2039 | 22 | 0:37:43 | 0:26:00 | CDR AGUIAS UNIDAS |
| 37 | 304 | CARLOS MENDES | M | M4044 | 9 | 0:37:46 | 0:25:58 | GD MACEDO OCULISTA |
| 38 | 420 | FILIPE JANUARIO | M | M2039 | 23 | 0:37:47 | 0:25:47 | CCDT AUT ALMADA |
| 39 | 712 | RUI INFANTE | M | M2039 | 24 | 0:37:47 | 0:25:17 | C PRAÇAS ARMADA |
| 40 | 652 | PAULO MARTINS | M | M2039 | 25 | 0:37:49 | 0:25:51 | AM ATIBA |
| 41 | 289 | FABIO FERREIRA~ | M | M1819 | 1 | 0:38:05 | 0:25:59 | GD MACEDO OCULISTA |
| 42 | 57 | ANDRE PORTUGAL | M | M2039 | 26 | 0:38:06 | 0:26:37 | CP CORROIOS |
| 43 | 503 | FERNANDO J SANTOS | M | M4044 | 10 | 0:38:09 | 0:25:52 | INDIVIDUAL |
| 44 | 101 | EDUARDO FERNANDES | M | M4044 | 11 | 0:38:12 | 0:26:11 | CCR ALTO MOINHO |
| 45 | 654 | JOSE A BORGES | M | M4044 | 12 | 0:38:17 | 0:26:02 | AM ATIBA |
| 46 | 641 | JOAO SOUSA | M | M2039 | 27 | 0:38:21 | 0:26:39 | CR SOBREDENSE |
| 47 | 643 | SILVESTRE PALMINHA | M | M4549 | 7 | 0:38:22 | 0:26:02 | CAFE CARAVELA |
| 48 | 296 | JORGE REIS | M | M5054 | 1 | 0:38:24 | 0:26:08 | GD MACEDO OCULISTA |
| 49 | 409 | CARLOS COUTO | M | M2039 | 28 | 0:38:29 | 0:26:10 | CDR AGUIAS UNIDAS |
| 50 | 646 | EMANUEL BORGES | M | M2039 | 29 | 0:38:32 | 0:26:12 | CAFE CARAVELA |

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| 51 | 1 | MONICA ROSA | F | F2034 | 1 | 0:38:37 | 0:26:11 | MARATONA CP |
| 52 | 44 | HORACIO ALEXANDRE | M | M2039 | 30 | 0:38:38 | 0:26:11 | GD COSTA BRAVA |
| 53 | 457 | DUARTE BANDEIRAS | M | M2039 | 31 | 0:38:39 | 0:26:25 | CCDT METRO LX |
| 54 | 15 | JOSE FELIX | M | M4044 | 13 | 0:38:50 | 0:26:38 | CF OS AVISENSES |
| 55 | 116 | NUNO SARAIVA | M | M2039 | 32 | 0:38:52 | 0:27:00 | AD REMOLPINTA |
| 56 | 414 | JOAQUIM CAPUCHO | M | M4549 | 8 | 0:38:57 | 0:26:39 | CDR AGUIAS UNIDAS |
| 57 | 391 | VITOR ALVES | M | M4044 | 14 | 0:38:59 | 0:26:36 | BOLOTAOBRA |
| 58 | 49 | HUGO ADELINO | M | M2039 | 33 | 0:39:00 | 0:26:29 | A VALE SILENCIO |
| 59 | 348 | ISIDRO FONTES | M | M4044 | 15 | 0:39:01 | 0:26:51 | CCD O ALVITEJO |
| 60 | 46 | RUBEN REIS | M | M1819 | 2 | 0:39:06 | 0:26:38 | FC STA IRIA AZOIA |
| 61 | 205 | NUNO ABILIO | M | M2039 | 34 | 0:39:09 | 0:26:41 | AM CASAL FIGUEIRAS |
| 62 | 280 | JOAO CANAS | M | M2039 | 35 | 0:39:16 | 0:26:43 | ARSC TOLEDO |
| 63 | 456 | ORLANDO SILVA | M | M5054 | 2 | 0:39:18 | 0:26:49 | CCDT METRO LX |
| 64 | 98 | NUNO ALVES | M | M2039 | 36 | 0:39:19 | 0:26:44 | CCR ALTO MOINHO |
| 65 | 104 | JOAO MONTES | M | M4044 | 16 | 0:39:19 | 0:26:43 | CCR ALTO MOINHO |
| 66 | 294 | JOAO GINJA | M | M4044 | 17 | 0:39:25 | 0:27:49 | GD MACEDO OCULISTA |
| 67 | 413 | PAULO ANTONIO | M | M4044 | 18 | 0:39:30 | 0:27:08 | CDR AGUIAS UNIDAS |
| 68 | 175 | PEDRO ESTEVENS | M | M5054 | 3 | 0:39:38 | 0:27:20 | OS CARACOIS MACHAD |
| 69 | 383 | RUI CAMELO | M | M2039 | 37 | 0:39:49 | 0:27:52 | GDC ESTRELA NEGRA |
| 70 | 197 | JAIME LAMEGO | M | M4549 | 9 | 0:39:51 | 0:27:11 | MACHADA RUNNERS |
| 71 | 655 | JOSE CORREIA | M | M4549 | 10 | 0:39:52 | 0:27:04 | AM ATIBA |
| 72 | 60 | MARCO SANTOS | M | M2039 | 38 | 0:39:56 | 0:27:38 | CF OS BELENENSES |
| 73 | 375 | PAULO CANTANTE | M | M2039 | 39 | 0:39:57 | 0:27:47 | GDC ESTRELA NEGRA |
| 74 | 142 | JORGE TEIXEIRA | M | M2039 | 40 | 0:40:01 | 0:27:20 | C SARGENTO ARMADA |
| 75 | 467 | LUIS DUARTE | M | M2039 | 41 | 0:40:04 | 0:27:23 | CD ASAS MILENIUM |
| 76 | 367 | PAULO CHAINHO | M | M4549 | 11 | 0:40:05 | 0:28:02 | GDC ESTRELA NEGRA |
| 77 | 118 | JOAO LOPES | M | M5054 | 4 | 0:40:07 | 0:27:38 | AD REMOLPINTA |
| 78 | 223 | JOEL RODRIGUES | M | M2039 | 42 | 0:40:10 | 0:27:24 | AA MAFRA |
| 79 | 379 | RICARDO GUIMARAES | M | M2039 | 43 | 0:40:22 | 0:27:46 | GDC ESTRELA NEGRA |
| 80 | 721 | LUIS PEREIRA | M | M4549 | 12 | 0:40:23 | 0:28:02 | GDC ESTRELA NEGRA |
| 81 | 146 | JOAQUIM BICO | M | M5054 | 5 | 0:40:24 | 0:27:41 | C SARGENTO ARMADA |
| 82 | 320 | LUIS RAFAEL | M | M2039 | 44 | 0:40:29 | 0:27:19 | GD SANTANDER TOTTA |
| 83 | 217 | NUNO LEMOS | M | M2039 | 45 | 0:40:38 | 0:27:33 | AA MAFRA |
| 84 | 2 | LUCILIA SOARES | F | F4599 | 1 | 0:40:43 | 0:27:51 | SL BENFICA |
| 85 | 647 | JOAQUIM GOMES | M | M4549 | 13 | 0:40:43 | 0:27:46 | CAFE CARAVELA |
| 86 | 117 | ANGELO SILVA | M | M2039 | 46 | 0:40:44 | 0:27:50 | AD REMOLPINTA |
| 87 | 670 | FRANCISCO FERA | M | M6099 | 1 | 0:40:46 | 0:28:03 | GD O INDEPENDENTE |
| 88 | 102 | JOSE PRAZERES | M | M4044 | 19 | 0:40:50 | 0:27:54 | CCR ALTO MOINHO |
| 89 | 689 | GUILHERME CABRAL | M | M2039 | 47 | 0:40:52 | 0:27:26 | INDIVIDUAL |
| 90 | 446 | EMANUEL GOMES | M | M5054 | 6 | 0:40:53 | 0:28:10 | CCDT METRO LX |
| 91 | 206 | LUIS CARLOS | M | M5054 | 7 | 0:40:54 | 0:28:10 | AM CASAL FIGUEIRAS |
| 92 | 349 | JOSE GRAÇA | M | M4549 | 14 | 0:40:55 | 0:27:53 | CCD O ALVITEJO |
| 93 | 382 | JOSE CAMELO | M | M2039 | 48 | 0:40:56 | 0:28:11 | GDC ESTRELA NEGRA |
| 94 | 204 | HENRIQUE DIAS | M | M5559 | 1 | 0:41:04 | 0:28:14 | AM CASAL FIGUEIRAS |
| 95 | 210 | CHANTAL XHERVELLE | F | F3544 | 1 | 0:41:04 | 0:28:01 | AM CASAL FIGUEIRAS |
| 96 | 425 | SERGIO SANTOS | M | M4549 | 15 | 0:41:04 | 0:28:02 | CCDT AUT ALMADA |
| 97 | 283 | JOAQUIM RODRIGUES | M | M4044 | 20 | 0:41:05 | 0:28:28 | ARSC TOLEDO |
| 98 | 640 | ANTONIO FONSECA | M | M2039 | 49 | 0:41:07 | 0:27:59 | CR SOBREDENSE |
| 99 | 613 | ARTUR BRITES | M | M5054 | 8 | 0:41:09 | 0:28:09 | JOVENS SERRA MINAS |
| 100 | 203 | JOAO DIAS | M | M4549 | 16 | 0:41:12 | 0:28:02 | AM CASAL FIGUEIRAS |
| 101 | 99 | NUNO QUEIJA | M | M2039 | 50 | 0:41:13 | 0:27:54 | CCR ALTO MOINHO |
| 102 | 201 | MARIO PITEIRA | M | M2039 | 51 | 0:41:15 | 0:28:33 | AM CASAL FIGUEIRAS |
| 103 | 714 | PAULO LOPES | M | M4044 | 21 | 0:41:15 | 0:28:17 | CR SOBREDENSE |
| 104 | 620 | JOAQUIM ALEXANDRE | M | M4044 | 22 | 0:41:17 | 0:28:20 | URD ARRANHO |
| 105 | 656 | HERCULANO DOMINGOS | M | M5054 | 9 | 0:41:18 | 0:27:58 | AM ATIBA |

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| 106 | 337 | TIAGO LUIS | M | M2039 | 52 | 0:41:19 | 0:28:27 | VRC CARPINTARIA |
| 107 | 340 | VIRGILIO GONÇALVES | M | M2039 | 53 | 0:41:25 | 0:28:25 | VRC CARPINTARIA |
| 108 | 345 | JOSE PIRES | M | M5054 | 10 | 0:41:25 | 0:28:26 | VRC CARPINTARIA |
| 109 | 653 | ANTONIO ADRO | M | M4044 | 23 | 0:41:26 | 0:28:18 | AM ATIBA |
| 110 | 614 | DOMINGOS NECA | M | M5559 | 2 | 0:41:28 | 0:28:09 | JOVENS SERRA MINAS |
| 111 | 419 | ADOLFO LOUREIRO | M | M5559 | 3 | 0:41:30 | 0:28:15 | CCDT AUT ALMADA |
