

LISTAGEM PROVISÓRIA (PARA CONFERÊNCIA DE TEMPO)

7ª CORRIDA DO ORIENTE 2008

Patrocínio:

Apoio:

Data 01/06/2008

Classif.: Relatório Geral Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
1	7	ANTÓNIO TRAVASSOS	36	M3539	1	M					Sporting CP	00:30:18
2	6	JOSÉ RAMOS	39	M3539	2	M					GDR Conforlimpa	00:30:24
3	1090	BRUNO FRAGA	31	M1934	1	M					GDR Reboleira	00:30:30
4	1	JOÃO MARQUES	38	M3539	3	M					GDR Conforlimpa	00:31:03
5	1251	LUIS GINJA	34	M1934	2	M					Olimpico CLagos	00:31:56
6	1092	EUGÉNIO NETO	45	M4549	1	M					GDR Reboleira	00:32:05
7	1268	LUIS ALLAN	38	M3539	4	M					GD Amaros / Marsans	00:32:09
8	1091	PEDRO PESSOA	43	M4044	1	M					GDR Reboleira	00:32:12
9	147	HERNANI SANTOS	33	M1934	3	M					ARCD Vila de Rei	00:32:23
10	1310	SILVESTRE GOMES	53	M5054	1	M					JD Neves	00:32:48
11	1370	ALEX SCUTARU	38	M3539	5	M					INDIVIDUAL.	00:32:55
12	1245	RAUL CAETANO	36	M3539	6	M					CUA Benaventense	00:33:03
13	1121	JOÃO VAZ	40	M4044	2	M					A Vale Silêncio	00:33:05
14	1255	JOSÉ GIL	50	M5054	2	M					GDU Caxienses	00:33:11
15	149	LUIS BRITO	33	M1934	4	M					ARCD Vila de Rei	00:33:35
16	722	EL MEDI YAKOUBI	40	M4044	3	M					CCR Alto Moinho	00:33:38
17	1258	LUIS LIMA	36	M3539	7	M					GDU Caxienses	00:33:55
18	1002	JOSÉ MARTINS	42	M4044	4	M					GRD Os Fixes	00:33:56
19	547	HUGO GONÇALVES	32	M1934	5	M					GD Macedo Oculista	00:33:56
20	942	PEDRO MAIA	35	M3539	8	M					AA Mafra	00:33:58
21	1111	PEDRO RIBEIRO GOMES	24	M1934	6	M					Individual	00:34:13
22	552	ANTÓNIO SANTOS	40	M4044	5	M					GD Macedo Oculista	00:34:17
23	442	POMPÍLIO VAZ	43	M4044	6	M					CCD O Alvitejo	00:34:25
24	1131	RUI PACHECO	31	M1934	7	M					A Vale Silêncio	00:34:27
25	1075	FELISBERTO PINA	24	M1934	8	M					Nucleoeiras	00:34:39
26	572	VIRGÍLIO GOMES	39	M3539	9	M					GD Macedo Oculista	00:34:42
27	753	JÚLIO MARQUES	31	M1934	9	M					GD Costa Brava	00:34:49
28	754	CARLOS CORREIA	33	M1934	10	M					GD Costa Brava	00:34:49
29	566	MÁRIO PEDRO	32	M1934	11	M					GD Macedo Oculista	00:34:55
30	1093	FILIPE SILVA	55	M5559	1	M					GDR Reboleira	00:35:06
31	1197	DANIEL FERNANDES	21	M1934	12	M					C Benfica Aigualva	00:35:06
32	25	JOÃO GOMES	48	M4549	2	M					ADL Apelaconenses	00:35:07
33	1257	LUIS CARDOSO	29	M1934	13	M					GDU Caxienses	00:35:09

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
34	557	GABRIEL GONÇALVES	53	M5054	3	M					GD Macedo Oculista	00:35:12
35	353	PAULO ALFAR	43	M4044	7	M					CCDT Metro	00:35:14
36	69	PAULO PÓVOA	43	M4044	8	M					CCD CM Loures	00:35:17
37	84	AIRES PRATAS	53	M5054	4	M					CCD CM Loures	00:35:25
38	148	HUGO CASELHAS	33	M1934	14	M					ARCD Vila de Rei	00:35:29
39	907	FÉLIX PAULOS	50	M5054	5	M					GRD Os Fixes	00:35:30
40	725	JOÃO MONTES	43	M4044	9	M					CCR Alto Moinho	00:35:32
41	1232	JOÃO ALVES	53	M5054	6	M					GD Hotel Mundial	00:35:37
42	1014	BRUNO BONDOSO	28	M1934	15	M					GD Independente	00:35:38
43	1292	JOSÉ ANTUNES	44	M4044	10	M					GD Amaros / Marsans	00:35:38
44	694	PAULO DURAES	38	M3539	10	M					SC REBOLEIRA-	00:35:57
45	1186	LUIS MOTA	38	M3539	11	M					UFCI Tomar	00:36:00
46	1077	ANTÓNIO SABIDO	51	M5054	7	M					Nucleoeiras	00:36:03
47	200	RODRIGO GORDINHO	38	M3539	12	M					ACR Mealhada	00:36:04
48	1331	RUI OLIVEIRA	37	M3539	13	M					Os Zatopeques	00:36:07
49	73	JOSÉ PEREIRA	58	M5559	2	M					CCD CM Loures	00:36:10
50	71	EURICO CHARNECA	48	M4549	3	M					CCD CM Loures	00:36:11
51	665	ANTÓNIO VALE	50	M5054	8	M					FF Paz Mundial	00:36:12
52	923	VENTURA PIRES	52	M5054	9	M					AM Amoreiras	00:36:21
53	1076	RUI LOPES	51	M5054	10	M					Nucleoeiras	00:36:22
54	379	TAMÍCIO REIS	30	M1934	16	M					Lesmas Alopradas	00:36:35
55	81	LUIS LOPES	38	M3539	14	M					CCD CM Loures	00:36:36
56	93	PAULO SILVESTRE	38	M3539	15	M					A Sacavenense	00:36:38
57	273	ANTÓNIO TOMÁS	43	M4044	11	M					ADL Apelaconenses	00:36:45
58	267	LUIS GOMES	38	M3539	16	M					ADL Apelaconenses	00:36:46
59	96	NUNO GRAÇA	33	M1934	17	M					A Sacavenense	00:36:55
60	1234	JOÃO PORTELA	61	M6099	1	M					Os Portelas	00:36:56
61	573	MARIO GONÇALVES	55	M5559	3	M					L. PASTORA SC	00:37:04
62	762	PEDRO DIAS	37	M3539	17	M					C Sargento Armada	00:37:07
63	1056	PAULO ALVES	31	M1934	18	M					GDCT IN Casa Moeda	00:37:21
64	1150	NUNO ABÍLIO	28	M1934	19	M					CA DT Portucel	00:37:21
65	802	MANUEL BELO	59	M5559	4	M					CP EDP Lisboa	00:37:26
66	1125	LUIS SANTOS	26	M1934	20	M					A Vale Silêncio	00:37:29
67	100	ANTÓNIO HENRIQUES	53	M5054	11	M					A Sacavenense	00:37:30 1
68	849	MARCOLINO VERÍSSIMO	36	M3539	18	M					SS CGD	00:37:42 1
69	847	ORLINDO FIGUEIREDO	60	M6099	2	M					SS CGD	00:37:43
70	172	FERNANDO MIRANDA	38	M3539	19	M					GD S. Domingos	00:37:45
71	1374	ANIBAL GASPAR	38	M3539	20	M					INDIVIDUAL.	00:37:47
72	1263	GONÇALO COSTA	28	M1934	21	M					GD Quinta da Lomba	00:37:50
73	555	CONSTANTINO ARAÚJO	41	M4044	12	M					GD Macedo Oculista	00:37:53

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74	561	JOÃO GINJA	42	M4044	13	M					GD Macedo Oculista	00:37:53
75	879	CARLOS PIOREK	30	M1934	22	M					BV Montemor Novo	00:38:04
76	107	MANUEL CHAMUSCA	58	M5559	5	M					A Sacavenense	00:38:08
77	1161	RODOLFO MOREIRA	33	M1934	23	M					Cliniponte	00:38:11
78	728	JOÃO PEDRO BATISTA	50	M5054	12	M					CCR Alto Moinho	00:38:16
79	38	RAMIRO DAMAS	23	M1934	24	M					ADL Apelaconenses	00:38:18
80	1149	OLÍMPIO SANTOS	41	M4044	14	M					CA DT Portucel	00:38:22
81	1367	PAULO MATA	44	M4044	15	M					BV ALVERCA	00:38:24
82	1349	ANTONIO PAIAS	32	M1934	25	M					SC REBOLEIRA-	00:38:31
83	660	VITOR LOPES	38	M3539	21	M					FF Paz Mundial	00:38:35
84	731	JOSÉ LANÇA	55	M5559	6	M					CCR Alto Moinho	00:38:39
85	1259	VICTOR LIMA	41	M4044	16	M					GDU Caxienses	00:38:41
86	150	BRUNO RODRIGUES	33	M1934	26	M					ARCD Vila de Rei	00:38:42
87	27	JOSÉ SILVA	43	M4044	17	M					ADL Apelaconenses	00:38:43
88	361	CARLOS ANTUNES	57	M5559	7	M					CA Patameiras	00:38:44
89	428	LUIS GUERREIRO	38	M3539	22	M					Individual	00:38:44
90	1221	VITOR SANTOS	34	M1934	27	M					NS Lourinhã	00:38:45
91	176	FRANCISCO MACHADO	33	M1934	28	M					GD S. Domingos	00:38:48
92	1343	EDUARDO TANGANHITO	61	M6099	3	M					SC Reboleira- Damaia	00:38:49
93	891	FERNANDO VAZ	38	M3539	23	M					Individual	00:38:55
94	1044	KENNEDY GRIES	33	M1934	29	M					Individual	00:38:58
95	579	LUIS ALBUQUERQUE	38	M3539	24	M					C Millennium BCP	00:39:02
96	1290	NUNO NEVES	41	M4044	18	M					Individual	00:39:06
97	755	LEANDRO RIBEIRO	34	M1934	30	M					GD Costa Brava	00:39:08
98	1266	ROBERTO DIOGO	53	M5054	13	M					GRD Ribeira Lage	00:39:09
99	1262	EMANUEL GOMES	38	M3539	25	M					GD Quinta da Lomba	00:39:10
100	1193	PAULO COSTA	42	M4044	19	M					Individual	00:39:11
101	1233	FRANCISCO FERA	65	M6099	4	M					GD Hotel Mundial	00:39:12
102	684	PEDRO ESTEVENS	49	M4549	4	M					C Ferrov Portugal	00:39:13
103	521	LUIS RAFAEL	36	M3539	26	M					GD Santander Totta	00:39:14
104	998	JOSÉ RAMALHO	45	M4549	5	M					SFUA Piedense	00:39:15
105	564	JOSÉ INOCÊNCIO	56	M5559	8	M					GD Macedo Oculista	00:39:16
106	959	PAULO JORGE ALMEIDA	43	M4044	20	M					Individual	00:39:17
107	1200	ANTÓNIO MENDES	68	M6099	5	M					GA Super Estrelas	00:39:18
108	1129	PAULO PIRES	33	M1934	31	M					A Vale Silêncio	00:39:19
109	808	ANTÓNIO P L SANTOS	48	M4549	6	M					Individual	00:39:20
110	1231	JOAQUIM GOMES	44	M4044	21	M					GD Hotel Mundial	00:39:31
111	1293	ALBINO NEIVA	62	M6099	6	M					GD Amaros / Marsans	00:39:32
112	1373	ANTONIO LEMOS	49	M4549	7	M					INDIVIDUAL.	00:39:33
113	723	NUNO QUEIJAS	35	M3539	27	M					CCR Alto Moinho	00:39:36

