

XVII CORRIDA DO METRO 08

Patrocínio: CCD METROPOLITANO LX

Apoio: CCD METROPOLITANO LX

Data 20/04/2008

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1	68	LABAN KORIR	26	M2039	1	M		QUENIA	00:45:21	00:45:21
2	54	JOSE RAMOS	39	M2039	2	M		GDR CONFORLIMPA	00:46:20	00:46:20
3	55	HERMANO FERREIRA	33	M2039	3	M		MARATONA CP	00:46:20	00:46:20
4	66	NELSON CRUZ	30	M2039	4	M		GDU CAXIENSES	00:46:48	00:46:48
5	69	RICARDO ABREU	28	M2039	5	M		GD ESTREITO	00:47:11	00:47:10
6	58	MANUEL SILVA	29	M2039	6	M		SL BENFICA	00:47:56	00:47:56
7	650	ARTUR SANTIAGO	36	M2039	7	M		GDU CAXIENSES	00:48:50	00:48:50
8	346	EUGENIO NETO	45	M4549	1	M		GDR REBOLEIRA	00:49:02	00:49:01
9	64	JOSE DA LUZ	37	M2039	8	M		GD FABRIL	00:49:38	00:49:37
10	343	NUNO ROMAO	35	M2039	9	M		GDR REBOLEIRA	00:49:53	00:49:52
11	189	LUIS ALAN	38	M2039	10	M		GD AMARO	00:49:56	00:49:56
12	328	MARCO GOMES	33	M2039	11	M		CCR ALTO MOINHO	00:49:58	00:49:55
13	345	PEDRO PESSOA	42	M4044	1	M		GDR REBOLEIRA	00:50:25	00:50:25
14	461	MARIO CASEIRO	38	M2039	12	M		CA NAZARE	00:50:38	00:50:38
15	251	CARLOS SANTOS	39	M2039	13	M		GAA VILA FRANCA	00:50:48	00:50:48
16	329	DAVID FERNANDES	33	M2039	14	M		CCR ALTO MOINHO	00:50:52	00:50:52
17	67	MIHRET TADESSE	24	F2034	1	F		ETIOPIA	00:50:53	00:50:53
18	1197	SARA MOREIRA	25	F2034	2	F		MARATONA CP	00:51:02	00:51:01
19	663	SILVESTRE GOMES	52	M5054	1	M		CP IVA	00:51:07	00:51:07
20	647	LUIS LIMA	36	M2039	15	M		GDU CAXIENSES	00:51:10	00:51:09
21	409	RENATO OLIVEIRA	32	M2039	16	M		C BENFICA AGUALVA	00:51:27	00:51:25
22	477	MANUEL GABOLEIRO	37	M2039	17	M		CR LEOES PORTO	00:51:41	00:51:41
23	344	JOSE INACIO	43	M4044	2	M		GDR REBOLEIRA	00:51:53	00:51:53
24	979	JOSE O SANTOS	46	M4549	2	M		AA PEGO LONGO	00:52:01	00:51:59
25	326	JOSE MARTINS	42	M4044	3	M		GRD OS FIXES	00:52:03	00:52:03
26	854	JOAO VAZ	40	M4044	4	M		A VALE SILENCIO	00:52:06	00:52:06
27	706	PEDRO MAIA	34	M2039	18	M		AA MAFRA	00:52:11	00:52:11
28	191	ALEXANDRE SOARES	46	M4549	3	M		GD AMARO	00:52:33	00:52:31
29	200	JACINTO NASCIMENTO	38	M2039	19	M		INDIVIDUAL	00:52:37	00:52:34
30	347	FILIPE SILVA	55	M5559	1	M		GDR REBOLEIRA	00:52:40	00:52:40
31	908	JOAO GINJA	42	M4044	5	M		GD MACEDO	00:52:45	00:52:43
32	746	PAULO GUIMARAES	30	M2039	20	M		CP LIBERTY	00:53:02	00:53:02