| 112 | 344 | MARIO LUIS | M | M4044 | 24 | 0:41:32 | 0:28:26 | VRC CARPINTARIA |
| 113 | 64 | LUIS GODINHO | M | M4044 | 25 | 0:41:51 | 0:28:27 | CD GRUPO BES |
| 114 | 437 | JOSE MOCHO | M | M2039 | 54 | 0:41:51 | 0:28:28 | CCD EFACEC LX |
| 115 | 604 | PAULO BENEVENTE | M | M2039 | 55 | 0:41:52 | 0:28:12 | CA FLAMINGOS TORRE |
| 116 | 157 | JOSE SILVA | M | M5054 | 11 | 0:42:01 | 0:28:31 | SESIMBRA MAR |
| 117 | 474 | RICARDO FRANCO | M | M2039 | 56 | 0:42:04 | 0:28:44 | CD ASAS MILENIUM |
| 118 | 637 | PEDRO MONTEIRO | M | M2039 | 57 | 0:42:06 | 0:29:03 | CR SOBREDENSE |
| 119 | 196 | PAULO MATEUS | M | M4044 | 26 | 0:42:07 | 0:28:36 | C MILLENNIUM BCP |
| 120 | 154 | JULIO VIEGAS | M | M5559 | 4 | 0:42:08 | 0:28:38 | SESIMBRA MAR |
| 121 | 580 | JORGE PECURTO | M | M2039 | 58 | 0:42:09 | 0:28:58 | INDIVIDUAL |
| 122 | 688 | MARCO BAPTISTA | M | M2039 | 59 | 0:42:12 | 0:28:43 | ACD BOCAL |
| 123 | 96 | NUNO M CORREIA | M | M4044 | 27 | 0:42:18 | 0:28:54 | GD INE |
| 124 | 109 | JOSE LANÇA | M | M5559 | 5 | 0:42:23 | 0:28:56 | CCR ALTO MOINHO |
| 125 | 472 | CIRILO SANTOS | M | M5054 | 12 | 0:42:27 | 0:28:53 | CD ASAS MILENIUM |
| 126 | 202 | JOAO SOUSA | M | M5054 | 13 | 0:42:31 | 0:29:25 | AM CASAL FIGUEIRAS |
| 127 | 517 | JOSE J SANTOS | M | M4044 | 28 | 0:42:33 | 0:28:54 | INDIVIDUAL |
| 128 | 119 | PEDRO VEIGA | M | M2039 | 60 | 0:42:34 | 0:29:02 | AD REMOLPINTA |
| 129 | 274 | AMILCAR DUARTE | M | M5054 | 14 | 0:42:36 | 0:30:13 | BOAVISTA S MATEUS |
| 130 | 208 | RUI BOLOTA | M | M2039 | 61 | 0:42:38 | 0:28:55 | AM CASAL FIGUEIRAS |
| 131 | 408 | JOSE AGOSTINHO | M | M5054 | 15 | 0:42:39 | 0:29:43 | CDR AGUIAS UNIDAS |
| 132 | 148 | DUARTE SARES | M | M5054 | 16 | 0:42:40 | 0:29:35 | C SARGENTO ARMADA |
| 133 | 168 | JOSE SILVA | M | M4549 | 17 | 0:42:40 | 0:29:39 | SUC |
| 134 | 687 | Mª CEU NUNES | F | F2034 | 2 | 0:42:40 | 0:29:03 | SC BRAGA |
| 135 | 407 | JOAO PAIXAO | M | M2039 | 62 | 0:42:42 | 0:29:15 | CDR AGUIAS UNIDAS |
| 136 | 106 | JOAO BATISTA | M | M5054 | 17 | 0:42:44 | 0:30:05 | CCR ALTO MOINHO |
| 137 | 100 | ANTONIO AMIEIRO | M | M4044 | 29 | 0:42:45 | 0:30:06 | CCR ALTO MOINHO |
| 138 | 685 | WILLIAM LEMOS | M | M2039 | 63 | 0:42:49 | 0:27:45 | NUCLEOEIRAS |
| 139 | 403 | JAIME FIGUEIREDO | M | M4044 | 30 | 0:42:51 | 0:29:15 | CDR AGUIAS UNIDAS |
| 140 | 56 | PEDRO NUNES | M | M2039 | 64 | 0:42:55 | 0:28:34 | CP CORROIOS |
| 141 | 400 | GERMANO PIRES | M | M5054 | 18 | 0:42:57 | 0:29:05 | GDOA |
| 142 | 35 | PAULO J A A MOREIRA | M | M4044 | 31 | 0:42:58 | 0:29:00 | OS TRES |
| 143 | 454 | MANUEL COSTA | M | M5054 | 19 | 0:43:01 | 0:29:09 | CCDT METRO LX |
| 144 | 610 | ANTONIO SILVESTRE | M | M4044 | 32 | 0:43:03 | 0:29:34 | NDC ODEMIRA |
| 145 | 85 | PAULO DIAS | M | M2039 | 65 | 0:43:10 | 0:29:45 | REST BARCA DELTA |
| 146 | 177 | VITOR HIPOLITO | M | M4044 | 33 | 0:43:12 | 0:29:37 | CP GRADIL |
| 147 | 669 | JOAO ELIAS | M | M6099 | 2 | 0:43:15 | 0:29:41 | GD O INDEPENDENTE |
| 148 | 312 | JOSE GONÇALVES | M | M5559 | 6 | 0:43:18 | 0:29:51 | GD SANTANDER TOTTA |
| 149 | 323 | ANTONIO LOURO | M | M2039 | 66 | 0:43:18 | 0:29:51 | GD SANTANDER TOTTA |
| 150 | 406 | FRANCISCO FARROPAS | M | M6099 | 3 | 0:43:19 | 0:29:43 | CDR AGUIAS UNIDAS |
| 151 | 216 | ORLANDO REBELO | M | M5054 | 20 | 0:43:20 | 0:29:45 | AA MAFRA |
| 152 | 228 | JULIO FIRME | M | M2039 | 67 | 0:43:22 | 0:29:48 | AA LEBRES SADO |
| 153 | 562 | CARLOS BATISTA | M | M4549 | 18 | 0:43:25 | 0:29:37 | INDIVIDUAL |
| 154 | 293 | IVO FERREIRA | M | M2039 | 68 | 0:43:26 | 0:29:03 | GD MACEDO OCULISTA |
| 155 | 159 | MARCELO PINTO | M | M1819 | 3 | 0:43:28 | 0:29:41 | SESIMBRA MAR |
| 156 | 215 | EDGAR CANHOTO | M | M4549 | 19 | 0:43:30 | 0:29:56 | AA MAFRA |
| 157 | 435 | ANTONIO RAMOS | M | M4044 | 34 | 0:43:31 | 0:29:48 | CCD EFACEC LX |
| 158 | 341 | JOAQUIM FIGUEIREDO | M | M5054 | 21 | 0:43:33 | 0:30:04 | VRC CARPINTARIA |
| 159 | 609 | ILIDIO CAMPOS | M | M4549 | 20 | 0:43:34 | 0:30:04 | NDC ODEMIRA |
| 160 | 443 | ANTONIO PEREIRA | M | M5559 | 7 | 0:43:39 | 0:30:05 | CCDT METRO LX |

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| 161 | 575 | CARLOS A S COSTA | M | M2039 | 69 | 0:43:39 | 0:29:58 | INDIVIDUAL |
| 162 | 322 | ADRIANO ENCARNAÇÃO | M | M6099 | 4 | 0:43:42 | 0:29:50 | GD SANTANDER TOTTA |
| 163 | 485 | OLIMPIO SANTOS | M | M4044 | 35 | 0:43:45 | 0:30:32 | CADT PORTUCEL |
| 164 | 486 | JOAO ARENGA | M | M5559 | 8 | 0:43:45 | 0:30:32 | CADT PORTUCEL |
| 165 | 713 | JOAO SANTOS | M | M4549 | 21 | 0:43:52 | 0:29:54 | C PRAÇAS ARMADA |
| 166 | 137 | MIGUEL CARNEIRO | M | M2039 | 70 | 0:43:53 | 0:30:01 | C SARGENTO ARMADA |
| 167 | 335 | JOAO SILVA | M | M4549 | 22 | 0:43:54 | 0:30:24 | GDU CAXIENSES |
| 168 | 125 | GONÇALO SANTOS | M | M2039 | 71 | 0:43:56 | 0:30:25 | GDC PORTO SINES |
| 169 | 164 | LUIS NEVES | M | M2039 | 72 | 0:43:57 | 0:30:03 | MARINHAI S AC |
| 170 | 723 | PEDRO PETRÓNEO | M | M2039 | 73 | 0:43:58 | 0:30:07 | INDIVIDUAL |
| 171 | 220 | JOAO BATALHA | M | M4044 | 36 | 0:44:00 | 0:30:03 | AA MAFRA |
| 172 | 618 | EDGAR FRANCISCO | M | M4044 | 37 | 0:44:00 | 0:30:22 | URD ARRANHO |
| 173 | 62 | JORGE PEREIRA | M | M5559 | 9 | 0:44:01 | 0:30:26 | CD GRUPO BES |
| 174 | 715 | JOSE ALVES | M | M5559 | 10 | 0:44:02 | 0:30:26 | INDIVIDUAL |
| 175 | 489 | GASPAR GONÇALVES | M | M6099 | 5 | 0:44:04 | 0:30:47 | CADT PORTUCEL |
| 176 | 664 | ANDRE GOMES | M | M2039 | 74 | 0:44:04 | 0:30:19 | SUC |
| 177 | 316 | JOSE PEREIRA | M | M4044 | 38 | 0:44:05 | 0:30:57 | GD SANTANDER TOTTA |
| 178 | 421 | JOSE CABRAL | M | M5054 | 22 | 0:44:05 | 0:30:20 | CCDT AUT ALMADA |
| 179 | 93 | NUNO SANTOS | M | M4044 | 39 | 0:44:09 | 0:30:11 | PLUMAS |
| 180 | 9 | RICARDO LOURENÇO | M | M5054 | 23 | 0:44:16 | 0:29:46 | A 20 K M ALMEIRIM |
| 181 | 10 | RUI LIMA | M | M2039 | 75 | 0:44:16 | 0:29:47 | A 20 K M ALMEIRIM |
| 182 | 611 | NELSON MARTINS | M | M4044 | 40 | 0:44:21 | 0:30:04 | NDC ODEMIRA |
| 183 | 644 | JOSE OLIVEIRA | M | M2039 | 76 | 0:44:30 | 0:30:08 | CAFE CARAVELA |
| 184 | 645 | LICINIO BELTRAO | M | M2039 | 77 | 0:44:30 | 0:30:18 | CAFE CARAVELA |
| 185 | 55 | PEDRO SANTOS | M | M1819 | 4 | 0:44:31 | 0:30:21 | CP CORROIOS |
| 186 | 52 | LEONEL NEVES | M | M5559 | 11 | 0:44:38 | 0:30:46 | A VALE SILENCIO |
| 187 | 317 | FERNANDO CARDOSO | M | M6099 | 6 | 0:44:41 | 0:30:19 | GD SANTANDER TOTTA |
| 188 | 144 | ANTONIO MARQUES | M | M4549 | 23 | 0:44:43 | 0:30:31 | C SARGENTO ARMADA |