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
114	546	ALCINDO ALMEIDA	50	M5054	14	M					GD Macedo Oculista	00:39:42
115	173	PAULO RODRIGUES	38	M3539	28	M					GD S. Domingos	00:39:47
116	1286	FRANCISCO FARROPAS	62	M6099	7	M					CDR Águias Unidas	00:39:49
117	652	PAULO PEREIRA	41	M4044	22	M					Clube Banif	00:39:52
118	26	FERNANDO FERNANDES	53	M5054	15	M					ADL Apelaconenses	00:39:58
119	23	RUI FILIPE	43	M4044	23	M					ADL Apelaconenses	00:40:01
120	678	FERNANDO ALVES	43	M4044	24	M					Os Santarenos	00:40:02
121	727	JOÃO FAZENDA	50	M5054	16	M					CCR Alto Moinho	00:40:10
122	565	JOSÉ REIS	54	M5054	17	M					GD Macedo Oculista	00:40:11
123	1330	MÁRIO REIS	35	M3539	29	M					Os Zatopeques	00:40:12
124	94	FÁBIO MALHEIRO	33	M1934	32	M					A Sacavenense	00:40:15
125	1097	NUNO CARRILHO	28	M1934	33	M					Serralharia Amaral	00:40:15
126	692	ANTÓNIO GONÇALVES	56	M5559	9	M					C Ferrov Portugal	00:40:16
127	1179	JOSÉ MANUEL CAROLA	32	M1934	34	M					Individual	00:40:28
128	1371	ANTONIO MARÇAL	48	M4549	8	M					BV ALVERCA	00:40:28
129	519	AUGUSTO LOPES	54	M5054	18	M					GD Santander Totta	00:40:32
130	947	EDUARDO EUSTÁQUIO	44	M4044	25	M					AA Mafra	00:40:33
131	269	HILÁRIO TORRES	48	M4549	9	M					ADL Apelaconenses	00:40:34
132	903	DOMINGOS NETO	51	M5054	19	M					CD Mafra	00:40:34
133	1206	FILIPE AMORIM	33	M1934	35	M					NAZ Abóboda	00:40:35
134	207	OCTÁVIO MORAIS	48	M4549	10	M					CD Olivais Moscavide	00:40:36
135	194	PAULO CARMO	33	M1934	36	M					ACR Mealhada	00:40:37
136	381	LUIS ROCHA	30	M1934	37	M					Individual	00:40:39
137	1116	DANIEL PINTO	23	M1934	38	M					A Vale Silêncio	00:40:39
138	732	JOAO ENCARNACAO	59	M5559	10	M					CCR Alto Moinho	00:40:40
139	1334	JOSÉ CUNHA	43	M4044	26	M					Os Zatopeques	00:40:40
140	951	JOAQUIM REIS	49	M4549	11	M					Running of D. Maria	00:40:42
141	1277	JAIME FIGUEIREDO	41	M4044	27	M					CDR Águias Unidas	00:40:42
142	1211	ARMINDO SANTOS	53	M5054	20	M					NAZ Abóboda	00:40:45
143	1279	DELSON MARQUES	32	M1934	39	M					CDR Águias Unidas	00:40:46
144	480	PAULO BRITO	37	M3539	30	M					JOMA	00:40:47
145	322	JOSÉ NUNES	40	M4044	28	M					AM BCV Lumiar	00:40:52
146	1180	JOSÉ SOARES SILVA	33	M1934	40	M					Individual	00:40:53
147	926	CARLOS ALMEIDA	50	M5054	21	M					Individual	00:40:55
148	750	RODRIGO SILVA	41	M4044	29	M					Individual	00:40:57
149	880	JOAQUIM FREITAS	30	M1934	41	M					BV Montemor Novo	00:40:57
150	925	LÚCIO SERRA	48	M4549	12	M					AM Amoreiras	00:41:01
151	3	ARMANDO ALDEGALEGA	70	M6099	8	M					Sporting CP	00:41:03
152	782	FERNANDO MALHEIROS	51	M5054	22	M					Gelpinhos Peniche	00:41:09
153	468	FILIPE BRANCO	38	M3539	31	M					Horto Ribeiradas	00:41:10

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
154	470	EDGAR FRANCISCO	42	M4044	30	M					Horto Ribeiradas	00:41:10
155	648	NUNO COELHO	39	M3539	32	M					Clube Banif	00:41:12
156	36	JANUÁRIO COELHO	58	M5559	11	M					ADL Apelaconenses	00:41:13
157	83	ANTÓNIO VALÉRIO	58	M5559	12	M					CCD CM Loures	00:41:16
158	663	MANUEL ARAÚJO	46	M4549	13	M					FF Paz Mundial	00:41:19
159	905	JOÃO PALMA	47	M4549	14	M					AAE BNU	00:41:19
160	77	JOSÉ ARUIL	63	M6099	9	M					CCD CM Loures	00:41:23
161	865	LUIS MONTEIRO	36	M3539	33	M					GDCT BES	00:41:25
162	506	ANASTÁCIO VALADAS	54	M5054	23	M					GD Santander Totta	00:41:26
163	230	ANTÓNIO CARDOSO	43	M4044	31	M					ADL Apelaconenses	00:41:29
164	1218	JOSÉ TEIXEIRA	50	M5054	24	M					CCD Mun Cascais	00:41:32
165	334	CARLOS MONTEIRO	57	M5559	13	M					Valejas AC	00:41:33
166	1134	BRUNO CARDOSO	27	M1934	42	M					Casino Lisboa	00:41:34
167	110	JOSÉ SILVESTRE	63	M6099	10	M					A Sacavenense	00:41:37
168	548	AMÉRICO POMBO	43	M4044	32	M					GD Macedo Oculista	00:41:37
169	595	PAULO MATEUS	41	M4044	33	M					C Millennium BCP	00:41:37
170	392	JORGE VILELA	42	M4044	34	M					NA VILA REAL	00:41:38
171	935	PAULO ALEXANDRE	37	M3539	34	M					Individual	00:41:38
172	380	RENATO SANTOS	30	M1934	43	M					Lesmas Alopradas	00:41:39
173	756	JORGE BANDEIRA	45	M4549	15	M					GD Costa Brava	00:41:43
174	120	PAULO TOMÁS	38	M3539	35	M					A Sacavenense	00:41:49
175	1216	JOSÉ PEIXOTO	49	M4549	16	M					Individual	00:41:50
176	943	JOÃO GOMES	35	M3539	36	M					AA Mafra	00:41:51
177	259	JOSÉ REINAS	48	M4549	17	M					ADL Apelaconenses	00:41:54
178	655	VÍRGÍLIO MADEIRA	49	M4549	18	M					Clube Banif	00:41:54
179	776	LUIS FELIPE	46	M4549	19	M					Gelpinhos Peniche	00:41:54
180	387	ALEXANDRE LEAL	28	M1934	44	M					Individual	00:41:55
181	749	CARLOS COSTA	37	M3539	37	M					Individual	00:41:56
182	801	JOSÉ MANUEL FIGUEIREDO	38	M3539	38	M					Individual	00:41:56
183	325	BERNARDO GRADISSIMO	49	M4549	20	M					AM BCV Lumiar	00:41:58
184	873	JOÃO RODRIGUES	33	M1934	45	M					BV Montemor Novo	00:41:58
185	945	PEDRO DUARTE	27	M1934	46	M					AA Mafra	00:41:59
186	51	JOAQUIM MARTINS	43	M4044	35	M					ADL Apelaconenses	00:42:00
187	371	JAIME SOUSA	46	M4549	21	M					CLAC - Parede	00:42:00
188	1055	NUNO SOUSA	34	M1934	47	M					GDCT IN Casa Moeda	00:42:01
189	843	JOAQUIM FRADE	52	M5054	25	M					SS CGD	00:42:03
190	1191	SANDRO TERNAS DA SILVA	29	M1934	48	M					Individual	00:42:08
191	581	JOAQUIM ARAÚJO	44	M4044	36	M					C Millennium BCP	00:42:10
192	214	ADRIANO COTRIM	63	M6099	11	M					CD Olivais Moscavide	00:42:11
193	320	CARLOS GONÇALVES	36	M3539	39	M					AM BCV Lumiar	00:42:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
194	375	LUIS MAGALHÃES	39	M3539	40	M					Lesmas Alopradas	00:42:12
195	1001	MARCO MALAGUERRA	37	M3539	41	M					Clube Banif	00:42:14
196	326	JOÃO MOACHO	51	M5054	26	M					AM BCV Lumiar	00:42:15
197	1285	JOSÉ MESTRE	61	M6099	12	M					CDR Águias Unidas	00:42:15
198	360	ALBINO TOMÁS	51	M5054	27	M					CA Patameiras	00:42:16
199	976	CARLOS RODRIGUES	43	M4044	37	M					Individual	00:42:16
200	669	JORGE FONSECA	40	M4044	38	M					Os Santarenos	00:42:19
201	1202	ALBERTO FERNANDES	55	M5559	14	M					Amigos do Benfica	00:42:20
202	883	MARCOS PEREIRA	52	M5054	28	M					Individual	00:42:23
203	232	FERNANDO MONTEIRO	43	M4044	39	M					ADL Apelaconenses	00:42:25
204	22	JORGE FERREIRA	43	M4044	40	M					ADL Apelaconenses	00:42:28
205	1024	JOÃO NASCIMENTO	42	M4044	41	M					Clube Stress	00:42:29
206	853	BENARDINO PEREIRA	72	M6099	13	M					SS CGD	00:42:30
207	233	JAIME FIGUEIREDO	43	M4044	42	M					ADL Apelaconenses	00:42:31
208	803	NUNO MIGUEL CORREIA	41	M4044	43	M					SDF	00:42:33
209	909	JOSÉ NOVAIS	43	M4044	44	M					GDU Caxienses	00:42:34
210	1000	CARLOS CANDEIAS	40	M4044	45	M					Clube Banif	00:42:34
211	650	PAULO MORADIAS	43	M4044	46	M					Clube Banif	00:42:35
212	1123	JOSÉ MOGA	50	M5054	29	M					A Vale Silêncio	00:42:37
213	324	MANUEL RODRIGUES	48	M4549	22	M					AM BCV Lumiar	00:42:41
214	1336	ANTÓNIO JACINTO	48	M4549	23	M					Os Zatopeques	00:42:41
215	323	DANIEL NUNES	48	M4549	24	M					AM BCV Lumiar	00:42:42 1
216	488	RICARDO FÉLIX	28	M1934	49	M					CCD Efacec	00:42:43
217	32	AUGUSTO FERNANDES	43	M4044	47	M					ADL Apelaconenses	00:42:44
218	899	JOSÉ MANUEL CUNHA	42	M4044	48	M					Individual	00:42:45
219	454	JOSÉ HILÁRIO	48	M4549	25	M					Individual	00:42:50
220	205	JOÃO SERRA	38	M3539	42	M					ADL Apelaconenses	00:42:51
221	705	ALEXANDRINO AIRES	51	M5054	30	M					Individual	00:42:51
222	447	MIGUEL MARQUES	47	M4549	26	M					Individual	00:42:52
223	1281	JOÃO ESPADA	42	M4044	49	M					CDR Águias Unidas	00:42:52
224	985	GERMANO BERNARDO	52	M5054	31	M					GarminPrazer Corrida	00:42:53
225	718	DIAMANTINO ALMEIDA	40	M4044	50	M					Individual	00:42:54
226	886	DOMINGOS AGUIAR	42	M4044	51	M					Sesimbra Mar	00:43:00
227	738	JOÃO SANTOS	43	M4044	52	M					AA Lebres Sado	00:43:08
228	316	LUIS FERREIRA	38	M3539	43	M					CA Vale Figueira	00:43:09
229	877	FRANCISCO OLIVEIRA	36	M3539	44	M					BV Montemor Novo	00:43:10
230	1333	JORGE LEITÃO	43	M4044	53	M					Os Zatopeques	00:43:10
231	1046	ANTÓNIO JOSÉ COSTA	40	M4044	54	M					Individual	00:43:16
232	1276	JOÃO PAIXÃO	37	M3539	45	M					CDR Águias Unidas	00:43:17
233	944	LEONEL AMARO	43	M4044	55	M					AA Mafra	00:43:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
234	115	PAULO GONÇALVES	43	M4044	56	M					A Sacavenense	00:43:20
235	757	FRANCISCO SANTOS	48	M4549	27	M					GD Costa Brava	00:43:21
236	758	CARLOS FARIA	60	M6099	14	M					GD Costa Brava	00:43:22
237	774	ANTÓNIO ANJOS FERNANDES	71	M6099	15	M					GD Prof. Farmácia	00:43:23 1
238	111	CARLOS CONCEIÇÃO	43	M4044	57	M					A Sacavenense	00:43:24
239	583	PAULO PAIS	43	M4044	58	M					C Millennium BCP	00:43:30
240	1332	JORGE DURÃES	42	M4044	59	M					Os Zatopeques	00:43:30
241	357	MIGUEL TAVARES	35	M3539	46	M					CA Patameiras	00:43:31
242	85	ELÍSIO COSTA	53	M5054	32	M					CCD CM Loures	00:43:34
243	355	CARLOS FONSECA	39	M3539	47	M					CA Patameiras	00:43:34
244	915	FRANCISCO CARDOSO	53	M5054	33	M					Plumas	00:43:35
245	876	JOSÉ VARELA	34	M1934	50	M					BV Montemor Novo	00:43:36
246	362	HERMÍNIO ALVES	57	M5559	15	M					CA Patameiras	00:43:37
247	929	JOSÉ FERNANDES	54	M5054	34	M					Rest. Faz Figura	00:43:37
248	258	MANUEL SIMÕES	48	M4549	28	M					ADL Apelaconenses	00:43:39
249	421	DAVID FAUSTINO	42	M4044	60	M					Individual	00:43:40
250	1264	JOÃO ALFREDO MARQUES	43	M4044	61	M					GRD Ribeira Lage	00:43:40
251	975	RUI CABRAL	31	M1934	51	M					Individual	00:43:42
252	1133	FRANCISCO GOUVEIA	54	M5054	35	M					A Vale Silêncio	00:43:42
253	466	HAMILTON DIAS	32	M1934	52	M					Hovione	00:43:43
254	908	JOSÉ OLIVEIRA	43	M4044	62	M					GDU Caxienses	00:43:43
255	482	MANUEL FIDALGO	55	M5559	16	M					CCD Efacec	00:43:44
256	677	LEONEL MADRUGA	39	M3539	48	M					Os Santarenos	00:43:48
257	339	ANTÓNIO LOPES	44	M4044	63	M					Valejas AC	00:43:50
258	1376	MAURO PIMENTA	31	M1934	53	M					INDIVIDUAL.	00:43:53
259	1249	JOSÉ LUIS ALVES	43	M4044	64	M					Individual	00:43:55
260	105	ANTÓNIO PEREIRA	58	M5559	17	M					A Sacavenense	00:43:57
261	1224	ANTÓNIO ALMEIDA	44	M4044	65	M					Clube Autocoope	00:43:58
262	1213	CARLOS DUARTE	57	M5559	18	M					NAZ Abóboda	00:43:59
263	1226	CARLOS FERREIRA	51	M5054	36	M					Clube Autocoope	00:43:59
264	404	JOSÉ MANUEL DA COSTA	43	M4044	66	M					Individual	00:44:01
265	778	ANTÓNIO MAMEDE	50	M5054	37	M					Gelpinhos Peniche	00:44:05
266	1132	TIAGO SILVA	18	M0018	1	M					A Vale Silêncio	00:44:06
267	1365	JOSE CORREIA	46	M4549	29	M					GD 1º MAIO AGUALVA	00:44:06
268	512	FERNANDO CARDOSO	60	M6099	16	M					GD Santander Totta	00:44:09
269	666	PEDRO CARVALHO	44	M4044	67	M					Os Santarenos	00:44:15
270	1303	TIAGO MARTINS	27	M1934	54	M					Individual	00:44:15
271	293	PAULO BARREIRA	33	M1934	55	M					ADL Apelaconenses	00:44:16
272	526	FERNANDO PROENÇA	54	M5054	38	M					GDR Pap Fernandes	00:44:16
273	958	FRANCISCO BOLRÃO	51	M5054	39	M					Clube Anacom	00:44:18