33	615	ANTONIO COSTA	43	M4044	6	M		GD BV ALVERCA	00:53:08	00:53:04
34	59	ZEFERINA BALDAIA	33	F2034	3	F		BRASIL	00:53:11	00:53:11
35	892	ALEXANDRE PINHEIRO	37	M2039	21	M		GD MACEDO	00:53:21	00:53:21
36	743	JOAO CARDOSO	46	M4549	4	M		CP LIBERTY	00:53:24	00:53:24

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
37	919	VIRGILIO GOMES	39	M2039	22	M		GD MACEDO	00:53:24	00:53:24
38	342	JOSE ANTUNES	42	M4044	7	M		GDR REBOLEIRA	00:53:26	00:53:26
39	991	JOAO VEIGA	48	M4549	5	M		INDIVIDUAL	00:53:32	00:53:32
40	476	RUI AFONSO	38	M2039	23	M		CR LEOES PORTO	00:53:33	00:53:33
41	405	JOSE MOREIRA	32	M2039	24	M		C BENFICA AGUALVA	00:53:40	00:53:38
42	330	EL MEDI YAKOUBI	40	M4044	8	M		CCR ALTO MOINHO	00:53:57	00:53:57
43	193	JORGE GOMES	46	M4549	6	M		GD AMARO	00:54:11	00:54:09
44	339	MARIO CASSACA	35	M2039	25	M		GDR REBOLEIRA	00:54:27	00:54:27
45	862	JOAO INOCENCIO	37	M2039	26	M		A VALE SILENCIO	00:54:27	00:54:27
46	736	MANUEL VILELA	44	M4044	9	M		CP LIBERTY	00:54:30	00:54:30
47	903	GABRIEL GONCALVES	53	M5054	2	M		GD MACEDO	00:54:31	00:54:31
48	61	DULCE FELIX	25	F2034	4	F		SC BRAGA	00:54:36	00:54:36
49	146	LUIS PINTO	26	M2039	27	M		SL BENFICA	00:54:38	00:54:34
50	341	JOAO FERREIRA	32	M2039	28	M		GDR REBOLEIRA	00:54:48	00:54:48
51	750	SERGIO SILVA	49	M4549	7	M		CP LIBERTY	00:54:50	00:54:50
52	959	JORGE SILVA	41	M4044	10	M		CA BARREIRA	00:54:55	00:54:55
53	957	ANTONIO SILVINO	44	M4044	11	M		CA BARREIRA	00:55:03	00:55:03
54	471	JOAO VALENTIM	48	M4549	8	M		GA FREG VIDAIS	00:55:05	00:55:05
55	474	ARETINO MOTA	49	M4549	9	M		CR LEOES PORTO	00:55:07	00:55:07
56	332	ALEXANDRE CANAL	41	M4044	12	M		CCR ALTO MOINHO	00:55:08	00:55:08
57	608	BEATRIZ CUNHA	35	F3599	1	F		CA PATAMEIRAS	00:55:08	00:55:08
58	145	RUI CABANAS	29	M2039	29	M		SL BENFICA	00:55:09	00:55:09
59	406	PAULO JANELA	25	M2039	30	M		C BENFICA AGUALVA	00:55:30	00:55:30
60	407	JOSE QUARESMA	40	M4044	13	M		CR LEOES PORTO	00:55:37	00:55:37
61	217	JOSE ALCOBIA	54	M5054	3	M		C FERROV	00:55:38	00:55:36
62	410	LUIS PEREIRA	37	M2039	31	M		C BENFICA AGUALVA	00:55:40	00:55:38
63	418	LUIS RODRIGO	32	M2039	32	M		SEX SHOP 69	00:55:41	00:55:36
64	463	PAULO PISOEIRO	37	M2039	33	M		CA NAZARE	00:55:44	00:55:44