| 189 | 189 | PAULO MALHEIRO | M | M4549 | 24 | 0:44:43 | 0:30:47 | C MILLENNIUM BCP |
| 190 | 616 | ALBERTO CAPELA | M | M5054 | 24 | 0:44:45 | 0:30:39 | JOVENS SERRA MINAS |
| 191 | 514 | JOSE FRAGA | M | M2039 | 78 | 0:44:51 | 0:31:02 | INDIVIDUAL |
| 192 | 110 | JOAO ENCARNAÇÃO | M | M6099 | 7 | 0:44:52 | 0:31:05 | CCR ALTO MOINHO |
| 193 | 488 | LUIS ANTUNES | M | M5054 | 25 | 0:44:56 | 0:30:49 | CADT PORTUCEL |
| 194 | 259 | DAVID FAUSTINO | M | M4044 | 41 | 0:44:58 | 0:30:55 | SS CGD |
| 195 | 405 | JOSE POLIDO | M | M5054 | 26 | 0:44:59 | 0:30:48 | CDR AGUIAS UNIDAS |
| 196 | 92 | FRANCISCO CARDOSO | M | M5559 | 12 | 0:45:02 | 0:31:04 | PLUMAS |
| 197 | 423 | JOSE MORAIS | M | M4549 | 25 | 0:45:02 | 0:30:22 | CCDT AUT ALMADA |
| 198 | 165 | JOSE LEAL | M | M2039 | 79 | 0:45:05 | 0:31:24 | MARINHAI S AC |
| 199 | 166 | ANTONIO LEAL | M | M2039 | 80 | 0:45:05 | 0:31:23 | MARINHAI S AC |
| 200 | 674 | FILIPE CORREIA | M | M2039 | 81 | 0:45:07 | 0:31:32 | GD O INDEPENDENTE |
| 201 | 617 | FILIPE BRANCO | M | M2039 | 82 | 0:45:10 | 0:30:47 | URD ARRANHO |
| 202 | 679 | ISABEL MALDONADO | F | F4599 | 2 | 0:45:11 | 0:30:54 | AM CASAL FIGUEIRAS |
| 203 | 699 | ANTONIO CANDEIAS | M | M4549 | 26 | 0:45:18 | 0:30:50 | FALCOES SELVAGENS |
| 204 | 120 | MARIO ILDEFONSO | M | M5559 | 13 | 0:45:23 | 0:30:44 | AD REMOLPINTA |
| 205 | 332 | JOAO MOACHO | M | M5054 | 27 | 0:45:24 | 0:30:53 | O MUNDO CORRIDA |
| 206 | 506 | NUNO C CARMO | M | M2039 | 83 | 0:45:28 | 0:31:05 | INDIVIDUAL |
| 207 | 342 | LUIS FRANCO | M | M5559 | 14 | 0:45:33 | 0:31:23 | VRC CARPINTARIA |
| 208 | 343 | AUGUSTO FERNANDES | M | M5054 | 28 | 0:45:33 | 0:31:00 | VRC CARPINTARIA |
| 209 | 677 | FAUSTINO PEREIRINHA | M | M4549 | 27 | 0:45:35 | 0:30:45 | SL CAMPOLIDE |
| 210 | 586 | HERNANI FERNANDES | M | M2039 | 84 | 0:45:39 | 0:30:56 | INDIVIDUAL |
| 211 | 103 | PAULO SANTOS | M | M4044 | 42 | 0:45:40 | 0:32:07 | CCR ALTO MOINHO |
| 212 | 505 | JOSE A N M M FERREIRA | M | M4044 | 43 | 0:45:40 | 0:31:22 | INDIVIDUAL |
| 213 | 496 | ANTONIO SIMOES | M | M4549 | 28 | 0:45:47 | 0:31:19 | AA GRANDOLA |
| 214 | 466 | LUIS ROQUE | M | M2039 | 85 | 0:45:48 | 0:31:05 | AMIGOS PARQUE PAZ |
| 215 | 232 | MANUEL BATISTA | M | M6099 | 8 | 0:45:50 | 0:31:24 | AA LEBRES SADO |

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| 216 | 642 | DAVID ROSA | M | M2039 | 86 | 0:45:53 | 0:30:02 | CR SOBREDENSE |
| 217 | 428 | MANUEL FIDALGO | M | M5559 | 15 | 0:45:55 | 0:31:29 | CCD EFACEC LX |
| 218 | 439 | JOSE BARROCO | M | M5054 | 29 | 0:45:55 | 0:31:29 | CCD EFACEC LX |
| 219 | 219 | PEDRO DUARTE | M | M2039 | 87 | 0:45:56 | 0:31:50 | AA MAFRA |
| 220 | 666 | CONSTANCIO MARTINS | M | M5054 | 30 | 0:46:01 | 0:31:42 | GD O INDEPENDENTE |
| 221 | 495 | VITOR PEREIRA | M | M2039 | 88 | 0:46:04 | 0:31:19 | AA GRANDOLA |
| 222 | 700 | HUGO GONÇALVES | M | M2039 | 89 | 0:46:04 | 0:31:19 | GDR S. FRANCISCO SER |
| 223 | 683 | JOSE VIANA | M | M5559 | 16 | 0:46:09 | 0:32:06 | INDIVIDUAL |
| 224 | 549 | CARLOS JACINTO | M | M4044 | 44 | 0:46:14 | 0:31:40 | INDIVIDUAL |
| 225 | 235 | ALBERTO CRUZ | M | M6099 | 9 | 0:46:17 | 0:31:17 | AA LEBRES SADO |
| 226 | 169 | MARIO P MIGUEL | M | M5559 | 17 | 0:46:19 | 0:31:42 | GDR REBOLEIRA |
| 227 | 445 | EDUARDO LAGOA | M | M5054 | 31 | 0:46:23 | 0:32:00 | CCDT METRO LX |
| 228 | 214 | HELENA MARTINS | F | F4599 | 3 | 0:46:25 | 0:31:39 | AA MAFRA |
| 229 | 48 | DANIEL PINTO | M | M2039 | 90 | 0:46:28 | 0:32:03 | A VALE SILENCIO |
| 230 | 321 | CARLOS TEIXEIRA | M | M2039 | 91 | 0:46:32 | 0:31:25 | GD SANTANDER TOTTA |
| 231 | 675 | PEDRO GABRIEL | M | M2039 | 92 | 0:46:32 | 0:31:41 | AMIGOS PARQUE PAZ |
| 232 | 629 | FERNANDO CANDEIAS | M | M2039 | 93 | 0:46:36 | 0:31:47 | ADCR POLICIA JUDICIA |
| 233 | 401 | JOAQUIM VARANDA | M | M4549 | 29 | 0:46:39 | 0:31:43 | GDOA |
| 234 | 682 | NUNO CANDEIAS | M | M2039 | 94 | 0:46:39 | 0:31:53 | INDIVIDUAL |
| 235 | 136 | HUGO MATOS | M | M2039 | 95 | 0:46:40 | 0:31:25 | C SARGENTO ARMADA |
| 236 | 328 | SERGIO NUNES | M | M2039 | 96 | 0:46:41 | 0:33:00 | GD AGUIAS MOITA |
| 237 | 394 | PEDRO LOZANO | M | M1819 | 5 | 0:46:43 | 0:32:35 | JORGE LOZANO |
| 238 | 596 | ANTONIO ALMEIDA | M | M4549 | 30 | 0:46:46 | 0:32:17 | INDIVIDUAL |
| 239 | 61 | JULIO FERREIRA | M | M5559 | 18 | 0:46:47 | 0:32:43 | CD GRUPO BES |
| 240 | 544 | RICARDO LOBO | M | M2039 | 97 | 0:46:47 | 0:31:44 | AMIGOS PARQUE PAZ |
| 241 | 497 | JOAO RAQUEL | M | M2039 | 98 | 0:46:48 | 0:31:45 | CUA BENAVENTENSE |
| 242 | 77 | CARLOS MONTEIRO | M | M4549 | 31 | 0:46:51 | 0:33:01 | GRUPO S BERNARDO |
| 243 | 490 | EUSEBIO CAMACHO | M | M5054 | 32 | 0:46:51 | 0:32:03 | CADT PORTUCEL |
| 244 | 482 | FRANCISCO CALÇADA | M | M4549 | 32 | 0:46:58 | 0:31:52 | OS ZATOPEQUES |
| 245 | 65 | HELIO SANTOS | M | M2039 | 99 | 0:47:01 | 0:32:34 | OS PORTELAS |
| 246 | 82 | ANTONIO FRANCISCO | M | M5054 | 33 | 0:47:06 | 0:31:44 | REST BARCA DELTA |
| 247 | 512 | BRUNO M M MARTINS | M | M2039 | 100 | 0:47:06 | 0:32:47 | INDIVIDUAL |
| 248 | 515 | JOSE MAGRO | M | M2039 | 101 | 0:47:06 | 0:31:56 | INDIVIDUAL |
| 249 | 288 | CRISTINA GUERREIRO | F | F3544 | 2 | 0:47:07 | 0:33:03 | GD MACEDO OCULISTA |
| 250 | 326 | LUIS SOBRAL | M | M4549 | 33 | 0:47:10 | 0:33:01 | GD AGUIAS MOITA |
| 251 | 80 | JOSE CARVALHO | M | M5054 | 34 | 0:47:11 | 0:33:03 | REST BARCA DELTA |
| 252 | 51 | JOSE PEREIRA | M | M6099 | 10 | 0:47:13 | 0:32:31 | A VALE SILENCIO |
| 253 | 257 | JOAQUIM FRADE | M | M5054 | 35 | 0:47:13 | 0:32:19 | SS CGD |
| 254 | 578 | FERNANDO BRAZ | M | M2039 | 102 | 0:47:18 | 0:32:24 | INDIVIDUAL |
| 255 | 491 | SILVINO MARREIROS | M | M4044 | 45 | 0:47:19 | 0:32:22 | CADT PORTUCEL |
| 256 | 510 | JOSE M FIGUEREDO | M | M2039 | 103 | 0:47:21 | 0:32:31 | INDIVIDUAL |
| 257 | 79 | LUIS DUARTE | M | M4044 | 46 | 0:47:26 | 0:33:00 | REST BARCA DELTA |
| 258 | 108 | AURELIO FERNANDES | M | M5054 | 36 | 0:47:27 | 0:32:34 | CCR ALTO MOINHO |
| 259 | 583 | RICARDO AMADO | M | M2039 | 104 | 0:47:30 | 0:32:14 | INDIVIDUAL |
| 260 | 66 | RUI SANTOS | M | M5559 | 19 | 0:47:32 | 0:32:33 | OS PORTELAS |
| 261 | 556 | ANTONIO DIAS | M | M5054 | 37 | 0:47:35 | 0:32:34 | INDIVIDUAL |
| 262 | 711 | JOSE INFANTE | M | M4044 | 47 | 0:47:36 | 0:32:11 | INDIVIDUAL |
| 263 | 395 | CIDALIA PIMENTEL | F | F3544 | 3 | 0:47:37 | 0:32:46 | ADCS AMADORA PUMAS |
| 264 | 548 | EDGAR MARQUES | M | M2039 | 105 | 0:47:39 | 0:32:24 | INDIVIDUAL |