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
274	533	ANTÓNIO AUGUSTO MOREIRA	44	M4044	68	M					Individual	00:44:19
275	1377	JOSE GUIA	58	M5559	19	M					SS CGD	00:44:19
276	41	JORGE CORREIA	38	M3539	49	M					ADL Apelaconenses	00:44:20
277	819	JOSÉ MARTINS	40	M4044	69	M					Individual	00:44:22
278	1265	JOSÉ MELO	47	M4549	30	M					GRD Ribeira Lage	00:44:22
279	244	JORGE ALMEIDA	38	M3539	50	M					A Sacavenense	00:44:24
280	39	LUIS DAMIÃO	38	M3539	51	M					ADL Apelaconenses	00:44:26
281	667	PAULO CORREIA	42	M4044	70	M					Os Santarenos	00:44:28 1
282	1244	LUIS OLIVEIRA	38	M3539	52	M					AA Lebres Sado	00:44:29
283	1060	CARLOS FERREIRA	53	M5054	40	M					Individual	00:44:30
284	317	LUIS FERREIRA	27	M1934	56	M					AM BCV Lumiar	00:44:31
285	365	JOAQUIM FRANCISCO	62	M6099	17	M					CA Patameiras	00:44:32
286	373	ANTÓNIO CORREIA	56	M5559	20	M					Lesmas Alopadas	00:44:32
287	580	VITOR GOMES	38	M3539	53	M					C Millennium BCP	00:44:32
288	1194	JOÃO VICENTE	39	M3539	54	M					Os Raspotacho	00:44:34
289	347	JOÃO SEQUEIRA	45	M4549	31	M					CCDT Metro	00:44:39
290	716	FAUSTINO MARQUES SANTOS	54	M5054	41	M					Individual	00:44:41
291	724	PAULO DIAS SANTOS	43	M4044	71	M					CCR Alto Moinho	00:44:41
292	211	EDUARDO MANSO	58	M5559	21	M					CD Olivais Moscavide	00:44:43
293	24	JOSÉ MORAIS	48	M4549	32	M					ADL Apelaconenses	00:44:44
294	681	NEVES SILVA	55	M5559	22	M					C Ferrov Portugal	00:44:45
295	957	FERNANDO GIL	55	M5559	23	M					Individual	00:44:47
296	1124	JOSÉ PEREIRA	61	M6099	18	M					A Vale Silêncio	00:44:50
297	1229	JOAQUIM ARAÚJO	63	M6099	19	M					AA Pego Longo	00:44:51
298	502	JOSÉ GONÇALVES	57	M5559	24	M					GD Santander Totta	00:44:52
299	212	JOÃO RIBEIRO	63	M6099	20	M					CD Olivais Moscavide	00:44:55
300	707	MÁRIO MOURA	54	M5054	42	M					Família Bugalho	00:44:57
301	82	JOSÉ MARQUES	58	M5559	25	M					CCD CM Loures	00:45:00
302	1317	MANUEL ANTUNES	39	M3539	55	M					Individual	00:45:00
303	479	JORGE DUARTE PINHEIRO	41	M4044	72	M					Individual	00:45:01
304	1096	RUI SANTOS	58	M5559	26	M					Os Portelas Palmela	00:45:03
305	1041	LUIS SOARES	41	M4044	73	M					Clube OGMA	00:45:10
306	364	ANTÓNIO MORAIS	55	M5559	27	M					CA Patameiras	00:45:11
307	440	VENÂNCIO BRANCO	48	M4549	33	M					Tecno Spie	00:45:12
308	619	LUIS MIRÃO	32	M1934	57	M					Individual	00:45:13
309	247	FERNANDO MARQUES	58	M5559	28	M					CD Olivais Moscavide	00:45:14
310	674	NUNO MENDÃO	34	M1934	58	M					Os Santarenos	00:45:14
311	448	LUIS NEVES	30	M1934	59	M					Marinhais AC	00:45:16
312	592	SÉRGIO ANJOS	60	M6099	21	M					C Millennium BCP	00:45:17
313	525	LEONEL PIRES	63	M6099	22	M					GDR Pap Fernandes	00:45:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
314	874	ABÍLIO CATARRO	51	M5054	43	M					BV Montemor Novo	00:45:19
315	377	JOSÉ COUTO	56	M5559	29	M					Lesmas Alopadas	00:45:21
316	1105	LUIS GUERREIRO	41	M4044	74	M					HP Amoreiras	00:45:21 1
317	661	HELDER TEIXEIRA	38	M3539	56	M					FF Paz Mundial	00:45:22
318	1013	ANTÓNIO VIEIRA	43	M4044	75	M					CP RTP	00:45:23
319	815	JORGE PACHÃO	39	M3539	57	M					Individual	00:45:25
320	939	FERNANDO PAIXÃO MARQUES	42	M4044	76	M					Individual	00:45:25
321	950	PAULO MARTINS	40	M4044	77	M					Running of D. Maria	00:45:25
322	928	JOSÉ GARRAFÃO	46	M4549	34	M					Individual	00:45:26
323	195	LUIS MIGUEL GALAMBA	43	M4044	78	M					ACR Mealhada	00:45:28
324	153	ANTÓNIO VIEGAS	63	M6099	23	M					GD S. Domingos	00:45:29
325	796	JORGE NUNES	42	M4044	79	M					Individual	00:45:29
326	900	JOÃO ALBERTO SILVA	31	M1934	60	M					Sporting C Casaiños	00:45:30
327	329	BRUNO COELHO	30	M1934	61	M					Valejas AC	00:45:32
328	835	FERNANDO TAVARES	55	M5559	30	M					GD BPI	00:45:33
329	1254	PAULO TEIXEIRA	46	M4549	35	M					Individual	00:45:34
330	520	REINALDO FIGUEIRA	57	M5559	31	M					GD Santander Totta	00:45:35
331	1320	PAULO ROSA	41	M4044	80	M					C Olimpico Oeiras	00:45:35 1
332	1372	FERNANDO SOBRAL	53	M5054	44	M					INDIVIDUAL.	00:45:36
333	784	CARLOS VIOLA	45	M4549	36	M					Gelpinhos Peniche	00:45:37
334	272	SILVÉRIO BRÁS	48	M4549	37	M					ADL Apelaconenses	00:45:38
335	783	MANUEL LOPES	50	M5054	45	M					Gelpinhos Peniche	00:45:38
336	1162	RICARDO LOBO	34	M1934	62	M					Individual	00:45:40
337	1082	HERNÂNI FERNANDES	37	M3539	58	M					Individual	00:45:43
338	1282	JOSÉ RAIMUNDO	48	M4549	38	M					CDR Águias Unidas	00:45:45
339	585	FERNANDO ALMEIDA	40	M4044	81	M					C Millennium BCP	00:45:47
340	1117	FERNANDO AVELINO	48	M4549	39	M					A Vale Silêncio	00:45:49
341	522	JORGE ANTUNES	33	M1934	63	M					GD Santander Totta	00:45:51
342	70	FRANCISCO BANDO	58	M5559	32	M					CCD CM Loures	00:45:52
343	460	JORGE FERREIRA	49	M4549	40	M					Hovione	00:45:52
344	88	LUIS LOURENÇO	43	M4044	82	M					CCD CM Loures	00:45:53
345	319	JOSÉ COSTA	37	M3539	59	M					AM BCV Lumiar	00:45:53 1
346	892	LUIS SILVA DIAS	63	M6099	24	M					Individual	00:45:53
347	225	JOAQUIM SILVÉRIO	63	M6099	25	M					GA Super Estrelas	00:45:54
348	576	EDUARDO FERREIRA	32	M1934	64	M					C Millennium BCP	00:45:55
349	662	ARMINDO SANTOS	47	M4549	41	M					FF Paz Mundial	00:45:55 1
350	729	AURÉLIO FERNANDES	53	M5054	46	M					CCR Alto Moinho	00:45:57
351	721	ANTÓNIO AMIEIRO	39	M3539	60	M					CCR Alto Moinho	00:45:58
352	474	RAFAEL FREITAS	24	M1934	65	M					Horto Ribeiradas	00:46:01
353	1036	JOÃO SIMÕES	44	M4044	83	M					Clube OGMA	00:46:02