65	860	RUI PACHECO	31	M2039	34	M		A VALE SILENCIO	00:55:46	00:55:42
66	62	FILOMENA COSTA	23	F2034	5	F		SC BRAGA	00:55:49	00:55:49
67	783	RICHARDSON FERREIRA	33	M2039	35	M		GDR S FRANC	00:55:49	00:55:49
68	226	NUNO GRAÇA	25	M2039	36	M		A SACAVENENSE	00:55:55	00:55:55
69	201	DUARTE BANDEIRAS	29	M2039	37	M		GD O	00:56:01	00:56:01
70	408	ANTONIO VALE	50	M5054	4	M		C BENFICA AGUALVA	00:56:05	00:56:05
71	150	JOAO ALVES	53	M5054	5	M		GD HOTEL MUNDIAL	00:56:07	00:56:07
72	578	VALTER SOARES	33	M2039	38	M		UCRD PRAIENSE	00:56:10	00:56:10
73	57	HELENA SAMPAIO	34	F2034	6	F		MARATONA CP	00:56:17	00:56:16
74	896	ANTONIO SANTOS	40	M4044	14	M		GD MACEDO	00:56:18	00:56:17
75	294	GERMANO SILVA	50	M5054	6	M		AD REAL ACADEMIA	00:56:22	00:56:22
76	140	FILIFE JANUARIO	24	M2039	39	M		CCDT AUT ALMADA	00:56:23	00:56:23
77	913	MARIO PEDRO	32	M2039	40	M		GD MACEDO	00:56:30	00:56:15
78	922	JOSE FELIX	40	M4044	15	M		CF OS AVISENSES	00:56:38	00:56:38

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79	442	ANTONIO SABIDO	50	M5054	7	M			NUCLEOEIRAS	00:56:42	00:56:42
80	265	SAMUEL GRANADEIRO	22	M2039	41	M			CDR AGUIAS UNIDAS	00:56:46	00:56:46
81	340	ROGERIO CASSACA	37	M2039	42	M			GDR REBOLEIRA	00:56:46	00:56:46
82	603	ALEXANDRE MAGALHAES	31	M2039	43	M			CA PATAMEIRAS	00:56:47	00:56:45
83	56	JOSEFA BONGUE	25	F2034	7	F			NUCLEOEIRAS	00:56:49	00:56:49
84	412	CARLOS MENDES	42	M4044	16	M			C BENFICA AGUALVA	00:56:58	00:56:58
85	63	FERNANDA MIRANDA	37	F3599	2	F			SC BRAGA	00:57:10	00:57:10
86	737	VITOR ALVES	42	M4044	17	M			CP LIBERTY	00:57:12	00:57:12
87	253	BRUNO SILVA	33	M2039	44	M			GAA VILA FRANCA	00:57:16	00:57:16
88	744	JAIME LAMEGO	45	M4549	10	M			CP LIBERTY	00:57:17	00:57:06
89	805	ANTONIO MOREIRA	47	M4549	11	M			C PRAÇAS ARMADA	00:57:24	00:57:24
90	900	CONSTANTINO ARAUJO	41	M4044	18	M			GD MACEDO	00:57:26	00:57:17
91	397	JOAO MANUEL	39	M2039	45	M			FC DESPERTAR	00:57:33	00:57:33
92	311	RUI LOPES	56	M5559	2	M			GDCT BES	00:57:35	00:57:35
93	3	PAULO ALFAR	43	M4044	19	M	1		CCDT METRO LX	00:57:37	00:57:36
94	295	JORGE BALTAZAR	46	M4549	12	M			AD REAL ACADEMIA	00:57:39	00:57:35
95	941	MARCOLINO VERISSIMO	36	M2039	46	M			SS CGD	00:57:41	00:57:41
96	60	RONANGELA FARIA	33	F2034	8	F			BRASIL	00:57:42	00:57:42
97	858	LUIS SANTOS	26	M2039	47	M			A VALE SILENCIO	00:57:44	00:57:44