| 265 | 334 | HENRIQUE BARROS | M | M4549 | 34 | 0:47:40 | 0:32:59 | GDU CAXIENSES |
| 266 | 690 | EDUARDO PINTO | M | M4044 | 48 | 0:47:40 | 0:32:42 | INDIVIDUAL |
| 267 | 347 | ALEXANDRE SILVA | M | M2039 | 106 | 0:47:42 | 0:32:41 | ACADEMIA KORPO |
| 268 | 582 | DIOGO M GONÇALVES | M | M1819 | 6 | 0:47:44 | 0:32:27 | INDIVIDUAL |
| 269 | 438 | JOAO SILVA | M | M4549 | 35 | 0:47:46 | 0:32:18 | CCD EFACEC LX |
| 270 | 471 | JOSE MIRA | M | M5559 | 20 | 0:47:47 | 0:33:02 | CD ASAS MILENIUM |

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| 271 | 88 | RUI BORGES | M | M4549 | 36 | 0:47:48 | 0:32:21 | GA MONSANTO GASCAN |
| 272 | 470 | MARIO CARVALHO | M | M5054 | 38 | 0:47:49 | 0:33:02 | CD ASAS MILENIUM |
| 273 | 410 | TERESA COUTO | F | F2034 | 3 | 0:47:50 | 0:32:26 | CDR AGUIAS UNIDAS |
| 274 | 424 | LUIS GONÇALVES | M | M5054 | 39 | 0:47:53 | 0:32:55 | CCDT AUT ALMADA |
| 275 | 522 | AUGUSTO SEMEDO | M | M5054 | 40 | 0:47:54 | 0:32:35 | INDIVIDUAL |
| 276 | 590 | NUNO AZEVEDO | M | M2039 | 107 | 0:47:57 | 0:32:59 | INDIVIDUAL |
| 277 | 180 | AMERICO SABINO | M | M4044 | 49 | 0:47:59 | 0:32:56 | CP GRADIL |
| 278 | 591 | JOSE VALERIO | M | M6099 | 11 | 0:48:02 | 0:32:57 | INDIVIDUAL |
| 279 | 135 | FILIPE VIDAL | M | M2039 | 108 | 0:48:05 | 0:32:58 | C SARGENTO ARMADA |
| 280 | 311 | JOSE MARÇAL | M | M5054 | 41 | 0:48:09 | 0:33:04 | GD SANTANDER TOTTA |
| 281 | 163 | JOAO BEM | M | M2039 | 109 | 0:48:12 | 0:33:00 | SESIMBRA MAR |
| 282 | 84 | ANTONIO CASCAIS | M | M4044 | 50 | 0:48:13 | 0:33:40 | REST BARCA DELTA |
| 283 | 227 | FERNANDO CARVALHO | M | M6099 | 12 | 0:48:14 | 0:33:17 | AA LEBRES SADO |
| 284 | 107 | MANUEL AMARO | M | M5054 | 42 | 0:48:15 | 0:32:57 | CCR ALTO MOINHO |
| 285 | 697 | JOSE MARTINS | M | M4549 | 37 | 0:48:19 | 0:32:56 | CASA POVO GRADIL |
| 286 | 665 | ANTONIO HORTA | M | M6099 | 13 | 0:48:22 | 0:32:58 | GD O INDEPENDENTE |
| 287 | 277 | LIGORIO BORLOT | M | M5054 | 43 | 0:48:24 | 0:32:56 | CR ALVORADA |
| 288 | 63 | JOSE PEDRO | M | M6099 | 14 | 0:48:26 | 0:33:34 | CD GRUPO BES |
| 289 | 47 | ANTONIO FERNANDES | M | M5054 | 44 | 0:48:28 | 0:33:08 | A VALE SILENCIO |
| 290 | 567 | CARLOS CRAVO | M | M4044 | 51 | 0:48:28 | 0:33:30 | INDIVIDUAL |
| 291 | 402 | JOAO ESPADA | M | M4044 | 52 | 0:48:33 | 0:32:41 | CDR AGUIAS UNIDAS |
| 292 | 508 | LUIS BATTISTA | M | M2039 | 110 | 0:48:39 | 0:33:16 | INDIVIDUAL |
| 293 | 701 | PEDRO PROENÇA | M | M2039 | 111 | 0:48:41 | 0:33:55 | INDIVIDUAL |
| 294 | 703 | ALEXANDRE BENTO | M | M2039 | 112 | 0:48:41 | 0:33:54 | INDIVIDUAL |
| 295 | 693 | JOSE PROENÇA | M | M2039 | 113 | 0:48:42 | 0:33:20 | INDIVIDUAL |
| 296 | 608 | LUIS CANDEIAS | M | M5054 | 45 | 0:48:45 | 0:33:06 | NDC ODEMIRA |
| 297 | 718 | PATRICIA DINIS | F | F2034 | 4 | 0:48:46 | 0:33:28 | CAP |
| 298 | 233 | ALVARO GINGADO | M | M5054 | 46 | 0:48:48 | 0:33:34 | AA LEBRES SADO |
| 299 | 722 | ANTONIO CORDEIRO | M | M5559 | 21 | 0:48:51 | 0:33:38 | INDIVIDUAL |
| 300 | 141 | CARLOS PIRES | M | M2039 | 114 | 0:48:52 | 0:34:22 | C SARGENTO ARMADA |
| 301 | 612 | JOAQUIM VENTURA | M | M4044 | 53 | 0:48:55 | 0:33:38 | NDC ODEMIRA |
| 302 | 298 | JOSE OLIVEIRA | M | M4044 | 54 | 0:48:59 | 0:34:28 | GD MACEDO OCULISTA |
| 303 | 698 | LUIS REIS | M | M4549 | 38 | 0:49:06 | 0:33:43 | FALCOES SELVAGENS |
| 304 | 244 | JOAO BRANCO | M | M4044 | 55 | 0:49:07 | 0:35:27 | AA LEBRES SADO |
| 305 | 133 | PLACIDO JESUS | M | M2039 | 115 | 0:49:08 | 0:32:49 | C SARGENTO ARMADA |
| 306 | 153 | DOMINGOS AGUIAR | M | M4044 | 56 | 0:49:09 | 0:34:04 | SESIMBRA MAR |
| 307 | 667 | JORGE NUNES | M | M5559 | 22 | 0:49:11 | 0:33:37 | GD O INDEPENDENTE |
| 308 | 34 | AURELIO S B SIMOES | M | M4549 | 39 | 0:49:12 | 0:33:58 | OS TRES |
| 309 | 295 | JOAQUIM MACEDO | M | M5054 | 47 | 0:49:12 | 0:33:51 | GD MACEDO OCULISTA |
| 310 | 194 | ANTONIO BRAGA | M | M5054 | 48 | 0:49:14 | 0:34:08 | C MILLENNIUM BCP |
| 311 | 303 | RUBEN FERREIRA | M | M1819 | 7 | 0:49:14 | 0:32:38 | GD MACEDO OCULISTA |
| 312 | 45 | JOSE GONÇALVES | M | M2039 | 116 | 0:49:15 | 0:33:40 | GD COSTA BRAVA |
| 313 | 314 | FERNANDO MARQUES | M | M5054 | 49 | 0:49:15 | 0:33:47 | GD SANTANDER TOTTA |
| 314 | 487 | MANUEL CARDIN | M | M5559 | 23 | 0:49:16 | 0:33:55 | CADT PORTUCEL |
| 315 | 511 | MANUEL PERAS | M | M5054 | 50 | 0:49:21 | 0:34:06 | INDIVIDUAL |
| 316 | 635 | ISABEL RODRIGUES | F | F3544 | 4 | 0:49:24 | 0:33:49 | ADCR POLICIA JUDICIA |
| 317 | 630 | ANTONIO SUL | M | M4044 | 57 | 0:49:25 | 0:33:56 | ADCR POLICIA JUDICIA |
| 318 | 555 | ANTONIO J M HENRIQUES | M | M4044 | 58 | 0:49:30 | 0:33:55 | INDIVIDUAL |
| 319 | 559 | JOSE BELCHIOR | M | M5559 | 24 | 0:49:34 | 0:34:02 | INDIVIDUAL |
| 320 | 290 | FERNANDO CARVALHO | M | M6099 | 15 | 0:49:37 | 0:34:01 | GD MACEDO OCULISTA |
| 321 | 242 | AMANDIO LOBO | M | M6099 | 16 | 0:49:40 | 0:35:01 | AA LEBRES SADO |
| 322 | 530 | CARLOS A C MENDES | M | M5054 | 51 | 0:49:43 | 0:34:15 | INDIVIDUAL |
| 323 | 651 | CARLA ADRO | F | F3544 | 5 | 0:49:44 | 0:33:44 | AM ATIBA |
| 324 | 588 | RUI M MARQUES | M | M2039 | 117 | 0:49:45 | 0:00:00 | INDIVIDUAL |
| 325 | 160 | MIGUEL PINTO | M | M4044 | 59 | 0:49:47 | 0:34:03 | SESIMBRA MAR |

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| 326 | 355 | PAULO MARCOS | M | M4044 | 60 | 0:49:48 | 0:34:50 | R 4 F |
| 327 | 458 | PEDRO CUNHA | M | M4549 | 40 | 0:49:49 | 0:34:47 | CCDT METRO LX |
| 328 | 237 | MARCOS FERREIRA | M | M6099 | 17 | 0:49:50 | 0:34:17 | AA LEBRES SADO |
| 329 | 248 | MANUEL SEQUEIRA | M | M5559 | 25 | 0:49:53 | 0:34:07 | GDCT REPSOL |
| 330 | 622 | RAFHAEL FREITAS | M | M2039 | 118 | 0:49:53 | 0:34:27 | URD ARRANHO |
| 331 | 195 | MANUEL PEREIRA | M | M4549 | 41 | 0:49:55 | 0:34:30 | C MILLENNIUM BCP |
| 332 | 527 | FRANCISCO SILVA | M | M4549 | 42 | 0:49:57 | 0:34:03 | INDIVIDUAL |
| 333 | 484 | LIONEL FERNANDES | M | M2039 | 119 | 0:49:58 | 0:34:10 | CADT PORTUCEL |
| 334 | 581 | JORGE M P GONÇALVES | M | M4044 | 61 | 0:49:58 | 0:34:09 | INDIVIDUAL |
| 335 | 453 | JOSE SILVA | M | M5054 | 52 | 0:50:01 | 0:34:08 | CCDT METRO LX |
| 336 | 449 | JOSE COSTA | M | M6099 | 18 | 0:50:03 | 0:34:06 | INDIVIDUAL |
| 337 | 520 | PAULO DINIS | M | M2039 | 120 | 0:50:03 | 0:34:05 | INDIVIDUAL |
| 338 | 526 | CARLOS SOUSA | M | M5054 | 53 | 0:50:04 | 0:34:02 | INDIVIDUAL |
| 339 | 543 | JOSE L ALVES | M | M4044 | 62 | 0:50:05 | 0:34:14 | AMIGOS PARQUE PAZ |