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
354	1042	GUALTER FERREIRA	35	M3539	61	M					Clube OGMA	00:46:03
355	589	JOÃO PEREIRA	36	M3539	62	M					C Millennium BCP	00:46:07
356	481	JOSÉ CARVALHO	55	M5559	33	M					CCD Efacec	00:46:12
357	613	ANTÓNIO ALVES SIMÕES	50	M5054	47	M					Individual	00:46:13 1
358	1083	JOÃO MANUEL TOMATAS	37	M3539	63	M					Individual	00:46:14
359	1270	FERNANDO SANTOS	62	M6099	26	M					CP IVA	00:46:15
360	654	TAM AFONSO	55	M5559	34	M					Clube Banif	00:46:16
361	640	FRANCISCO PEREIRA	41	M4044	84	M					Clube Banif	00:46:17
362	649	NUNO ESPÍRITO SANTO	38	M3539	64	M					Clube Banif	00:46:17
363	924	LUIS SERRA	51	M5054	48	M					AM Amoreiras	00:46:17
364	343	FRANCISCO PINHO	52	M5054	49	M					CCDT Metro	00:46:18
365	636	ANDRÉ QUARENTA	37	M3539	65	M					Clube Banif	00:46:18
366	209	GILBERTO MORAIS	53	M5054	50	M					CD Olivais Moscavide	00:46:21
367	870	ANTÓNIO VARELA	42	M4044	85	M					Individual	00:46:21
368	686	MÁRIO FERRO	55	M5559	35	M					C Ferrov Portugal	00:46:22
369	637	ANTÓNIO CARVALHO	53	M5054	51	M					Clube Banif	00:46:23
370	1064	IDALÉCIO BARROS	53	M5054	52	M					Individual	00:46:24
371	620	DAVID GONÇALVES	33	M1934	66	M					Individual	00:46:25
372	1328	ANTÓNIO JÚNIOR	42	M4044	86	M					Individual	00:46:27
373	603	ORLANDO FERREIRA	38	M3539	66	M					C Millennium BCP	00:46:36
374	820	JOAQUIM FRAGOSO	58	M5559	36	M					CCD Casa Pia	00:46:38
375	824	FERNANDO CAEIRO	36	M3539	67	M					CCD Casa Pia	00:46:38
376	556	FERNANDO CARVALHO	67	M6099	27	M					GD Macedo Oculista	00:46:40
377	812	JOÃO CRESPO	45	M4549	42	M					Individual	00:46:40
378	1207	PAULO MAFRA	40	M4044	87	M					NAZ Abóboda	00:46:40
379	1227	AMÉRICO COSTA	53	M5054	53	M					Clube Autocoope	00:46:40 1
380	127	PEDRO MARQUES	43	M4044	88	M					CA Vale Figueira	00:46:43
381	717	EDUARDO MOUTINHO	39	M3539	68	M					Unidos da Expo	00:46:44
382	767	JORGE SIMÕES	26	M1934	67	M					Jorge Simões	00:46:46
383	1250	JOÃO CACELAS	37	M3539	69	M					Individual	00:46:46 1
384	388	JOSÉ SARAIVA	38	M3539	70	M					Individual	00:46:48
385	946	ANGELO PEREIRA	50	M5054	54	M					AA Mafra	00:46:49
386	1183	JOSÉ RODRIGUES	49	M4549	43	M					Individual	00:46:49
387	927	LUIS PAULO	42	M4044	89	M					Individual	00:46:50
388	406	LUIS AMORIM	50	M5054	55	M					NA BDF	00:46:54
389	602	SOBRAL SOUSA	61	M6099	28	M					C Millennium BCP	00:46:57
390	1325	FLORIVAL ANDRADE	59	M5559	37	M					Forno da Cidade	00:46:58
391	332	JOÃO REIS	43	M4044	90	M					Valejas AC	00:46:59
392	1284	JOSÉ SIMÕES	57	M5559	38	M					CDR Águias Unidas	00:47:00
393	683	CARLOS ALVES	51	M5054	56	M					C Ferrov Portugal	00:47:01

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
394	1212	FERNANDO PIRES	56	M5559	39	M					NAZ Abóboda	00:47:02
395	562	JOAQUIM MACEDO	53	M5054	57	M					GD Macedo Oculista	00:47:04
396	588	MANUEL PEREIRA	47	M4549	44	M					C Millennium BCP	00:47:04
397	257	JOSÉ JANELA	48	M4549	45	M					ADL Apelaconenses	00:47:06
398	730	ANTÓNIO PEREIRA	53	M5054	58	M					CCR Alto Moinho	00:47:06
399	76	JOAQUIM ADELINO	58	M5559	40	M					CCD CM Loures	00:47:07
400	439	AMÉRICO COSTA	50	M5054	59	M					Tecno Spie	00:47:08
401	621	PEDRO ANTUNES	32	M1934	68	M					Individual	00:47:08
402	398	RUI RALHA	50	M5054	60	M					Coral	00:47:11
403	1066	DINIS SILVA	48	M4549	46	M					Individual	00:47:12
404	1140	FERNANDO GERALDES	59	M5559	41	M					Casino Lisboa	00:47:12
405	1143	JOSÉ MAN	67	M6099	29	M					Casino Lisboa	00:47:14
406	733	GABRIEL CRUZ	65	M6099	30	M					CCR Alto Moinho	00:47:15
407	834	PAULO ALMEIDA	40	M4044	91	M					GD BPI	00:47:16
408	140	MANUEL JOÃO	63	M6099	31	M					CA Vale Figueira	00:47:17
409	860	CARLOS NABIÇO	44	M4044	92	M					GDCT BES	00:47:18
410	409	VICENTE DIAS	53	M5054	61	M					NA BDF	00:47:19
411	1032	ANTÓNIO BRAZ	37	M3539	71	M					Individual	00:47:20
412	1305	RAZVAN PUTU	26	M1934	69	M					Ana margarida e Cª	00:47:21
413	1275	LUIS MENDES	35	M3539	72	M					CDR Águias Unidas	00:47:22
414	541	LUIS SILVA	45	M4549	47	M					Sportisel	00:47:25
415	760	FERNANDO L. FERNANDES	47	M4549	48	M					Individual	00:47:25
416	990	JAIME GOMES	51	M5054	62	M					SS Montepio Geral	00:47:25
417	1222	JOÃO SANTOS	61	M6099	32	M					NS Lourinhã	00:47:25
418	503	JOÃO ROCHA	56	M5559	42	M					GD Santander Totta	00:47:26
419	878	AGOSTINHO PINTO	52	M5054	63	M					BV Montemor Novo	00:47:26
420	333	SÉRGIO PIRES	31	M1934	70	M					Valejas AC	00:47:27
421	337	JOAQUIM NEIVA	65	M6099	33	M					Valejas AC	00:47:28
422	1195	JOÃO ROXO	36	M3539	73	M					Os Raspotacho	00:47:28
423	1217	JÚLIO MEIRELES	56	M5559	43	M					CCD Mun Cascais	00:47:28
424	884	MIGUEL PINTO	43	M4044	93	M					Sesimbra Mar	00:47:29
425	294	JORGE BARREIRA	63	M6099	34	M					ADL Apelaconenses	00:47:30
426	363	MANUEL CALISTO	56	M5559	44	M					CA Patameiras	00:47:30
427	391	TELMO MARQUES	35	M3539	74	M					Individual	00:47:31
428	844	PAULO PIRES	42	M4044	94	M					SS CGD	00:47:31
429	932	JOSÉ ALVES	58	M5559	45	M					SS CGD	00:47:32
430	805	ANTÓNIO LUIS DELGADO	46	M4549	49	M					Individual	00:47:33
431	715	JORGE GUERREIRO PIRES	53	M5054	64	M					Individual	00:47:35
432	747	ALVARO GINGADO	51	M5054	65	M					AA Lebres Sado	00:47:36
433	1354	AVELINO PEDROSO	43	M4044	95	M					INDIVIDUAL.	00:47:37

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
434	1355	RICARDO PEDROSO	19	M1934	71	M					INDIVIDUAL.	00:47:37
435	331	JOSÉ COELHO	53	M5054	66	M					Valejas AC	00:47:39
436	685	CUSTÓDIO JANUÁRIO	55	M5559	46	M					C Ferrov Portugal	00:47:40
437	1273	CÉSAR GOMES	50	M5054	67	M					CP IVA	00:47:40
438	1280	GONÇALO FRIJA	25	M1934	72	M					CDR Águias Unidas	00:47:40
439	1375	PAULO VERISSIMO	42	M4044	96	M					INDIVIDUAL.	00:47:41
440	1100	URI GRANOT	33	M1934	73	M					Individual	00:47:45
441	644	LUIS MELO	50	M5054	68	M					Clube Banif	00:47:46
442	771	JOÃO FIALHO	37	M3539	75	M					Jorge Simões	00:47:47
443	809	ANTÓNIO J H FERREIRA	49	M4549	50	M					Individual	00:47:47
444	670	ANTÓNIO DUARTE	47	M4549	51	M					Os Santarenos	00:47:49
445	341	CARLOS MOREIRA	55	M5559	47	M					CCDT Metro	00:47:55
446	788	JÚLIO ROBALO	44	M4044	97	M					GD INE	00:47:56
447	1351	LUCILIO ESPINHOSA	32	M1934	74	M					INDIVIDUAL.	00:47:56
448	1040	PAULO MONTEIRO	43	M4044	98	M					Clube OGMA	00:47:58
449	586	AUGUSTO LOURENÇO	46	M4549	52	M					C Millennium BCP	00:47:59
450	601	JORGE SOARES	43	M4044	99	M					C Millennium BCP	00:47:59
451	1058	BRUNO VIEIRA	34	M1934	75	M					Individual	00:48:00
452	1095	HÉLIO SANTOS	37	M3539	76	M					Os Portelas Palmela	00:48:00
453	1004	TIAGO TENENTE	30	M1934	76	M					Individual	00:48:02
454	1298	CARLOS MARINA	34	M1934	77	M					CCD Sintrense	00:48:02
455	763	HENRIQUE ALVAREDO	50	M5054	69	M					C Sargento Armada	00:48:03
456	682	FERNANDO PESTANA	61	M6099	35	M					C Ferrov Portugal	00:48:05
457	156	ANTÓNIO BRITO	58	M5559	48	M					GD S. Domingos	00:48:08
458	761	FERNANDO COLAÇO	29	M1934	78	M					C Sargento Armada	00:48:11
459	996	VITOR RAFAEL	44	M4044	100	M					SS Montepio Geral	00:48:11
460	577	ANTÓNIO PENIM	40	M4044	101	M					C Millennium BCP	00:48:12
461	1241	PEDRO PINTO	56	M5559	49	M					Os Indomáveis	00:48:15
462	1295	CARLOS SOUSA	51	M5054	70	M					Individual	00:48:17
463	746	MANUEL BATISTA	59	M5559	50	M					AA Lebres Sado	00:48:18 1
464	770	JOÃO PEDRO LIMA	31	M1934	79	M					Jorge Simões	00:48:20
465	664	MANUEL ALVES	39	M3539	77	M					FF Paz Mundial	00:48:21
466	623	FRANCISCO PINHEIRO	53	M5054	71	M					GA Monsanto Gascan	00:48:23
467	1215	JOSÉ PEDRO MORAIS	38	M3539	78	M					Individual	00:48:24
468	424	DIOGO ARRAIAS	54	M5054	72	M					Clube Robbialac	00:48:25
469	1220	ANTÓNIO HORTA	54	M5054	73	M					CCD Mun Cascais	00:48:26
470	459	ANTÓNIO MELGÃO	28	M1934	80	M					Hovione	00:48:27
471	1288	DAMIÃO REGA	47	M4549	53	M					Individual	00:48:32
472	832	VASCO SANTOS	49	M4549	54	M					GD BPI	00:48:35
473	478	PEDRO GONÇALVES	53	M5054	74	M					Individual	00:48:36