98	247	VICTOR NOGUEIRA	43	M4044	20	M			GAA VILA FRANCA	00:57:45	00:57:42
99	441	RUI LOPES	51	M5054	8	M			NUCLEOEIRAS	00:57:45	00:57:42
100	613	CRISTINA PONTE	35	F3599	3	F			CLINIPONTE	00:57:45	00:57:45
101	654	VITOR LIMA	40	M4044	21	M			GDU CAXIENSES	00:57:48	00:57:44
102	803	ADOLFO LOUREIRO	55	M5559	3	M			C PRAÇAS ARMADA	00:57:49	00:57:46
103	819	ORLANDO CORREIA	36	M2039	48	M			SL CAMPOLIDE	00:57:49	00:57:41
104	753	FERNANDO RIBEIRO	41	M4044	22	M			CP LIBERTY	00:57:51	00:57:49
105	153	JORGE AMARAL	39	M2039	49	M			GD MPL	00:57:52	00:57:52
106	782	BRUNO GAMITO	20	M2039	50	M			GDR S FRANC	00:57:54	00:57:54
107	447	FRANCISCO MACHADO	29	M2039	51	M			AM Bº CV LUMIAR	00:57:59	00:57:53
108	630	PAULO DURAES	36	M2039	52	M			CLUBE BANIF	00:57:59	00:57:56
109	1168	MARK MONTEIRO	37	M2039	53	M			INDIVIDUAL	00:58:00	00:58:00
110	142	JOAO PORTELA	61	M6099	1	M			OS PORTELAS	00:58:12	00:58:12
111	300	VITOR SILVA	41	M4044	23	M			AD REAL ACADEMIA	00:58:13	00:58:13
112	699	LUIS CIPRIANO	34	M2039	54	M			GDCR ZAMBUJEIRA	00:58:13	00:58:05
113	614	PAULO MATA	44	M4044	24	M			GD BV ALVERCA	00:58:15	00:58:15
114	4	ORLANDO SILVA	50	M5054	9	M	1		CCDT METRO LX	00:58:17	00:58:17
115	396	JOAO ESTEVAO	42	M4044	25	M			FC DESPERTAR	00:58:19	00:58:19
116	802	MARCO MENDES	33	M2039	55	M			C PRAÇAS ARMADA	00:58:23	00:58:18
117	333	JOAO BATISTA	50	M5054	10	M			CCR ALTO MOINHO	00:58:24	00:58:24
118	519	MANUEL BELO	59	M5559	4	M			OS ZATOPEQUES	00:58:30	00:58:28
119	569	ANTONIO SANTOS	45	M4549	13	M			CAA BELEM	00:58:32	00:58:32
120	780	RUI CANDEIAS	31	M2039	56	M			GDR S FRANC	00:58:32	00:58:32

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121	883	SERGIO SANTOS	43	M4044	26	M			CCDT AUT ALMADA	00:58:32	00:58:32
122	272	AGOSTINHO GONÇALVES	49	M4549	14	M			CDR AGUIAS UNIDAS	00:58:35	00:58:35
123	612	MIGUEL TEIXEIRA	34	M2039	57	M			GD BV ALVERCA	00:58:40	00:58:40
124	738	JOSE CAMELO	37	M2039	58	M			CP LIBERTY	00:58:44	00:58:44
125	739	RUI CAMELO	37	M2039	59	M			CP LIBERTY	00:58:51	00:58:37
126	386	LUIS ALBUQUERQUE	38	M2039	60	M			C MILLENNIUM BCP	00:58:53	00:58:53
127	167	PAULO ALVES	30	M2039	61	M			GDCT IN CASA	00:58:55	00:58:55
128	1002	GONCALO COSTA	20	M2039	62	M			INDIVIDUAL	00:59:06	00:59:06