| 340 | 222 | ANGELO PEREIRA | M | M5054 | 54 | 0:50:06 | 0:34:04 | AA MAFRA |
| 341 | 58 | LUIS NATAL | M | M4044 | 63 | 0:50:07 | 0:33:47 | CP CORROIOS |
| 342 | 149 | HENRIQUE ALVAREDO | M | M5054 | 55 | 0:50:09 | 0:34:07 | C SARGENTO ARMADA |
| 343 | 329 | ROGERIO NUNES | M | M2039 | 121 | 0:50:10 | 0:34:21 | GD AGUIAS MOITA |
| 344 | 131 | BRUNO NETO | M | M1819 | 8 | 0:50:13 | 0:34:56 | C SARGENTO ARMADA |
| 345 | 615 | MANUEL PINTO | M | M5559 | 26 | 0:50:13 | 0:35:05 | JOVENS SERRA MINAS |
| 346 | 267 | JUVENAL MOREIRA | M | M4549 | 43 | 0:50:14 | 0:34:41 | CLUBE AUTOCOOPE |
| 347 | 234 | NAPOLEAO LEAL | M | M5559 | 27 | 0:50:16 | 0:34:50 | AA LEBRES SADO |
| 348 | 251 | DIOGO MARTINS | M | M2039 | 122 | 0:50:19 | 0:34:37 | SS CGD |
| 349 | 444 | CARLOS MOREIRA | M | M5559 | 28 | 0:50:19 | 0:34:45 | CCDT METRO LX |
| 350 | 359 | FERNANDO SANTOS | M | M6099 | 19 | 0:50:24 | 0:34:39 | CP IVA |
| 351 | 429 | JOSE CARVALHO | M | M5559 | 29 | 0:50:24 | 0:34:39 | CCD EFACEC LX |
| 352 | 310 | SALVADOR AFONSO | M | M5559 | 30 | 0:50:25 | 0:34:40 | GD SANTANDER TOTTA |
| 353 | 253 | ANTONIO CARPINTEIRO | M | M6099 | 20 | 0:50:27 | 0:34:53 | SS CGD |
| 354 | 151 | ADELINO FORTUNATO | M | M5559 | 31 | 0:50:28 | 0:34:22 | SESIMBRA MAR |
| 355 | 315 | JOAO ROCHA | M | M5559 | 32 | 0:50:32 | 0:34:31 | AMIGOS PARQUE PAZ |
| 356 | 128 | DANIEL PAIXAO | M | M2039 | 123 | 0:50:34 | 0:35:17 | C SARGENTO ARMADA |
| 357 | 351 | JOSE SANTOS | M | M5054 | 56 | 0:50:35 | 0:34:59 | CCD O ALVITEJO |
| 358 | 385 | JORGE SIMOES | M | M2039 | 124 | 0:50:37 | 0:34:52 | R 4 F |
| 359 | 162 | ORLANDO RAMOS | M | M4044 | 64 | 0:50:39 | 0:33:33 | SESIMBRA MAR |
| 360 | 381 | ALVARO COELHO | M | M5054 | 57 | 0:50:42 | 0:35:03 | GDC ESTRELA NEGRA |
| 361 | 518 | JORGE A NUNES | M | M4044 | 65 | 0:50:42 | 0:35:46 | INDIVIDUAL |
| 362 | 460 | MARIO TEIXEIRA | M | M5559 | 33 | 0:50:43 | 0:35:02 | GDC ESTRELA NEGRA |
| 363 | 377 | JACINTO MARQUES | M | M6099 | 21 | 0:50:45 | 0:35:02 | GDC ESTRELA NEGRA |
| 364 | 184 | PAULO GOUVEIA | M | M2039 | 125 | 0:50:47 | 0:34:54 | CP GRADIL |
| 365 | 602 | JOSE ANJOS | M | M4549 | 44 | 0:50:50 | 0:34:54 | CA FLAMINGOS TORRE |
| 366 | 704 | EDGAR SEIA | M | M2039 | 126 | 0:50:51 | 0:35:06 | CD ASAS MILENIUM |
| 367 | 451 | JOAQUIM PATRICA | M | M4044 | 66 | 0:50:52 | 0:35:23 | CCDT METRO LX |
| 368 | 207 | MARIO TOME | M | M2039 | 127 | 0:50:53 | 0:35:00 | AM CASAL FIGUEIRAS |
| 369 | 230 | CONSTANTINO MENDAO | M | M4549 | 45 | 0:50:53 | 0:34:58 | AA LEBRES SADO |
| 370 | 246 | CLARINDA SANTOS | F | F3544 | 6 | 0:50:53 | 0:35:01 | AA LEBRES SADO |
| 371 | 587 | JOAO TOMATAS | M | M2039 | 128 | 0:51:03 | 0:35:20 | INDIVIDUAL |
| 372 | 250 | AMADEU FERREIRA | M | M6099 | 22 | 0:51:06 | 0:35:20 | GDCT REPSOL |
| 373 | 264 | CARLOS FERREIRA | M | M5054 | 58 | 0:51:06 | 0:34:55 | CLUBE AUTOCOOPE |
| 374 | 261 | ALVARO FURTADO | M | M5054 | 59 | 0:51:07 | 0:36:06 | SS CGD |
| 375 | 469 | AGOSTINHO MARQUES | M | M5054 | 60 | 0:51:07 | 0:35:13 | CD ASAS MILENIUM |
| 376 | 147 | FRANCISCO CURTINHA | M | M5054 | 61 | 0:51:08 | 0:35:35 | C SARGENTO ARMADA |
| 377 | 240 | MANUEL PRATES | M | M6099 | 23 | 0:51:10 | 0:35:04 | AA LEBRES SADO |
| 378 | 538 | BERNARDO BORDALO | M | M2039 | 129 | 0:51:11 | 0:34:48 | INDIVIDUAL |
| 379 | 719 | SARA DINIS | F | F2034 | 5 | 0:51:11 | 0:33:57 | CAP |
| 380 | 18 | JOSE NEVES | M | M5559 | 34 | 0:51:14 | 0:35:18 | OS INDOMAVEIS |

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| 381 | 278 | GILBERTO GONÇALVES | M | M6099 | 24 | 0:51:15 | 0:35:06 | CR ALVORADA |
| 382 | 694 | PEDRO PROENÇA | M | M2039 | 130 | 0:51:16 | 0:34:32 | INDIVIDUAL |
| 383 | 710 | PAULO AMARO | M | M2039 | 131 | 0:51:16 | 0:35:23 | INDIVIDUAL |
| 384 | 389 | DANIEL FONSECA | M | M2039 | 132 | 0:51:18 | 0:35:16 | HOTEL ALBATROZ |
| 385 | 390 | RUI ALVES | M | M4044 | 67 | 0:51:19 | 0:35:16 | HOTEL ALBATROZ |
| 386 | 535 | HUGO BETTENCOURT | M | M2039 | 133 | 0:51:20 | 0:36:44 | INDIVIDUAL |
| 387 | 680 | HELDER JORGE | M | M2039 | 134 | 0:51:20 | 0:35:11 | O MUNDO CORRIDA |
| 388 | 170 | PAULO MADALENO | M | M4044 | 68 | 0:51:21 | 0:35:00 | OS CARACOIS MACHAD. |
| 389 | 176 | CUSTODIO JANUARIO | M | M5559 | 35 | 0:51:21 | 0:34:58 | OS CARACOIS MACHAD. |
| 390 | 388 | PAULO PEREIRA | M | M2039 | 135 | 0:51:22 | 0:35:20 | HOTEL ALBATROZ |
| 391 | 632 | JOSE COELHO | M | M5054 | 62 | 0:51:22 | 0:35:10 | ADCR POLICIA JUDICIA |
| 392 | 493 | DORA PINTO | F | F3544 | 7 | 0:51:29 | 0:35:33 | NCL SC |
| 393 | 494 | PAULO CAVALEIRO | M | M4549 | 46 | 0:51:29 | 0:35:34 | NCL SC |
| 394 | 369 | ANTONIO GAGUEIJA | M | M4044 | 69 | 0:51:31 | 0:35:11 | GDC ESTRELA NEGRA |
| 395 | 40 | JOAO REVES | M | M2039 | 136 | 0:51:44 | 0:35:56 | LESMAS ALOPRADAS |
| 396 | 605 | PAULO SANTOS | M | M2039 | 137 | 0:51:47 | 0:35:29 | CA FLAMINGOS TORRE |
| 397 | 545 | JORGE PINTO | M | M6099 | 25 | 0:51:49 | 0:35:19 | INDIVIDUAL |
| 398 | 716 | FILIPE RAÇOS | M | M2039 | 138 | 0:51:51 | 0:35:37 | INDIVIDUAL |
| 399 | 691 | MARTA CABRAL | F | F2034 | 6 | 0:51:52 | 0:35:43 | INDIVIDUAL |
| 400 | 717 | PEDRO RAÇOS | M | M5054 | 63 | 0:51:52 | 0:35:37 | INDIVIDUAL |
| 401 | 172 | JOAO FIALHO | M | M2039 | 139 | 0:51:53 | 0:35:30 | OS CARACOIS MACHAD. |
| 402 | 628 | MARIO LIMA | M | M5559 | 36 | 0:51:53 | 0:34:51 | CCDP CM LOURES |
| 403 | 41 | LUIS FAZENDA~ | M | M2039 | 140 | 0:51:56 | 0:36:44 | LESMAS ALOPRADAS |
| 404 | 507 | ELSON MARQUES | M | M1819 | 9 | 0:51:57 | 0:34:49 | INDIVIDUAL |
| 405 | 171 | RUI VAZ | M | M4044 | 70 | 0:51:58 | 0:35:49 | OS CARACOIS MACHAD. |
| 406 | 260 | LUIS BILAU | M | M5559 | 37 | 0:51:58 | 0:36:05 | SS CGD |
| 407 | 258 | ISABEL MOLEIRO | F | F3544 | 8 | 0:52:00 | 0:35:55 | SS CGD |
| 408 | 83 | RUI CORTES | M | M5559 | 38 | 0:52:02 | 0:35:38 | REST BARCA DELTA |
| 409 | 686 | JOAQUIM FLORES | F | F4599 | 4 | 0:52:02 | 0:36:15 | INDIVIDUAL |
| 410 | 498 | LUIS PETISCA | M | M5559 | 39 | 0:52:03 | 0:36:16 | CP CORROIOS |
| 411 | 155 | HELDER LEAO | M | M6099 | 26 | 0:52:11 | 0:36:17 | SESIMBRA MAR |
| 412 | 87 | PEDRO CARDOSO | M | M2039 | 141 | 0:52:19 | 0:36:47 | GA MONSANTO GASCAN |
| 413 | 459 | RAFAEL SANTOS | M | M4044 | 71 | 0:52:22 | 0:36:18 | CCDT METRO LX |
| 414 | 281 | RUI AGUIAR | M | M2039 | 142 | 0:52:24 | 0:00:00 | ARSC TOLEDO |
| 415 | 161 | NOEL CABEÇA | M | M4549 | 47 | 0:52:32 | 0:35:52 | SESIMBRA MAR |