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
474	265	PAULO REIGADA	43	M4044	102	M					ADL Apelaconenses	00:48:38
475	777	LUIS NUNES	48	M4549	55	M					Gelpinhos Peniche	00:48:38
476	1005	NUNO MIGUEL MARTINS	36	M3539	79	M					Individual	00:48:39
477	1127	MÁRIO SILVA	42	M4044	103	M					A Vale Silêncio	00:48:39
478	312	RUI PIRES	38	M3539	80	M					ADL Apelaconenses	00:48:40
479	775	RAUL CORREIA	43	M4044	104	M					Gelpinhos Peniche	00:48:40
480	779	ANTÓNIO SOUZA	66	M6099	36	M					Gelpinhos Peniche	00:48:40
481	352	MANUEL DANTAS	62	M6099	37	M					CCDT Metro	00:48:44
482	696	RUI VIGOÇO	63	M6099	38	M					JF Portela	00:48:44
483	524	DOMINGOS BARREIROS	70	M6099	39	M					Individual	00:48:47
484	841	ALCIDES NUNES	49	M4549	56	M					Individual	00:48:47
485	1165	FERNANDO DIAS	47	M4549	57	M					Individual	00:48:47
486	1069	JOÃO CAFES	45	M4549	58	M					CA Aqualva	00:48:50
487	1122	JOAQUIM GOMES	60	M6099	40	M					A Vale Silêncio	00:48:51
488	386	PEDRO OLIVEIRA	37	M3539	81	M					Individual	00:48:52
489	890	PAULO FERNANDES	35	M3539	82	M					Individual	00:48:52
490	1017	LUIS REIS	44	M4044	105	M					Individual	00:48:53
491	141	JOSÉ LINDO	63	M6099	41	M					CA Vale Figueira	00:48:55
492	534	JOSÉ FREIRE	52	M5054	75	M					Individual	00:48:55
493	1169	LUIS MIGUEL MARTINS	36	M3539	83	M					Individual	00:48:58
494	1203	JOSÉ SOARES	45	M4549	59	M					Amigos do Benfica	00:49:05
495	626	RUI BORGES	45	M4549	60	M					GA Monsanto Gascan	00:49:06
496	955	EDUARDO BRITO	35	M3539	84	M					Running of D. Maria	00:49:07
497	1294	EDUARDO MORGADO CORREIA	42	M4044	106	M					Individual	00:49:07
498	87	MANUEL TIAGO	63	M6099	42	M					CCD CM Loures	00:49:08
499	1172	MÁRCIO PEREIRA	25	M1934	81	M					Individual	00:49:08
500	977	JOÃO FERREIRA	52	M5054	76	M					Amigos da Flor	00:49:09
501	1324	JOÃO MILHEIRO	48	M4549	61	M					Forno da Cidade	00:49:09
502	376	ALBINO ESTEVES	43	M4044	107	M					Lesmas Alopradas	00:49:10
503	1115	CARLOS GAMELAS	29	M1934	82	M					A Vale Silêncio	00:49:10
504	1174	MÁRIO LOPES	39	M3539	85	M					Individual	00:49:10
505	748	VITOR DE JESUS	42	M4044	108	M					AA Lebres Sado	00:49:11
506	978	MANUEL HORTELÃO	39	M3539	86	M					Amigos da Flor	00:49:11
507	931	EURICO SEMEDO	60	M6099	43	M					SS CGD	00:49:12
508	1321	JORGE PEREZ	47	M4549	62	M					Individual	00:49:14
509	719	PEDRO ANDRADE	35	M3539	87	M					Individual	00:49:15
510	385	CARLOS COELHO	36	M3539	88	M					GarminPrazer Corrida	00:49:16
511	979	GENTIL PEREIRA	34	M1934	83	M					Amigos da Flor	00:49:17
512	593	MÁRIO CAMPOS	59	M5559	51	M					C Millennium BCP	00:49:19
513	598	ANTÓNIO RAMOS	37	M3539	89	M					C Millennium BCP	00:49:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
514	477	PAULO JORGE ALVES	38	M3539	90	M					Individual	00:49:20
515	1155	RUI VIEIRA	38	M3539	91	M					Individual	00:49:26
516	435	DANIEL COLLA	36	M3539	92	M					Individual	00:49:27
517	639	DIOGO FERREIRA	35	M3539	93	M					Clube Banif	00:49:27
518	249	JOSÉ RAPOSO	43	M4044	109	M					Infantado FC	00:49:28
519	1196	PAULO ALEXANDRE SANTOS	37	M3539	94	M					Individual	00:49:29
520	505	MANUEL ROBALO	62	M6099	44	M					GD Santander Totta	00:49:30
521	629	ADOLFO SALAZAR	65	M6099	45	M					CP EDP Lisboa	00:49:31
522	1240	JOSÉ NEVES	56	M5559	52	M					Os Indomáveis	00:49:32
523	1296	AUGUSTO AGUIAR	50	M5054	77	M					CCD Sintrense	00:49:33
524	823	JOSÉ VENÂNCIO	54	M5054	78	M					CCD Casa Pia	00:49:34
525	1306	MARIAN PUTU	27	M1934	84	M					Ana margarida e Cª	00:49:34
526	1159	DOMINGOS GODINHO	39	M3539	95	M					Individual	00:49:35
527	550	PEDRO MONTEIRO	37	M3539	96	M					GD Macedo Oculista	00:49:36
528	813	ALBERTO MARTINHO	44	M4044	110	M					Individual	00:49:36
529	1326	JOSÉ MONTEIRO	60	M6099	46	M					Forno da Cidade	00:49:36
530	656	JOSÉ CANHOTO	59	M5559	53	M					AC Porto Salvo	00:49:37
531	1352	LUIS BATISTA	32	M1934	85	M					SL BENFICA	00:49:37
532	657	NELSON CANHOTO	35	M3539	97	M					AC Porto Salvo	00:49:38
533	1098	VITOR REVEZ	58	M5559	54	M					Serralharia Amarel	00:49:39
534	490	JOSÉ CORREIA	29	M1934	86	M					CCD Efacec	00:49:40
535	498	SALVADOR AFONSO	54	M5054	79	M					GD Santander Totta	00:49:42
536	523	AUGUSTO FERREIRA	59	M5559	55	M					Individual	00:49:46
537	414	JOÃO CARLOS BORGES	40	M4044	111	M					Individual	00:49:47
538	1102	LUIS FILIPE CARVALHO	34	M1934	87	M					HP Amoreiras	00:49:48
539	473	EDMUNDO LOURENÇO	29	M1934	88	M					Horto Ribeiradas	00:49:50
540	956	JORGE PINTO	32	M1934	89	M					Running of D. Maria	00:49:50
541	1063	MÁRIO SANTOS	41	M4044	112	M					Individual	00:49:51
542	1238	ANTÓNIO CASTANHEIRA	65	M6099	47	M					Os Indomáveis	00:49:52
543	1201	FERNANDO SANTOS	55	M5559	56	M					Amigos do Benfica	00:49:55
544	40	FRANCISCO BRANCO	63	M6099	48	M					ADL Apelaconenses	00:49:56
545	304	PAULO JULIÃO	43	M4044	113	M					GA Super Estrelas	00:50:01
546	305	JOÃO PEREIRA	48	M4549	63	M					GA Super Estrelas	00:50:01
547	695	MIGUEL CHARRUA	65	M6099	49	M					JF Portela	00:50:03
548	921	ANTÓNIO MARQUES	52	M5054	80	M					GD INE	00:50:05
549	493	VITOR MORAIS	49	M4549	64	M					Individual	00:50:06
550	234	JÚLIO ROBALO	43	M4044	114	M					ADL Apelaconenses	00:50:07
551	1112	MANUEL CARMO GOMES	50	M5054	81	M					Individual	00:50:10
552	1291	LUIS DE BARROS	37	M3539	98	M					Individual	00:50:11
553	413	JOSÉ MAGALHÃES	40	M4044	115	M					Individual	00:50:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
554	1012	MANUEL NORTE	40	M4044	116	M					Individual	00:50:12
555	1366	DIAMANTINO PINHEIRO	52	M5054	82	M					INDIVIDUAL.	00:50:13
556	1130	PAULO PORTUGAL	43	M4044	117	M					A Vale Silêncio	00:50:16
557	268	RENE CARLOS	33	M1934	90	M					CCD CM Loures	00:50:20
558	401	JORGE MORGADO	46	M4549	65	M					Individual	00:50:22
559	806	HORÁCIO CRUZ	43	M4044	118	M					Individual	00:50:22
560	739	JOÃO CENTENO	38	M3539	99	M					Pernas Longas	00:50:25
561	1248	VIRGILIO FERRAZ	59	M5559	57	M					Falcões do Chile	00:50:26
562	551	ANTÓNIO COSTA	66	M6099	50	M					GD Macedo Oculista	00:50:27
563	91	ANTÓNIO CAÇADOR	53	M5054	83	M					CCD CM Loures	00:50:29
564	1141	MANUEL SILVA PEREIRA	58	M5559	58	M					Casino Lisboa	00:50:31
565	1225	JOSÉ DIAS	50	M5054	84	M					Clube Autocoope	00:50:33
566	499	JOSÉ MARÇAL	51	M5054	85	M					GD Santander Totta	00:50:35
567	668	MANUEL FIDALGO	59	M5559	59	M					Os Santarenos	00:50:35
568	1089	FERNANDO NUNES SANTOS	28	M1934	91	M					Individual	00:50:36
569	1340	FILIPE PEDRO	57	M5559	60	M					Os Zatopeques	00:50:37
570	827	CARLOS ANDRADE	36	M3539	100	M					CCD Casa Pia	00:50:38
571	1094	GONÇALO FERREIRA	35	M3539	101	M					GD INE	00:50:38
572	538	LUCIANO ASSUNÇÃO	63	M6099	51	M					Sportisel	00:50:40
573	1346	MIGUEL BASTOS	43	M4044	119	M					GD INE	00:50:40
574	889	JOSÉ EDUARDO FACHADA	56	M5559	61	M					Individual	00:50:41
575	394	ANTÓNIO P GONÇALVES	46	M4549	66	M					Individual	00:50:42
576	432	PAULO SILVA	33	M1934	92	M					Atlético SJ Lampas	00:50:42
577	145	ADRIANO SILVA	58	M5559	62	M					ARCD Bº Santiago	00:50:43
578	610	ANTÓNIO MELO	66	M6099	52	M					C Millennium BCP	00:50:43
579	622	MARCO SANTOS	31	M1934	93	M					Individual	00:50:45
580	34	JOSÉ CARDOSO	53	M5054	86	M					ADL Apelaconenses	00:50:48
581	1035	ALEXANDRE CORREIA	30	M1934	94	M					CCDT Aut Almada	00:50:49
582	72	JORGE JESUS	58	M5559	63	M					CCD CM Loures	00:50:51
583	1187	ALEXANDRE JOAQUIM	32	M1934	95	M					Individual	00:50:53
584	229	ANTÓNIO CABRAL	53	M5054	87	M					ADL Apelaconenses	00:50:54
585	1119	FRANCISCO OLIVEIRA	52	M5054	88	M					A Vale Silêncio	00:50:56
586	638	ANTÓNIO JORGE	53	M5054	89	M					Clube Banif	00:50:57
587	687	MARTINS BARATA	64	M6099	53	M					C Ferrov Portugal	00:50:57
588	969	RAUL GRILO	49	M4549	67	M					Individual	00:50:57
589	999	ANTÓNIO GUEDES	37	M3539	102	M					Clube Banif	00:50:57
590	198	RICARDO ZENIDA	33	M1934	96	M					ACR Mealhada	00:50:58
591	452	LUIS ALVES	41	M4044	120	M					AD Real Academia	00:50:58 1
592	970	ROGÉRIO FOLGADO	45	M4549	68	M					Individual	00:50:58
593	1158	MIGUEL MONTEIRO	29	M1934	97	M					Individual	00:51:00