129	52	EMANUEL GOMES	39	M2039	63	M			FERCONSULT	00:59:07	00:59:07
130	479	RUI LACERDA	35	M2039	64	M			JAF	00:59:07	00:59:07
131	610	PAULO PEREIRA	38	M2039	65	M			GD BV ALVERCA	00:59:07	00:59:02
132	297	MANUEL CARRUDO	60	M6099	2	M			AD REAL ACADEMIA	00:59:09	00:59:09
133	6	MANUEL COSTA	51	M5054	11	M	1		CCDT METRO LX	00:59:19	00:59:19
134	44	JOSE TEIXEIRA	39	M2039	66	M	1		CCDT METRO LX	00:59:28	00:59:28
135	462	MIGUEL SILVA	39	M2039	67	M			CA NAZARE	00:59:29	00:59:19
136	766	MARIO ILDEFONSO	56	M5559	5	M			REMOLPINTA	00:59:34	00:59:34
137	516	JOSE CUNHA	43	M4044	27	M			OS ZATOPQUES	00:59:35	00:59:35
138	1128	ANTONIO P L SANTOS	49	M4549	15	M			INDIVIDUAL	00:59:35	00:59:19
139	147	VERA NUNES	28	F2034	9	F			SL BENFICA	00:59:38	00:59:38
140	781	HUGO GONÇALVES	20	M2039	68	M			GDR S FRANC	00:59:38	00:59:38
141	894	ANTÓNIO ARAUJO	57	M5559	6	M			GD MACEDO	00:59:41	00:59:41
142	1119	JOSE F J CARDOSO	50	M5054	12	M			INDIVIDUAL	00:59:44	00:59:44
143	963	SERGIO TOMAZ	30	M2039	69	M			CA BARREIRA	00:59:45	00:59:45
144	465	ANTONIO SERRA	38	M2039	70	M			CA NAZARE	00:59:50	00:59:50
145	824	ALFREDO VALENTE	44	M4044	28	M			SL CAMPOLIDE	00:59:50	00:59:46
146	671	JOSE SILVA	52	M5054	13	M			SESIMBRA MAR	00:59:54	00:59:50
147	258	MARIO COUTO	30	M2039	71	M			GAA VILA FRANCA	00:59:56	00:59:56
148	498	ALBINO NEIVA	62	M6099	3	M			VALEJAS AC	00:59:57	00:59:57
149	1191	JORGE CAIADO	37	M2039	72	M			INDIVIDUAL	00:59:57	00:59:57
150	411	JOAQUIM PEREIRA	59	M5559	7	M			C BENFICA AGUALVA	00:59:58	00:59:58
151	946	JOAO MEDEIRO	44	M4044	29	M			SS CGD	01:00:01	01:00:01
152	249	CLAUDIO MIRA	43	M4044	30	M			GAA VILA FRANCA	01:00:03	00:59:59
153	827	ANTONIO SANTOS	48	M4549	16	M			SL CAMPOLIDE	01:00:09	01:00:09
154	209	PEDRO ESTEVENS	49	M4549	17	M			C FERROV	01:00:14	01:00:01
155	122	CAMILO LOPEZ	49	M4549	18	M			BUDELPACK	01:00:16	01:00:16
156	199	FERNANDO VAZ	38	M2039	73	M			INDIVIDUAL	01:00:21	01:00:21
157	1163	JORGE MIMOSO	36	M2039	74	M			INDIVIDUAL	01:00:21	01:00:21
158	194	JOAO MOTA	42	M4044	31	M			GD AMARO	01:00:22	01:00:22
159	956	FRANCISCO FERA	65	M6099	4	M			GD O	01:00:23	01:00:12
160	870	AMERICO COSTA	53	M5054	14	M			CLUBE AUTOCOOPE	01:00:25	00:59:56
161	901	DOMINGOS GONCALVES	54	M5054	15	M			GD MACEDO	01:00:29	01:00:29