| 416 | 138 | DANIEL CORREIA | M | M2039 | 143 | 0:52:37 | 0:35:31 | C SARGENTO ARMADA |
| 417 | 276 | DOMINGOS SANTOS | M | M5054 | 64 | 0:52:42 | 0:36:03 | AA PONTINHA |
| 418 | 182 | HERCULANO ALVES | M | M4044 | 72 | 0:52:44 | 0:35:27 | CP GRADIL |
| 419 | 360 | JOAO BRAZIO | M | M5054 | 65 | 0:52:45 | 0:35:48 | CP IVA |
| 420 | 565 | PAULO J MARCELINO | M | M4549 | 48 | 0:52:45 | 0:36:31 | INDIVIDUAL |
| 421 | 595 | JOSE A C SANTOS | M | M4549 | 49 | 0:52:48 | 0:35:53 | INDIVIDUAL |
| 422 | 70 | RUI REMEDIOS | M | M4044 | 73 | 0:52:49 | 0:37:17 | EURO Q MILIONARIOS |
| 423 | 396 | JOSE MARTINS | M | M4549 | 50 | 0:52:54 | 0:35:54 | ADCS AMADORA PUMAS |
| 424 | 75 | JOAO PINTO | M | M5054 | 66 | 0:52:57 | 0:36:27 | GRUPO S BERNARDO |
| 425 | 76 | AMERICO LOPES | M | M4549 | 51 | 0:52:57 | 0:36:28 | GRUPO S BERNARDO |
| 426 | 427 | JOAO CALHORDO | M | M5054 | 67 | 0:53:02 | 0:36:29 | SESIMBRA MAR |
| 427 | 705 | JOAQUIM SANCHES | M | M2039 | 144 | 0:53:02 | 0:37:18 | CD ASAS MILENIUM |
| 428 | 368 | HELDER ROMANO | M | M4044 | 74 | 0:53:05 | 0:36:43 | GDC ESTRELA NEGRA |
| 429 | 624 | JOAQUIM ADELINO | M | M6099 | 27 | 0:53:05 | 0:35:44 | CCDP CM LOURES |
| 430 | 465 | ANA PAULA | F | F3544 | 9 | 0:53:09 | 0:36:09 | OLIMPICO C LAGOS |
| 431 | 546 | JOAO BRAZ | M | M4549 | 52 | 0:53:11 | 0:37:36 | INDIVIDUAL |
| 432 | 354 | HENRIQUE RUAS | M | M6099 | 28 | 0:53:14 | 0:36:02 | CCD O ALVITEJO |
| 433 | 236 | VITORINO SANTOS | M | M5054 | 68 | 0:53:18 | 0:37:32 | AA LEBRES SADO |
| 434 | 663 | JOAO LOPES | M | M2039 | 145 | 0:53:21 | 0:36:29 | SUC |
| 435 | 239 | FERNANDO MENDES | M | M6099 | 29 | 0:53:23 | 0:37:10 | AA LEBRES SADO |

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| 436 | 441 | ALIPIO OLIVEIRA | M | M5559 | 40 | 0:53:25 | 0:36:12 | CCDT METRO LX |
| 437 | 241 | ALBERTO CAROLINO | M | M5559 | 41 | 0:53:26 | 0:37:32 | AA LEBRES SADO |
| 438 | 619 | LUIS FERREIRA | M | M4044 | 75 | 0:53:26 | 0:36:04 | URD ARRANHO |
| 439 | 621 | FERNANDO RODRIGUES | M | M4044 | 76 | 0:53:26 | 0:37:45 | URD ARRANHO |
| 440 | 139 | NUNO MATOS | M | M2039 | 146 | 0:53:27 | 0:35:03 | C SARGENTO ARMADA |
| 441 | 540 | MANUEL TRINDADE | M | M5054 | 69 | 0:53:28 | 0:37:00 | INDIVIDUAL |
| 442 | 224 | MAYER RAPOSO | M | M6099 | 30 | 0:53:32 | 0:37:10 | AA LEBRES SADO |
| 443 | 22 | PEDRO PINTO | M | M5559 | 42 | 0:53:34 | 0:36:34 | OS INDOMAVEIS |
| 444 | 661 | ERMELINDA MINEIRO | F | F4599 | 5 | 0:53:38 | 0:37:01 | SUC |
| 445 | 662 | FERNANDA GIL | F | F3544 | 10 | 0:53:38 | 0:36:21 | SUC |
| 446 | 476 | FERNANDO PEREIRA | M | M4044 | 77 | 0:53:41 | 0:36:30 | CD ASAS MILENIUM |
| 447 | 417 | ARMANDO GONÇALVES | M | M5559 | 43 | 0:53:42 | 0:37:15 | CCDT AUT ALMADA |
| 448 | 650 | CARLA MARTINS | F | F2034 | 7 | 0:53:42 | 0:36:46 | AM ATIBA |
| 449 | 371 | EUGENIO TADEU | M | M6099 | 31 | 0:53:43 | 0:37:24 | GDC ESTRELA NEGRA |
| 450 | 362 | CESAR GOMES | M | M5054 | 70 | 0:53:50 | 0:37:31 | CP IVA |
| 451 | 521 | LUDGERO RODRIGUES | M | M5054 | 71 | 0:53:52 | 0:36:28 | INDIVIDUAL |
| 452 | 370 | CIPRIANO SILVA | M | M6099 | 32 | 0:53:55 | 0:37:25 | GDC ESTRELA NEGRA |
| 453 | 386 | VITOR CID | M | M2039 | 147 | 0:53:57 | 0:37:17 | GDCT UNICRE |
| 454 | 174 | DORO TOLEDO | M | M6099 | 33 | 0:53:58 | 0:37:21 | OS CARACOIS MACHAD. |
| 455 | 528 | PEDRO BARATA | M | M2039 | 148 | 0:53:59 | 0:37:43 | INDIVIDUAL |
| 456 | 86 | LUIS ANTUNES | M | M4549 | 53 | 0:54:04 | 0:36:43 | GA MONSANTO GASCAN |
| 457 | 525 | RUI VIGOÇO | M | M6099 | 34 | 0:54:05 | 0:37:32 | INDIVIDUAL |
| 458 | 648 | SILVIA MADEIRA | F | F2034 | 8 | 0:54:05 | 0:34:57 | CAFE CARAVELA |
| 459 | 187 | ADELINO BARROS | M | M4549 | 54 | 0:54:13 | 0:37:01 | ACD CALVELO |
| 460 | 73 | EMANUEL SERRAS | M | M2039 | 149 | 0:54:14 | 0:39:27 | EURO Q MILIONARIOS |
| 461 | 54 | DIOGO OLIVEIRA | M | M2039 | 150 | 0:54:16 | 0:36:26 | CP CORROIOS |
| 462 | 20 | ANTONIO CASTANHEIRA | M | M6099 | 35 | 0:54:18 | 0:37:12 | OS INDOMAVEIS |
| 463 | 91 | VANESSA REIS | F | F2034 | 9 | 0:54:18 | 0:37:16 | GA MONSANTO GASCAN |
| 464 | 90 | CONSTANCIO ALMEIDA | M | M5054 | 72 | 0:54:19 | 0:37:15 | GA MONSANTO GASCAN |
| 465 | 115 | LUIS LOPES | M | M4044 | 78 | 0:54:22 | 0:37:29 | AD REMOLPINTA |
| 466 | 291 | INACIO GONCALVES | M | M5559 | 44 | 0:54:26 | 0:37:14 | GD MACEDO OCULISTA |
| 467 | 584 | JOAO BORGES | M | M4549 | 55 | 0:54:26 | 0:37:34 | INDIVIDUAL |
| 468 | 696 | PEDRO QUINTEIRO | M | M2039 | 151 | 0:54:28 | 0:37:33 | INDIVIDUAL |
| 469 | 71 | VITOR AGOSTINHO | M | M4549 | 56 | 0:54:29 | 0:37:46 | EURO Q MILIONARIOS |
| 470 | 134 | SAMUEL BARCELOS | M | M2039 | 152 | 0:54:30 | 0:36:59 | C SARGENTO ARMADA |
| 471 | 325 | CARLOS SECO | M | M4549 | 57 | 0:54:31 | 0:36:52 | GD AGUIAS MOITA |
| 472 | 475 | JOAO FRANCO | M | M5559 | 45 | 0:54:34 | 0:37:11 | CD ASAS MILENIUM |
| 473 | 158 | MARIO FERNANDES | M | M6099 | 36 | 0:54:37 | 0:37:28 | SESIMBRA MAR |
| 474 | 373 | MARIO FERREIRA | M | M6099 | 37 | 0:54:37 | 0:37:23 | GDC ESTRELA NEGRA |
| 475 | 156 | JOAO MAFRA | M | M2039 | 153 | 0:54:38 | 0:37:28 | SESIMBRA MAR |
| 476 | 372 | JOAQUIM MAMEDE | M | M5054 | 73 | 0:54:40 | 0:37:09 | GDC ESTRELA NEGRA |
| 477 | 331 | JOSE CARLOS | M | M6099 | 38 | 0:54:41 | 0:37:30 | C PETER PAN |
| 478 | 601 | JORGE QUINA | M | M4549 | 58 | 0:54:43 | 0:37:50 | CA FLAMINGOS TORRE |
| 479 | 112 | GABRIEL CRUZ | M | M6099 | 39 | 0:54:44 | 0:36:43 | CCR ALTO MOINHO |
| 480 | 113 | GABRIELA CRUZ | F | F3544 | 11 | 0:54:44 | 0:36:42 | CCR ALTO MOINHO |
| 481 | 209 | JOAQUIM SANTOS | M | M4044 | 79 | 0:54:49 | 0:36:55 | AM CASAL FIGUEIRAS |
| 482 | 509 | MARIA MALDONADO | F | F3544 | 12 | 0:54:52 | 0:37:22 | INDIVIDUAL |
| 483 | 585 | MARIO FERREIRA | M | M5054 | 74 | 0:54:58 | 0:38:16 | INDIVIDUAL |
| 484 | 447 | FERNANDO CARDOSO | M | M5559 | 46 | 0:55:00 | 0:38:05 | CCDT METRO LX |
| 485 | 436 | ANTONIO SANTOS | M | M4549 | 59 | 0:55:01 | 0:36:45 | CCD EFACEC LX |
| 486 | 191 | AMADEU LOPES | M | M6099 | 40 | 0:55:02 | 0:38:06 | C MILLENNIUM BCP |
| 487 | 542 | FIRMINO MARQUES | M | M5054 | 75 | 0:55:04 | 0:37:35 | INDIVIDUAL |
| 488 | 483 | CARLA CALÇADA | F | F3544 | 13 | 0:55:09 | 0:37:33 | OS ZATOPEQUES |
| 489 | 286 | ANTONIO FERREIRA | M | M4044 | 80 | 0:55:10 | 0:37:37 | GD MACEDO OCULISTA |
| 490 | 114 | ANGELINA CAETANO | F | F4599 | 6 | 0:55:13 | 0:37:55 | CCR ALTO MOINHO |

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| 491 | 143 | JORGE NETO | M | M4044 | 81 | 0:55:20 | 0:37:19 | C SARGENTO ARMADA |