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
594	701	RAFAEL FRANCO	42	M4044	121	M					Individual	00:51:09
595	968	ARQUÍMINIO NUNES	52	M5054	90	M					Individual	00:51:10
596	1016	FERNANDO ANTUNES	30	M1934	98	M					Individual	00:51:11
597	953	MIGUEL TEIXEIRA	29	M1934	99	M					Running of D. Maria	00:51:12
598	1106	LUIS ABREU	39	M3539	103	M					HP Amoreiras	00:51:14
599	92	JOÃO MAIO	33	M1934	100	M					A Sacavenense	00:51:15
600	1271	RUFINO CÉSAR	52	M5054	91	M					CP IVA	00:51:15
601	814	SERAFIM GONÇALVES	54	M5054	92	M					Individual	00:51:17
602	262	JOSÉ FERNANDES	43	M4044	122	M					ADL Apelaconenses	00:51:19
603	734	JOSÉ REIS RAMOS	66	M6099	54	M					CCR Alto Moinho	00:51:23
604	810	RAFAEL SANTOS	35	M3539	104	M					Individual	00:51:26
605	933	ALVARO FURTADO	49	M4549	69	M					SS CGD	00:51:26
606	893	ZACARIAS ALVES	47	M4549	70	M					NA Papagaios Cascais	00:51:28
607	616	PAULO LAPAO	42	M4044	123	M					Individual	00:51:29
608	1031	ARTUR LOPES FERREIRA	57	M5559	64	M					Individual	00:51:35
609	1108	AUGUSTO CARIA	55	M5559	65	M					Individual	00:51:35
610	838	FERNANDO FACHADAS	57	M5559	66	M					GD BPI	00:51:36
611	1210	ANTÓNIO DUARTE	52	M5054	93	M					NAZ Abóboda	00:51:40
612	1237	ANTÓNIO CARVALHO CRUZ	52	M5054	94	M					Os Indomáveis	00:51:40
613	213	JEREMIAS RIBEIRO	63	M6099	55	M					CD Olivais Moscavide	00:51:43
614	793	JOSÉ MALÉS	54	M5054	95	M					Individual	00:51:44
615	591	PAULO REBOCHO	43	M4044	124	M					C Millennium BCP	00:51:45
616	1246	JOSÉ CARNEIRO ALVES	59	M5559	67	M					Individual	00:51:47 1
617	1163	ANÍBAL FERNANDES	40	M4044	125	M					Individual	00:51:49
618	845	LUIS BOTTO	50	M5054	96	M					SS CGD	00:51:53
619	411	MÁRIO SILVA	46	M4549	71	M					Georunners	00:51:55
620	455	JOSÉ M D LOPES	54	M5054	97	M					Individual	00:51:55
621	1157	SÉRGIO MOITA	38	M3539	105	M					Individual	00:51:55 1
622	983	MIGUEL CASTELA	37	M3539	106	M					Individual	00:51:56
623	920	JOSÉ MAGALHÃES	54	M5054	98	M					GD INE	00:51:58
624	374	LUIS SANTOS	41	M4044	126	M					Lesmas Alopradas	00:52:00
625	941	JOSÉ A C SANTOS	47	M4549	72	M					Pés Chatos	00:52:01
626	106	CARLOS PEREIRA	58	M5559	68	M					A Sacavenense	00:52:02
627	781	FERNANDO FRANCISCO	64	M6099	56	M					Gelpinhos Peniche	00:52:06
628	1304	ORLANDO FONTAN	39	M3539	107	M					Individual	00:52:13
629	797	PAULO NUNES	35	M3539	108	M					Individual	00:52:14
630	851	CARLOS ALBANO	36	M3539	109	M					SS CGD	00:52:14
631	494	ANTÓNIO PEREIRA	43	M4044	127	M					GD Santander Totta	00:52:15
632	531	JOÃO MARIA	43	M4044	128	M					Clube Anacom	00:52:16
633	403	PAULO DINIS	29	M1934	101	M					Individual	00:52:17

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
634	916	NUNO SILVA	53	M5054	99	M					GD INE	00:52:17
635	799	ANTÓNIO BATISTA	18	M0018	2	M					GD Deustch Bank	00:52:18
636	988	JOÃO COSTA	55	M5559	69	M					Individual	00:52:21
637	1274	VALDEMAR PEREIRA	57	M5559	70	M					Individual	00:52:22
638	938	JOSÉ HORTA	60	M6099	57	M					Inseparáveis Almada	00:52:23
639	1067	LUIS ALMEIDA	29	M1934	102	M					GUP Gralhas	00:52:23
640	646	MICHEL PRATAS	37	M3539	110	M					Clube Banif	00:52:25
641	960	ANTÓNIO FREIRE	59	M5559	71	M					Os Amigalhaços	00:52:25
642	971	RUI CHAVES	44	M4044	129	M					Quiosque Mirante	00:52:28
643	1269	JOSÉ ALTINO SILVA	63	M6099	58	M					CP IVA	00:52:28
644	47	JOSÉ MENDES	63	M6099	59	M					ADL Apelaconenses	00:52:29
645	787	MANUEL SIMÕES	53	M5054	100	M					GDCT IN Casa Moeda	00:52:31
646	1307	ANDREI PUTU	21	M1934	103	M					Ana margarida e Cª	00:52:34
647	967	FERNANDO ANJOS FARIA	28	M1934	104	M					Individual	00:52:35
648	1059	LUIS FELIPE LOPES	37	M3539	111	M					Individual	00:52:38
649	930	NUNO PRATES	37	M3539	112	M					Individual	00:52:39
650	1230	ANTÓNIO MOURA	51	M5054	101	M					AA Pego Longo	00:52:40
651	624	CONSTÂNCIO ALMEIDA	48	M4549	73	M					GA Monsanto Gascan	00:52:41
652	672	MANUEL VIDIGUEIRA	45	M4549	74	M					Os Santarenos	00:52:42
653	1065	PEDRO MATIAS	54	M5054	102	M					Individual	00:52:44
654	372	JOÃO MENDES	33	M1934	105	M					CR Santomen Emp	00:52:46
655	1323	PAULO PIRES	43	M4044	130	M					Clube OGMA	00:52:46 1
656	1034	BRUNO COSTA	30	M1934	106	M					CCDT Aut Almada	00:52:48
657	1236	ANTÓNIO JOSÉ DA SILVA	52	M5054	103	M					Os Indomáveis	00:52:50
658	1242	JERÓNIMO DOS SANTOS	62	M6099	60	M					Os Indomáveis	00:52:50
659	702	JOSÉ GONÇALVES	65	M6099	61	M					Meridianos	00:52:51
660	703	JORGE GONÇALVES	30	M1934	107	M					Meridianos	00:52:51
661	917	NUNO ROMÃO	40	M4044	131	M					GD INE	00:52:51
662	804	DOMINGOS MELÃO MARTINS	53	M5054	104	M					Individual	00:52:53
663	842	LUIS FERNANDO GARCIA	65	M6099	62	M					Individual	00:52:53
664	1283	JOSÉ SANTOS	49	M4549	75	M					CDR Águias Unidas	00:52:54
665	972	MANUEL FERREIRA	61	M6099	63	M					Quiosque Mirante	00:52:55
666	1018	JORGE NEVES	39	M3539	113	M					Individual	00:52:56
667	1011	NELSON PIRES	33	M1934	108	M					CC Corval	00:52:58
668	163	JOSÉ LUIS	53	M5054	105	M					GD S. Domingos	00:53:02
669	1219	ANTÓNIO JOSÉ TAVARES	44	M4044	132	M					CCD Mun Cascais	00:53:03
670	487	FERNANDO MAGALHÃES	51	M5054	106	M					CCD Efacec	00:53:05
671	768	RICARDO SILVA	26	M1934	109	M					Jorge Simões	00:53:06
672	1053	JOÃO FREIRE	42	M4044	133	M					GDCT IN Casa Moeda	00:53:06
673	224	DINIS SOUSA	63	M6099	64	M					GA Super Estrelas	00:53:07

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
674	37	DOMINGOS PENEDO	53	M5054	107	M					ADL Apelaconenses	00:53:14
675	918	CARLOS DIAS	48	M4549	76	M					GD INE	00:53:14
676	1070	JOSÉ RICARDO	54	M5054	108	M					CA Aqualva	00:53:14
677	1071	RAMIRO GUEDES	53	M5054	109	M					CA Aqualva	00:53:14 1
678	456	FÁBIO DIAS	36	M3539	114	M					Hovione	00:53:16
679	1299	MANUEL C MENDES	56	M5559	72	M					Individual	00:53:16
680	208	LUIS ANTUNES	53	M5054	110	M					CD Olivais Moscavide	00:53:18
681	574	FERNANDO RODRIGUES	43	M4044	134	M					C Millennium BCP	00:53:19
682	1335	JOSÉ MORAIS	46	M4549	77	M					Os Zatopeques	00:53:19
683	989	JOÃO SANTOS	45	M4549	78	M					Individual	00:53:20
684	1278	JOSÉ FREITAS	43	M4044	135	M					CDR Águias Unidas	00:53:20
685	1118	FERNANDO LOPES	49	M4549	79	M					A Vale Silêncio	00:53:23
686	303	JOÃO MARQUES	33	M1934	110	M					GA Super Estrelas	00:53:24
687	445	NASCIMENTO COSTA	64	M6099	65	M					GA Os Matulões	00:53:25
688	451	JORGE ESTEVES	43	M4044	136	M					AD Real Academia	00:53:26
689	1138	ALFREDO MONTEIRO	58	M5559	73	M					Casino Lisboa	00:53:28
690	540	SERAFIM MADUREIRA	59	M5559	74	M					Sportisel	00:53:32
691	1145	MÁRIO PIRES	59	M5559	75	M					Individual	00:53:33
692	1314	MÁRIO BARRADA	55	M5559	76	M					Individual	00:53:33
693	558	INÁCIO GONÇALVES	56	M5559	77	M					GD Macedo Oculista	00:53:35
694	833	RENATO SANTOS	39	M3539	115	M					GD BPI	00:53:38
695	489	PAULO SANTOS	39	M3539	116	M					CCD Efacec	00:53:39 1
696	628	CARLOS OLIVEIRA	57	M5559	78	M					CP EDP Lisboa	00:53:39
697	345	JOÃO CONSTANTINO	61	M6099	66	M					CCDT Metro	00:53:40
698	476	MÁRIO FERREIRA	26	M1934	111	M					Horto Ribeiradas	00:53:40
699	457	MIGUEL CANSADO	37	M3539	117	M					Hovione	00:53:45
700	1166	PEDRO FERREIRA	33	M1934	112	M					Postura	00:53:47
701	1167	JOSÉ DIAS	31	M1934	113	M					Postura	00:53:48
702	1204	JOSÉ LUIS SOARES	19	M1934	114	M					Amigos do Benfica	00:53:52
703	461	CARLOS ALBERTO DIAS	52	M5054	111	M					Hovione	00:53:53
704	597	RUI RODRIGUES	39	M3539	118	M					C Millennium BCP	00:53:53
705	766	ALCINDO PACHECO	60	M6099	67	M					C Sargento Armada	00:53:53
706	740	PAULO EDSON	38	M3539	119	M					Pernas Longas	00:53:55
707	492	JOÃO RAMOS	29	M1934	115	M					CCD Efacec	00:53:57
708	872	CARLOS RAMOS	44	M4044	137	M					Individual	00:54:02
709	984	JOÃO CUNHA	35	M3539	120	M					Individual	00:54:02
710	949	JORGE FERREIRA	43	M4044	138	M					Running of D. Maria	00:54:05
711	861	JOÃO SIMÕES	54	M5054	112	M					GDCT BES	00:54:09
712	1088	RUI PRATA	38	M3539	121	M					Pernas Longas	00:54:11 1
713	828	MANUEL CASALTA	57	M5559	79	M					Individual	00:54:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
714	504	JOSÉ RIBEIRO	63	M6099	68	M					GD Santander Totta	00:54:16
715	48	JOSÉ PEREIRA	63	M6099	69	M					ADL Apelaconenses	00:54:17
716	675	ANTÓNIO VERDUGO	47	M4549	80	M					Os Santarenos	00:54:17
717	676	ANTÓNIO REBELO	45	M4549	81	M					Os Santarenos	00:54:17
718	1057	JOSÉ PAULO BERGA	44	M4044	139	M					Individual	00:54:17
719	800	JOAQUIM CORREIA	47	M4549	82	M					GD Deustch Bank	00:54:18
720	1368	MANUEL AUGUSTO SANTOS	64	M6099	70	M					INDIVIDUAL.	00:54:20
721	340	ALÍPIO OLIVEIRA	47	M4549	83	M					CCDT Metro	00:54:21
722	497	JOSÉ BUGALHO	59	M5559	80	M					GD Santander Totta	00:54:21
723	798	JOAQUIM BATISTA	51	M5054	113	M					GD Deustch Bank	00:54:22
724	1135	JOSÉ MARTINS SANTOS	57	M5559	81	M					Casino Lisboa	00:54:23
725	1136	MANUEL BARTOLOMEU	53	M5054	114	M					Casino Lisboa	00:54:23
726	1137	JORGE PEREIRA FERREIRA	54	M5054	115	M					Casino Lisboa	00:54:23
727	368	ANTÓNIO FERNANDES	54	M5054	116	M					Os Pratas AF	00:54:27
728	559	JOAO VEIGA	59	M5559	82	M					GD Macedo Oculista	00:54:27
729	894	JOÃO DURÃO	57	M5559	83	M					NA Papagaios Cascais	00:54:27
730	898	SÉRGIO DANIEL	65	M6099	71	M					NA Papagaios Cascais	00:54:27
731	786	JOSÉ ABREU	60	M6099	72	M					GDCT IN Casa Moeda	00:54:31
732	829	ALBERTO SANTOS	51	M5054	117	M					GD BPI	00:54:32
733	467	NUNO REIS VENTURA	35	M3539	122	M					SMO Progresso	00:54:35
734	625	LUIS ANTUNES	46	M4549	84	M					GA Monsanto Gascan	00:54:35
735	1052	DUARTE GONÇALVES	49	M4549	85	M					Colmeia Coop.	00:54:36
736	1378	ARTUR GIL MARCELINO	68	M6099	73	M					INDIVIDUAL.	00:54:38
737	952	TIAGO PIRES	19	M1934	116	M					Running of D. Maria	00:54:41
738	434	LUIS MARQUES COSTA	68	M6099	74	M					Individual	00:54:46
739	859	ANTÓNIO BARATA	31	M1934	117	M					GDCT BES	00:54:47
740	846	ANDRÉ NORONHA	43	M4044	140	M					SS CGD	00:54:48
741	863	JOSÉ SANTOS	60	M6099	75	M					GDCT BES	00:54:48
742	1045	VITOR ROQUETE COSTA	46	M4549	86	M					Individual	00:54:51
743	1177	MÁRIO GONÇALVES	60	M6099	76	M					Amigos Parque Paz	00:54:53
744	1178	LUIS ALVES	60	M6099	77	M					Amigos Parque Paz	00:54:53
745	1176	JORGE VIEGAS	51	M5054	118	M					Individual	00:54:55
746	1107	MANUEL CORREIA	35	M3539	123	M					HP Amoreiras	00:54:56
747	245	PAULO TAVARES	38	M3539	124	M					A Sacavenense	00:54:57
748	871	EBERHARD WILHELM	60	M6099	78	M					Individual	00:54:57
749	852	JOAQUIM GABRIEL	62	M6099	79	M					SS CGD	00:54:59
750	1383	EDUARDO ANTUNES	30	M1934	118	M					INDIVIDUAL.	00:55:03
751	596	BILA RODRIGUES	52	M5054	119	M					C Millennium BCP	00:55:04
752	575	HUMBERTO FERREIRA	61	M6099	80	M					C Millennium BCP	00:55:13
753	594	LEONEL FERREIRINHA	60	M6099	81	M					C Millennium BCP	00:55:20

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
754	485	ADELINO CASTRO	56	M5559	84	M					CCD Efacec	00:55:23
755	130	FERNANDO CIPRIANO	48	M4549	87	M					CA Vale Figueira	00:55:31
756	615	LUIS VICENTE BARROSO	49	M4549	88	M					Individual	00:55:32
757	940	MANUEL VIEIRA SIMÕES	59	M5559	85	M					Individual	00:55:34
758	617	CARLOS VARELA	41	M4044	141	M					Individual	00:55:43
759	857	PAULO NUNES	39	M3539	125	M					SS CGD	00:55:47
760	342	FRANCISCO GONÇALVES	41	M4044	142	M					CCDT Metro	00:55:50
761	1363	HENRIQUE GOMES	28	M1934	119	M					INDIVIDUAL.	00:55:51
762	260	ANTÓNIO MESQUITA	43	M4044	143	M					ADL Apelaconenses	00:55:55
763	1289	RUI ANTÓNIO BARROSO	48	M4549	89	M					Individual	00:55:58
764	437	MANUEL GODINHO NUNES	62	M6099	82	M					Individual	00:56:01
765	688	MIGUEL BARATA	35	M3539	126	M					C Ferrov Portugal	00:56:02
766	80	FERNANDO PEREIRA	63	M6099	83	M					CCD CM Loures	00:56:04
767	1329	LUIS MIGUENS	34	M1934	120	M					Os Zatopeques	00:56:08
768	463	CARLOS NATÁRIO	42	M4044	144	M					Hovione	00:56:11
769	545	JORGE JANELA	20	M1934	121	M					Sportisel	00:56:12
770	528	ROGÉRIO PINA	54	M5054	120	M					Clube Anacom	00:56:16
771	1168	ANTÓNIO MANUEL ALMEIDA	43	M4044	145	M					Individual	00:56:16
772	697	RUI RAPOSO	44	M4044	146	M					JF Portela	00:56:18
773	349	JOSÉ PIRES	52	M5054	121	M					CCDT Metro	00:56:23
774	769	RICARDO ZENIDA	33	M1934	122	M					Jorge Simões	00:56:23
775	785	ANTÓNIO NASCIMENTO	67	M6099	84	M					GDCT IN Casa Moeda	00:56:26
776	1101	ELSA CARDOSO	37	M3539	127	M					HP Amoreiras	00:56:28
777	1337	PHELIM O'KANE	50	M5054	122	M					Os Zatopeques	00:56:29
778	709	NUNO MARQUES	31	M1934	123	M					Família Bugalho	00:56:30
779	539	MÁRIO PINA	65	M6099	85	M					Sportisel	00:56:34
780	1347	ANTONIO PORTUGAL	42	M4044	147	M					GD INE	00:56:35
781	395	JOÃO RALHA	48	M4549	90	M					Coral	00:56:39
782	1184	JOAQUIM CARPELHO	59	M5559	86	M					CCD EPUL	00:56:43
783	1260	PAULO CUNHA	46	M4549	91	M					Power Performance	00:56:44
784	1084	JOSÉ JESUS CAIXEIRO	64	M6099	86	M					Individual	00:56:45
785	1261	LUIS PINHÃO	52	M5054	123	M					Power Performance	00:56:45
786	427	JOAQUIM CARVALHO LOPES	59	M5559	87	M					Individual	00:56:52
787	419	JOÃO PEDRO VENTURA	38	M3539	128	M					Individual	00:56:53
788	745	FILINTO GROSSO	61	M6099	87	M					AA Lebres Sado	00:56:57
789	426	JOSÉ VILELA	43	M4044	148	M					Clube Robbialac	00:57:02
790	582	LEONEL BRANDÃO	40	M4044	149	M					C Millennium BCP	00:57:03
791	790	MÁRIO ANTÓNIO RODRIGUES	54	M5054	124	M					Gatos Fedorentos	00:57:08
792	1139	ANTÓNIO GIL SILVA	50	M5054	125	M					Casino Lisboa	00:57:11
793	901	EDUARDO PINHEIRO	43	M4044	150	M					Individual	00:57:13

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
794	438	FERNANDO MONTEIRO AZEVEDO	43	M4044	151	M					Individual	00:57:14
795	1243	ANTÓNIO FOLGADO	55	M5559	88	M					Os Indomáveis	00:57:14
796	937	JOSÉ BARREIROS	62	M6099	88	M					Inseparáveis Almada	00:57:17
797	201	JOSÉ SANTOS	58	M5559	89	M					ACR Mealhada	00:57:18
798	936	MANUEL MARTINS	65	M6099	89	M					Inseparáveis Almada	00:57:19
799	1381	CARLOS RODA	30	M1934	124	M					INDIVIDUAL.	00:57:19
800	313	ARMINDO CARDOSO	48	M4549	92	M					CA Vale Figueira	00:57:22
801	486	MANUEL GOMES	63	M6099	90	M					CCD Efacec	00:57:23
802	1287	ARMANDO ANDRADE	63	M6099	91	M					CDR Águias Unidas	00:57:23
803	79	JOÃO RAMOS	63	M6099	92	M					CCD CM Loures	00:57:27
804	1353	JOAQUIM LIMA	64	M6099	93	M					GDU CAXIENSES.	00:57:28
805	607	RODOLFO LIMA	41	M4044	152	M					C Millennium BCP	00:57:40
806	1369	JOAQUIM MATOS	58	M5559	90	M					INDIVIDUAL.	00:57:41
807	821	NELSON FRAGOSO	35	M3539	129	M					CCD Casa Pia	00:57:42
808	443	FERNANDO BRANCO	59	M5559	91	M					CCD O Alvitejo	00:57:44
809	1039	JOSÉ LEVEZINHO	35	M3539	130	M					Clube OGMA	00:57:47
810	822	GONÇALO FRAGOSO	24	M1934	125	M					CCD Casa Pia	00:57:50
811	197	NUNO OLIVEIRA	33	M1934	126	M					ACR Mealhada	00:58:00
812	919	JOSÉ PAULO	42	M4044	153	M					GD INE	00:58:02
813	1038	JOSÉ OLIVEIRA	42	M4044	154	M					Clube OGMA	00:58:04 1
814	1037	JOÃO QUITALO	56	M5559	92	M					Clube OGMA	00:58:06
815	1345	JACINTO GODINHO	44	M4044	155	M					INDIVIDUAL.	00:58:12
816	1081	JOÃO M C GOMES	57	M5559	93	M					Individual	00:58:14
817	444	ARMANDO LUIS	62	M6099	94	M					GA Os Matulões	00:58:16 1
818	1114	RUI VAZ	31	M1934	127	M					Individual	00:58:19
819	635	ÁLVARO SANTOS	52	M5054	126	M					Clube Banif	00:58:25
820	818	JOSÉ BARATA	69	M6099	95	M					Individual	00:58:27
821	537	JOSÉ HENRIQUES	58	M5559	94	M					Individual	00:58:29
822	154	FERNANDO GUERREIRO	63	M6099	96	M					GD S. Domingos	00:58:31
823	33	AGOSTINHO TORRES	48	M4549	93	M					ADL Apelaconenses	00:58:35
824	869	LUIS GÓIS	53	M5054	127	M					CCD Seg. Social	00:58:40
825	772	LUIS PAISANA	34	M1934	128	M					Individual	00:58:42
826	914	ANTÓNIO PIÇARRA	59	M5559	95	M					Plumas	00:58:43
827	1341	VITOR BELARMINO COSTA	45	M4549	94	M					Individual	00:58:46
828	974	FERNANDO MADEIRA	59	M5559	96	M					Quiosque Mirante	00:58:50
829	422	RICARDO RODRIGUES	25	M1934	129	M					Individual	00:58:52
830	855	PAULO BAILÃO	37	M3539	131	M					SS CGD	00:58:53
831	1054	VASCO FERREIRA	32	M1934	130	M					GDCT IN Casa Moeda	00:58:55
832	836	CARLOS RODA	48	M4549	95	M					GD BPI	00:59:01
833	344	GUALDINO FREIRE	62	M6099	97	M					CCDT Metro	00:59:08