| 492 | 327 | JAIME MESTRE | M | M2039 | 154 | 0:55:27 | 0:37:39 | GD AGUIAS MOITA |
| 493 | 524 | SILVERIO BRAS | M | M4549 | 60 | 0:55:31 | 0:37:01 | INDIVIDUAL |
| 494 | 231 | MANUEL SANTOS | M | M5559 | 47 | 0:55:38 | 0:38:15 | AA LEBRES SADO |
| 495 | 198 | RUI XAVIER | M | M4044 | 82 | 0:55:43 | 0:38:35 | CP EDP LISBOA |
| 496 | 19 | ANTONIO J SILVA | M | M5054 | 76 | 0:55:46 | 0:38:34 | OS INDOMAVEIS |
| 497 | 350 | JOAO JACINTO | M | M5054 | 77 | 0:55:46 | 0:36:57 | CCD O ALVITEJO |
| 498 | 21 | MANUEL GOMES | M | M6099 | 41 | 0:55:47 | 0:38:34 | OS INDOMAVEIS |
| 499 | 173 | JOSE TAVARES | M | M6099 | 42 | 0:55:47 | 0:38:47 | OS CARACOIS MACHAD. |
| 500 | 473 | ANTONIO MARQUES | M | M6099 | 43 | 0:55:52 | 0:38:26 | CD ASAS MILENIUM |
| 501 | 442 | ANTONIO EDUARDO | M | M5559 | 48 | 0:55:53 | 0:38:36 | CCDT METRO LX |
| 502 | 707 | JOAO DIAS | M | M2039 | 155 | 0:55:59 | 0:38:50 | OS KAMARROS |
| 503 | 709 | RUI BAPTISTA | M | M2039 | 156 | 0:55:59 | 0:38:50 | OS KAMARROS |
| 504 | 336 | MANUEL OLIVEIRA | M | M6099 | 44 | 0:56:00 | 0:38:36 | AAE BNU |
| 505 | 625 | CARLOS GADUNHAS | M | M6099 | 45 | 0:56:01 | 0:38:19 | CCDP CM LOURES |
| 506 | 23 | JERONIMO SANTOS | M | M6099 | 46 | 0:56:02 | 0:38:35 | OS INDOMAVEIS |
| 507 | 229 | CARLOS PEREIRA | M | M5054 | 78 | 0:56:03 | 0:37:57 | AA LEBRES SADO |
| 508 | 59 | IOLANDA SEQUEIRA | F | F2034 | 10 | 0:56:09 | 0:37:54 | CP CORROIOS |
| 509 | 539 | JOSE BORDALO | M | M5559 | 49 | 0:56:09 | 0:38:24 | INDIVIDUAL |
| 510 | 706 | RICARDO LEANDRO | M | M2039 | 157 | 0:56:11 | 0:38:14 | INDIVIDUAL |
| 511 | 393 | CARLOS MIRANDA | M | M4549 | 61 | 0:56:13 | 0:38:53 | JORGE LOZANO |
| 512 | 247 | LUIS TORRAO | M | M5559 | 50 | 0:56:17 | 0:38:58 | GDCT REPSOL |
| 513 | 480 | ANTONIO SOBRAL | M | M5054 | 79 | 0:56:23 | 0:38:35 | CD ASAS MILENIUM |
| 514 | 28 | HENRIQUE VILHENA | M | M5054 | 80 | 0:56:32 | 0:39:03 | SMO PROGRESSO |
| 515 | 531 | ANTONIO PEIXE | M | M6099 | 47 | 0:56:32 | 0:38:30 | INDIVIDUAL |
| 516 | 130 | MAGNIFICA ALVAREDO | F | F4599 | 7 | 0:56:34 | 0:38:52 | C SARGENTO ARMADA |
| 517 | 374 | JORGE MANSO | M | M6099 | 48 | 0:56:36 | 0:38:29 | GDC ESTRELA NEGRA |
| 518 | 547 | ANTONIO MARQUES | M | M4044 | 83 | 0:56:36 | 0:38:33 | INDIVIDUAL |
| 519 | 126 | JOAO SANTOS | M | M2039 | 158 | 0:56:39 | 0:38:10 | GDC PORTO SINES |
| 520 | 72 | RUI LOPES | M | M4549 | 62 | 0:56:50 | 0:39:26 | EURO Q MILIONARIOS |
| 521 | 74 | CARLOS MELO | M | M2039 | 159 | 0:56:50 | 0:39:27 | EURO Q MILIONARIOS |
| 522 | 725 | MARIA DUARTE | F | F4599 | 8 | 0:56:54 | 0:39:06 | GDR QUINTA LOMBA |
| 523 | 252 | HELDER VALENTE | M | M2039 | 160 | 0:56:57 | 0:40:28 | SS CGD |
| 524 | 519 | PAULO NUNES | M | M2039 | 161 | 0:56:58 | 0:40:29 | INDIVIDUAL |
| 525 | 431 | FERNANDO MAGALHAES | M | M5054 | 81 | 0:57:06 | 0:39:12 | CCD EFACEC LX |
| 526 | 500 | RUI J P PAREDES | M | M2039 | 162 | 0:57:08 | 0:00:00 | INDIVIDUAL |
| 527 | 695 | PEDRO LIMA | M | M5054 | 82 | 0:57:12 | 0:38:51 | INDIVIDUAL |
| 528 | 213 | FERNANDA COSTA | F | F4599 | 9 | 0:57:24 | 0:39:15 | AA MAFRA |
| 529 | 450 | JOAO CONSTANCIO | M | M6099 | 49 | 0:57:24 | 0:39:25 | CCDT METRO LX |
| 530 | 307 | ANTONIO PEREIRA | M | M4044 | 84 | 0:57:33 | 0:39:35 | GD SANTANDER TOTTA |
| 531 | 365 | Mª JOSE MARINHO | F | F4599 | 10 | 0:57:36 | 0:00:00 | CCS EPUL |
| 532 | 266 | ANA PAULA | F | F2034 | 11 | 0:57:41 | 0:39:52 | CLUBE AUTOCOOPE |
| 533 | 292 | ISABEL REIS | F | F4599 | 11 | 0:57:52 | 0:39:28 | GD MACEDO OCULISTA |
| 534 | 200 | MANUEL FERREIRA | M | M6099 | 50 | 0:57:57 | 0:39:07 | QUIOSQUE MIRANTE |
| 535 | 478 | JOSE FERRABELO | M | M5559 | 51 | 0:57:57 | 0:39:09 | CD ASAS MILENIUM |
| 536 | 199 | RUI CHAVES | M | M4549 | 63 | 0:57:58 | 0:39:08 | QUIOSQUE MIRANTE |
| 537 | 353 | ELISABETE AGUAS | F | F3544 | 14 | 0:57:58 | 0:39:34 | CCD O ALVITEJO |
| 538 | 681 | ELIANA PGORETTI | F | F3544 | 15 | 0:57:58 | 0:39:53 | O MUNDO CORRIDA |
| 539 | 352 | VITOR RODRIGUES | M | M4044 | 85 | 0:57:59 | 0:39:35 | CCD O ALVITEJO |
| 540 | 568 | EBERHARD WILHELM | M | M6099 | 51 | 0:58:05 | 0:39:29 | INDIVIDUAL |
| 541 | 178 | JOAO FERREIRA | M | M2039 | 163 | 0:58:14 | 0:40:50 | CP GRADIL |
| 542 | 238 | CAETANO SILVEIRA | M | M6099 | 52 | 0:58:15 | 0:39:58 | AA LEBRES SADO |
| 543 | 254 | LUIS SANTAREM | M | M5054 | 83 | 0:58:19 | 0:40:26 | SS CGD |
| 544 | 357 | JOSE SILVA | M | M6099 | 53 | 0:58:26 | 0:40:23 | CP IVA |
| 545 | 532 | AMARO EIXA | M | M5559 | 52 | 0:58:28 | 0:40:04 | INDIVIDUAL |

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| 546 | 534 | RUI SIMOES | M | M2039 | 164 | 0:58:28 | 0:40:03 | INDIVIDUAL |
| 547 | 399 | SEBASTIAO MELO | M | M5559 | 53 | 0:58:34 | 0:39:51 | SMO PROGRESSO |
| 548 | 225 | ANTONIO CAROÇO | M | M5054 | 84 | 0:58:35 | 0:40:13 | AA LEBRES SADO |
| 549 | 631 | VIRGILIO OLIVEIRA | M | M4549 | 64 | 0:58:35 | 0:39:54 | ADCR POLICIA JUDICIA |
| 550 | 150 | FERNANDO OLIVEIRA | M | M5054 | 85 | 0:58:36 | 0:39:48 | C SARGENTO ARMADA |
| 551 | 577 | LUIS F JOSE | M | M5559 | 54 | 0:58:41 | 0:40:24 | INDIVIDUAL |
| 552 | 430 | ADELINO CASTRO | M | M5559 | 55 | 0:58:46 | 0:40:13 | CCD EFACEC LX |
| 553 | 452 | JOSE PIRES | M | M6099 | 54 | 0:58:48 | 0:39:50 | CCDT METRO LX |
| 554 | 455 | ORLANDO SOUSA | M | M4549 | 65 | 0:58:48 | 0:39:50 | CCDT METRO LX |
| 555 | 193 | SANDRO JORDAO | M | M2039 | 165 | 0:58:50 | 0:40:27 | C MILLENNIUM BCP |
| 556 | 24 | MANUEL MAGALHAES | M | M6099 | 55 | 0:58:51 | 0:40:15 | OS INDOMAVEIS |
| 557 | 668 | ANTONIO CORREIA | M | M5559 | 56 | 0:59:00 | 0:40:56 | GD O INDEPENDENTE |
| 558 | 468 | HELENA CUNHA | F | F4599 | 12 | 0:59:04 | 0:40:23 | CD ASAS MILENIUM |
| 559 | 26 | HELIO GODINHO | M | M5559 | 57 | 0:59:12 | 0:40:18 | SMO PROGRESSO |
| 560 | 432 | JOSE CORREIA | M | M2039 | 166 | 0:59:12 | 0:00:00 | CCD EFACEC LX |
| 561 | 16 | ALEXANDRE GASPAR | M | M5054 | 86 | 0:59:14 | 0:40:37 | MARATONA CP |
| 562 | 422 | JOSE GONÇALVES | M | M5559 | 58 | 0:59:18 | 0:39:52 | CCDT AUT ALMADA |
| 563 | 94 | ANTONIO MOURA | M | M5054 | 87 | 0:59:24 | 0:40:11 | PLUMAS |
| 564 | 363 | JOSE MARINHO | M | M6099 | 56 | 0:59:26 | 0:41:50 | CCS EPUL |
| 565 | 364 | JOAQUIM CARPELHO | M | M6099 | 57 | 0:59:27 | 0:41:51 | CCS EPUL |
| 566 | 392 | JORGE LOZANO | M | M4549 | 66 | 0:59:38 | 0:41:06 | JORGE LOZANO |
| 567 | 416 | ANA BALTAZAR | F | F2034 | 12 | 0:59:39 | 0:40:32 | GD FONTE PRATA |
| 568 | 557 | JOAO LANDEIRO | M | M6099 | 58 | 0:59:39 | 0:40:31 | INDIVIDUAL |
| 569 | 702 | MARINA BAPTISTA | F | F3544 | 16 | 0:59:47 | 0:41:24 | INDIVIDUAL |
| 570 | 720 | RITA FRANCISCO | F | F2034 | 13 | 1:00:06 | 0:41:15 | CAP |
| 571 | 111 | JORGE LOBO | M | M6099 | 59 | 1:00:09 | 0:40:46 | CCR ALTO MOINHO |
| 572 | 302 | ROSINDA GONÇALVES | F | F4599 | 13 | 1:00:10 | 0:41:38 | GD MACEDO OCULISTA |
| 573 | 529 | SANDRA S S MARTINS | F | F2034 | 14 | 1:00:11 | 0:42:05 | INDIVIDUAL |
| 574 | 256 | TIAGO NORONHA | M | M1819 | 10 | 1:00:15 | 0:41:39 | SS CGD |
| 575 | 516 | SUSANA DIAS | F | F3544 | 17 | 1:00:16 | 0:41:21 | INDIVIDUAL |
| 576 | 537 | CARLOS COELHO | M | M4549 | 67 | 1:00:25 | 0:41:30 | INDIVIDUAL |
| 577 | 243 | VITOR REIS | M | M5559 | 59 | 1:00:30 | 0:41:40 | AA LEBRES SADO |
| 578 | 245 | LUISA CAROÇO | F | F4599 | 14 | 1:00:30 | 0:41:14 | AA LEBRES SADO |
| 579 | 129 | ANA PEREIRA | F | F3544 | 18 | 1:00:47 | 0:41:29 | C SARGENTO ARMADA |
| 580 | 145 | ANTONIO PEREIRA | M | M4549 | 68 | 1:00:48 | 0:41:26 | C SARGENTO ARMADA |
| 581 | 330 | PAULO RIBEIRO | M | M2039 | 167 | 1:00:49 | 0:41:53 | C PETER PAN |
| 582 | 301 | PAULA GOMES | F | F3544 | 19 | 1:00:53 | 0:42:15 | GD MACEDO OCULISTA |
| 583 | 190 | LEONEL BRANDAO | M | M4044 | 86 | 1:00:58 | 0:41:05 | C MILLENNIUM BCP |
| 584 | 523 | JOAO P S LIMA | M | M4549 | 69 | 1:01:04 | 0:41:52 | INDIVIDUAL |
| 585 | 576 | JOSE AVEIRO | M | M2039 | 168 | 1:01:37 | 0:45:51 | INDIVIDUAL |
| 586 | 361 | JOSE REIS | M | M5559 | 60 | 1:01:46 | 0:44:06 | CP IVA |
| 587 | 127 | VARELA LIMA | M | M5054 | 88 | 1:01:52 | 0:42:43 | GDC PORTO SINES |
| 588 | 42 | SILVESTRE MACHADO | M | M4044 | 87 | 1:01:57 | 0:41:37 | MAC TEAM |
| 589 | 53 | SEVERINO ROSA | M | M5054 | 89 | 1:02:00 | 0:43:12 | SS CGD |
| 590 | 434 | RICARDO SEPULVEDA | M | M2039 | 169 | 1:02:09 | 0:43:13 | CCD EFACEC LX |
| 591 | 440 | JOAO RAMOS | M | M2039 | 170 | 1:02:12 | 0:43:18 | CCD EFACEC LX |
| 592 | 181 | MANUEL BARBOSA | M | M2039 | 171 | 1:02:14 | 0:41:48 | CP GRADIL |
| 593 | 550 | JOSE MENDONÇA | M | M5559 | 61 | 1:02:14 | 0:41:47 | INDIVIDUAL |
| 594 | 211 | VANESSA COELHO | F | F2034 | 15 | 1:02:31 | 0:41:54 | AM CASAL FIGUEIRAS |
| 595 | 376 | VITORINO ANJOS | M | M4044 | 88 | 1:03:08 | 0:42:47 | GDC ESTRELA NEGRA |
| 596 | 30 | JORGE NARCISO | M | M4549 | 70 | 1:03:13 | 0:43:10 | SMO PROGRESSO |
| 597 | 255 | ANDRE NORONHA | M | M4549 | 71 | 1:03:39 | 0:43:12 | SS CGD |
| 598 | 262 | PAULO BAILAO | M | M2039 | 172 | 1:03:39 | 0:43:11 | SS CGD |
| 599 | 268 | ANTONIO ALMEIDA | M | M4549 | 72 | 1:04:28 | 0:44:28 | CLUBE AUTOCOOPE |
| 600 | 597 | JOAO FERREIRA | M | M4044 | 89 | 1:04:31 | 0:43:33 | UR DAFUNDO |

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|-----|--------------------------|---|-------|-----|---------|---------|----------------------|
| 601 | 358 RUI PEDRO | M | M5559 | 62 | 1:04:32 | 0:44:07 | CP IVA |
| 602 | 599 LUCILIA BRITO | F | F4599 | 15 | 1:04:56 | 0:43:42 | UR DAFUNDO |
| 603 | 387 FERNANDO GONÇALVES | M | M4044 | 90 | 1:05:25 | 0:33:36 | GDCT UNICRE |
| 604 | 541 Mª FATIMA L LEITAO | F | F4599 | 16 | 1:05:26 | 0:44:36 | INDIVIDUAL |
| 605 | 684 FATIMA VIANA | M | M5559 | 63 | 1:05:26 | 0:44:35 | INDIVIDUAL |
| 606 | 461 PAULO RODRIGUES | M | M2039 | 173 | 1:05:36 | 0:44:13 | GATOS FEDORENTOS |
| 607 | 636 ISABEL COELHO | F | F3544 | 20 | 1:05:43 | 0:45:11 | ADCR POLICIA JUDICIA |
| 608 | 606 PAULO BORRALHO | M | M4044 | 91 | 1:06:01 | 0:45:28 | CA FLAMINGOS TORRE |
| 609 | 513 SORAIA A FILIPE | F | F2034 | 16 | 1:06:10 | 0:44:48 | INDIVIDUAL |
| 610 | 708 LUIS DIAS | M | M2039 | 174 | 1:06:10 | 0:44:47 | OS KAMARROS |
| 611 | 462 MARIO RODRIGUES | M | M5559 | 64 | 1:06:20 | 0:44:38 | GATOS FEDORENTOS |
| 612 | 499 FRANCISCO FERREIRA | M | M5559 | 65 | 1:06:20 | 0:44:33 | CCD EFACEC LX |
| 613 | 573 Mª TERESA RODRIGUES | F | F4599 | 17 | 1:06:37 | 0:46:22 | INDIVIDUAL |
| 614 | 300 PAULA COUTO | F | F4599 | 18 | 1:07:00 | 0:46:00 | GD MACEDO OCULISTA |
| 615 | 287 ARTUR DINIS | M | M5054 | 90 | 1:07:01 | 0:46:00 | GD MACEDO OCULISTA |
| 616 | 592 FRANCISCO FIGUEIREDO | M | M5054 | 91 | 1:07:10 | 0:00:00 | INDIVIDUAL |
| 617 | 179 JOEL FERREIRA | M | M2039 | 175 | 1:07:23 | 0:45:59 | CP GRADIL |
| 618 | 433 PAULO SANTOS | M | M4044 | 92 | 1:07:23 | 0:45:58 | CCD EFACEC LX |
| 619 | 309 JOSE SIMOES | M | M6099 | 60 | 1:07:31 | 0:45:50 | GD SANTANDER TOTTA |
| 620 | 607 ANTONIO SANTOS | M | M4044 | 93 | 1:07:54 | 0:45:29 | CA FLAMINGOS TORRE |
| 621 | 38 MANUEL MARTINS | M | M6099 | 61 | 1:08:33 | 0:46:03 | INSEPARAVEIS ALMAD, |
| 622 | 39 JOSE BARREIROS | M | M6099 | 62 | 1:08:33 | 0:46:05 | INSEPARAVEIS ALMAD, |
| 623 | 589 MARIO FERREIRA | M | M4549 | 73 | 1:09:30 | 0:47:28 | INDIVIDUAL |
| 624 | 397 ILIDIO ALVES | M | M4549 | 74 | 1:09:33 | 0:48:27 | ADCS AMADORA PUMAS |
| 625 | 306 VITOR SILVA | M | M5559 | 66 | 1:10:08 | 0:48:05 | GD MACEDO OCULISTA |
| 626 | 574 DAVID A BARATA | M | M4044 | 94 | 1:10:11 | 0:47:01 | INDIVIDUAL |
| 627 | 418 ALEXANDRE CORREIA | M | M2039 | 176 | 1:10:12 | 0:47:42 | CCDT AUT ALMADA |
| 628 | 572 CESAR F GUERRA | M | M2039 | 177 | 1:10:12 | 0:47:42 | INDIVIDUAL |
| 629 | 415 GORETE CAPUCHO | M | M4044 | 95 | 1:10:15 | 0:47:58 | CDR AGUIAS UNIDAS |
| 630 | 426 MARIA BARROSO | F | F4599 | 19 | 1:10:16 | 0:47:59 | CCDT AUT ALMADA |
| 631 | 31 MANUEL MOREIRA | M | M6099 | 63 | 1:10:58 | 0:47:37 | SMO PROGRESSO |
| 632 | 313 JOSE LOUÇAS | M | M6099 | 64 | 1:10:59 | 0:48:38 | GD SANTANDER TOTTA |
| 633 | 600 GRAÇA PAQUETE | F | F3544 | 21 | 1:10:59 | 0:48:38 | UR DAFUNDO |
| 634 | 324 CARLOS TAVARES | M | M6099 | 65 | 1:11:01 | 0:48:41 | GD SANTANDER TOTTA |
| 635 | 463 PALMIRA RODRIGUES | F | F4599 | 20 | 1:11:12 | 0:47:19 | GATOS FEDORENTOS |
| 636 | 571 JOSE M MARTINS | M | M5054 | 92 | 1:11:32 | 0:48:42 | INDIVIDUAL |
| 637 | 724 ROSA AFONSO | F | F3544 | 22 | 1:11:44 | 0:49:40 | INDIVIDUAL |
| 638 | 249 JULIO MILHARDAS | M | M5559 | 67 | 1:11:45 | 0:49:07 | GDCT REPSOL |
| 639 | 27 LAURENTINO SANTOS | M | M5559 | 68 | 1:12:01 | 0:49:07 | SMO PROGRESSO |
| 640 | 265 JOAO GRAÇA | M | M6099 | 66 | 1:13:57 | 0:50:16 | CLUBE AUTOCOOPE |
| 641 | 78 JOHN JOHNSON | M | M6099 | 67 | 1:14:35 | 0:50:02 | GRUPO S BERNARDO |
| 642 | 269 AMERICO COSTA | M | M5054 | 93 | 1:16:46 | 0:00:00 | CLUBE AUTOCOOPE |

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