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
834	792	SÉRGIO CARVALHO	27	M1934	131	M					Gatos Fedorentos	00:59:09
835	1020	CARLOS AMBRÓSSIO	52	M5054	128	M					Clube Stress	00:59:12
836	1033	VASCO MOREIRA DA SILVA	41	M4044	156	M					Individual	00:59:12
837	542	PAULO ASSUNÇÃO	37	M3539	132	M					Sportisel	00:59:17
838	543	PEDRO ASSUNÇÃO	31	M1934	132	M					Sportisel	00:59:18
839	811	JORGE MARTINHO	40	M4044	157	M					Individual	00:59:19
840	1338	JOSÉ MAIO	55	M5559	97	M					Os Zatopeques	00:59:23
841	1339	RUI ALBERTO	57	M5559	98	M					Os Zatopeques	00:59:24
842	412	JOSÉ MANUEL SIMÕES	52	M5054	129	M					Georunners	00:59:25
843	416	JOSÉ AVELINO MARTINS	40	M4044	158	M					Individual	00:59:40
844	382	EDUARDO PROENÇA	35	M3539	133	M					Individual	00:59:43
845	645	LUIS NEVES	34	M1934	133	M					Clube Banif	00:59:47
846	483	ANTÓNIO LOPES	58	M5559	99	M					CCD Efacec	01:00:01
847	484	RICARDO SEPULVEDA	29	M1934	134	M					CCD Efacec	01:00:02
848	973	CARLOS SEQUEIRA	45	M4549	96	M					Quiosque Mirante	01:00:04
849	328	CARLOS CRESPO	46	M4549	97	M					Valejas AC	01:00:08
850	330	JORGE COELHO	43	M4044	159	M					Valejas AC	01:00:09
851	862	JORGE PEREIRA	53	M5054	130	M					GDCT BES	01:00:10
852	962	HORÁCIO COSTA	53	M5054	131	M					Os Amigalhaços	01:00:12
853	712	PAULO VASCONCELOS	40	M4044	160	M					Individual	01:00:37
854	642	JOÃO SERRA	36	M3539	134	M					Clube Banif	01:00:45
855	1384	PAULO AMORIM	43	M4044	161	M					INDIVIDUAL.	01:00:45
856	261	DOMINGOS CARNEIRO	33	M1934	135	M					ADL Apelaconenses	01:00:56
857	1312	ROGÉRIO FALCÃO	40	M4044	162	M					Individual	01:00:58
858	831	PAULO GODINHO	41	M4044	163	M					GD BPI	01:01:00
859	825	ANTÓNIO VALENTE	33	M1934	136	M					CCD Casa Pia	01:01:08
860	264	CARLOS OLIVEIRA	53	M5054	132	M					ADL Apelaconenses	01:01:10
861	1120	HERNÂNI MONTEIRO	47	M4549	98	M					A Vale Silêncio	01:01:13
862	1182	CARLOS CALVINO	38	M3539	135	M					Individual	01:01:19
863	135	ANTÓNIO MOURA	53	M5054	133	M					CA Vale Figueira	01:01:20
864	913	JOSÉ SAFARA	51	M5054	134	M					Plumas	01:01:21
865	496	LUIS SILVA	66	M6099	98	M					GD Santander Totta	01:01:27
866	513	JOÃO SAMORA	65	M6099	99	M					GD Santander Totta	01:01:27
867	501	CARLOS TAVARES	66	M6099	100	M					GD Santander Totta	01:01:28
868	446	RAUL HENRIQUES	73	M6099	101	M					GA Os Matulões	01:01:31
869	1190	PEDRO IVO GARCÊS	28	M1934	137	M					Individual	01:01:33
870	296	TIAGO SANTOS	33	M1934	138	M					A Sacavenense	01:01:34
871	535	VITOR FREIRE	44	M4044	164	M					Individual	01:01:38
872	1189	JOÃO EDUARDO CARVALHO	58	M5559	100	M					Individual	01:01:51
873	527	JOSÉ PEREIRA	56	M5559	101	M					GDR Pap Fernandes	01:01:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
874	612	LUIS NABAIS	45	M4549	99	M					Trio - C Triatlo Olivais	01:02:00
875	126	MANUEL CHINITA	43	M4044	165	M					CA Vale Figueira	01:02:06
876	706	PAULO FIGUEIREDO	29	M1934	139	M					Individual	01:02:06
877	795	BRUNO MALÉS	26	M1934	140	M					Individual	01:02:14
878	854	LUIS SANTARÉM	52	M5054	135	M					SS CGD	01:02:15
879	348	JORGE CHAGAS	41	M4044	166	M					CCDT Metro	01:02:23
880	336	ALBINO NEIVA	62	M6099	102	M					Valejas AC	01:02:34
881	408	ANTÓNIO MORGADO	57	M5559	102	M					NA BDF	01:02:35
882	961	JOSÉ A. ROSA	52	M5054	136	M					Os Amigalhaços	01:02:35
883	856	JOAQUIM LAVADO	55	M5559	103	M					SS CGD	01:02:38
884	1010	JOSÉ PEDRO ESTEVES	41	M4044	167	M					Individual	01:02:42
885	1113	RAMIRO VAZ	37	M3539	136	M					Individual	01:02:47
886	840	ALBERTO ALVES	59	M5559	104	M					Individual	01:02:49
887	830	JOSÉ MAGALHÃES	47	M4549	100	M					GD BPI	01:02:56
888	536	JOÃO MONTEIRO	51	M5054	137	M					Individual	01:03:08
889	1344	ANTONIO CASANOVAS	30	M1934	141	M					INDIVIDUAL.	01:03:11
890	897	CARLOS URIA	61	M6099	103	M					NA Papagaios Cascais	01:03:12
891	351	JOSÉ VALADAS	52	M5054	138	M					CCDT Metro	01:03:25
892	518	JOSÉ BATISTA	68	M6099	104	M					GD Santander Totta	01:03:34
893	553	ARTUR DINIS	50	M5054	139	M					GD Macedo Oculista	01:03:38
894	578	JOSÉ MANUEL TEIXEIRA	37	M3539	137	M					C Millennium BCP	01:03:40
895	415	JOÃO COSTA PEREIRA	49	M4549	101	M					Individual	01:03:45
896	1006	RICARDO LOPES CABRAL	34	M1934	142	M					Individual	01:03:45
897	1362	ISIDRO CORDOBEIS	42	M4044	168	M					INDIVIDUAL.	01:03:52
898	1185	PEDRO ALMEIDA	33	M1934	143	M					CCD EPUL	01:03:55 1
899	881	PEDRO CATARINO	27	M1934	144	M					Individual	01:04:00
900	882	NUNO CATARINO	25	M1934	145	M					Individual	01:04:00
901	981	HERNÂNI SANTOS	52	M5054	140	M					Individual	01:04:08 1
902	789	PAULO MENDES RODRIGUES	33	M1934	146	M					Gatos Fedorentos	01:04:12
903	1358	ANTONIO GONÇALVES	40	M4044	169	M					INDIVIDUAL.	01:04:13
904	896	SOLLARI ALEGRO	59	M5559	105	M					NA Papagaios Cascais	01:04:14
905	1086	LUIS FARIA	62	M6099	105	M					Individual	01:04:28
906	301	LUIS FÉLIX	48	M4549	102	M					GA Super Estrelas	01:04:34
907	995	RUI AFONSO	59	M5559	106	M					SS Montepio Geral	01:04:34
908	369	FERNANDO MANUEL FERNANDES	25	M1934	147	M					Os Pratas AF	01:04:40
909	397	FRANCISCO RALHA	21	M1934	148	M					Coral	01:04:45
910	614	MARCO ANTÓNIO SILVA	38	M3539	138	M					Oli - Garra	01:05:15
911	711	RICARDO MENDES	30	M1934	149	M					Individual	01:05:44
912	1267	CARLOS PEDRO	62	M6099	106	M					Individual	01:06:06
913	516	HENRIQUE MARÇAL	54	M5054	141	M					GD Santander Totta	01:06:13

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
914	858	ALEXANDRE NEVES	36	M3539	139	M					GDCT BES	01:06:14
915	888	JAIME PAIXÃO	76	M6099	107	M					Individual	01:06:32
916	954	LUIS GRAÇA	43	M4044	170	M					Running of D. Maria	01:06:47
917	826	ANTÓNIO PINHO	57	M5559	107	M					CCD Casa Pia	01:07:13
918	1025	JOÃO PAÇO	59	M5559	108	M					Clube Stress	01:07:19
919	1026	JOÃO PALMA	61	M6099	108	M					Clube Stress	01:07:19
920	599	FERNANDO DOMINGUES	52	M5054	142	M					C Millennium BCP	01:07:32
921	292	JOÃO PIRES	33	M1934	150	M					ADL Apelaconenses	01:07:56
922	491	RICARDO MARÇAL	22	M1934	151	M					CCD Efacec	01:08:23
923	458	JOSÉ ALEXANDRE MATOS	30	M1934	152	M					Hovione	01:08:25
924	1080	VITOR DIAS	44	M4044	171	M					Individual	01:08:34 1
925	895	LUIS AGOSTINHO	59	M5559	109	M					NA Papagaios Cascais	01:08:38
926	986	MANUEL ANTÓNIO	51	M5054	143	M					C Ferrov Portugal	01:09:04
927	1188	FRANCISCO CORREIA	75	M6099	109	M					SDF	01:09:09
928	399	MIGUEL CORREIA	47	M4549	103	M					Coral	01:09:15
929	142	FRANCISCO CASACA	63	M6099	110	M					CA Vale Figueira	01:10:14
930	43	DOMINGOS CASACA	63	M6099	111	M					ADL Apelaconenses	01:10:15
931	291	LUIS PEREIRA	38	M3539	140	M					ADL Apelaconenses	01:10:19 1
932	743	JOSÉ ETERNO	36	M3539	141	M					Pernas Longas	01:10:44
933	1068	PAULO MAGALHÃES	38	M3539	142	M					GUP Gralhas	01:10:49
934	1087	PAULO VALENTE	40	M4044	172	M					Pernas Longas	01:11:00
935	1043	JOSÉ MARQUES	51	M5054	144	M					Clube OGMA	01:11:05
936	217	RUI VEIGA	33	M1934	153	M					GA Super Estrelas	01:11:31
937	308	AURÉLIO VENTURA	58	M5559	110	M					GA Super Estrelas	01:11:31
938	720	NUNO ALVES	33	M1934	154	M					CCR Alto Moinho	01:12:16
939	911	ANTÓNIO VILELA	38	M3539	143	M					GDU Caxienses	01:13:11
940	690	MARIANA ESTEVENS	50	M5054	145	M					C Ferrov Portugal	01:14:47
941	1350	RAFAEL BRANCO	38	M3539	144	M					INDIVIDUAL.	01:14:49
942	346	JOÃO PEREIRA	75	M6099	112	M					CCDT Metro	01:14:50
943	605	JOSÉ ARRUDA	59	M5559	111	M					C Millennium BCP	01:15:02
944	1151	RICARDO CORREIA	28	M1934	155	M					Individual	01:16:01
945	1152	PAULINO CORREIA	33	M1934	156	M					Individual	01:16:01
946	794	JOSÉ GONÇALVES	58	M5559	112	M					Individual	01:19:07
947	1301	MÁRIO TRINDADE	37	M3539	145	M					Ginásio Corpus	01:20:01
948	1360	JOSE CONDE NOGUEIRA	51	M5054	146	M					INDIVIDUAL.	01:21:10
949	1009	FERNANDO FERREIRA	42	M4044	173	M					Individual	01:21:11
950	1315	JOSÉ MESTRE	50	M5054	147	M					Individual	01:22:50
951	759	GLORIALDO BRITO	77	M6099	113	M					Individual	01:30:55