162	457	JOAQUIM FIGUIERA	35	M2039	75	M			CA NAZARE	01:00:30	01:00:30

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
163	148	LUCILIA SOARES	46	F3599	4	F		SL BENFICA	01:00:31	01:00:30
164	415	RUI FREITAS	55	M5559	8	M		SEX SHOP 69	01:00:31	01:00:31
165	961	VICTOR PARREIRA	55	M5559	9	M		CA BARREIRA	01:00:31	01:00:22
166	579	FRANCISCO PIRES	40	M4044	32	M		UCRD PRAIENSE	01:00:32	01:00:32
167	114	SILVINO MARTINS	58	M5559	10	M		NA PALACIO	01:00:34	01:00:34
168	175	VITOR RODRIGUES	51	M5054	16	M		PRAZER CORRIDA	01:00:35	01:00:35
169	911	JOSE INOCENCIO	56	M5559	11	M		GD MACEDO	01:00:36	01:00:36
170	617	ANTONIO MARCAL	48	M4549	19	M		GD BV ALVERCA	01:00:38	01:00:38
171	444	JOSE NUNES	40	M4044	33	M		AM B° CV LUMIAR	01:00:42	01:00:42
172	984	JOAO ANDRADE	39	M2039	76	M		C OLIMPICO OEIRAS	01:00:43	01:00:40
173	374	ILIDIO RODRIGUES	56	M5559	12	M		C MILLENNIUM BCP	01:00:45	01:00:45
174	459	LUIS VIDINHA	38	M2039	77	M		CA NAZARE	01:00:45	01:00:45
175	1010	PAULO FERNANDES	34	M2039	78	M		INDIVIDUAL	01:00:49	01:00:46
176	635	JORGE SERRA	41	M4044	34	M		CLUBE BANIF	01:00:55	01:00:49
177	1190	FILIPE CORREIA	24	M2039	79	M		INDIVIDUAL	01:00:58	01:00:54
178	443	LUIS FERREIRA	27	M2039	80	M		AM B° CV LUMIAR	01:01:00	01:01:00
179	1085	CELSO GOUVEIA	40	M4044	35	M		INDIVIDUAL	01:01:00	01:00:58
180	861	PAULO PIRES	33	M2039	81	M		A VALE SILENCIO	01:01:01	01:01:01
181	797	RUI DUARTE	40	M4044	36	M		LESMAS	01:01:04	01:01:04
182	986	JOSE JESUS	35	M2039	82	M		C OLIMPICO OEIRAS	01:01:09	01:01:09
183	1113	DOMINGOS CARNEIRO	35	M2039	83	M		INDIVIDUAL	01:01:09	01:01:09
184	277	FRANCISCO FERNANDES	64	M6099	5	M		CDR AGUIAS UNIDAS	01:01:11	01:01:11
185	809	PAULO GONÇALVES	36	M2039	84	M		C PRAÇAS ARMADA	01:01:12	01:01:01
186	693	LUIS PREGO	50	M5054	17	M		AÇOREANA	01:01:15	01:01:15
187	470	LUIS PAULO	41	M4044	37	M		BAHIA	01:01:20	01:01:20
188	601	MIGUEL TAVARES	35	M2039	85	M		CA PATAMEIRAS	01:01:20	01:01:20
189	398	MANUEL CHINITA	43	M4044	38	M		CA VALE FIGUEIRA	01:01:23	01:01:23
190	1106	FERNANDO PAULA	48	M4549	20	M		INDIVIDUAL	01:01:24	01:01:24
191	1147	VITOR AGUIAR	44	M4044	39	M		INDIVIDUAL	01:01:25	01:01:25
192	113	JOSE NOBRE	44	M4044	40	M		NA PALACIO	01:01:26	01:01:22
193	14	NUNO MIGUEL	31	M2039	86	M	1	CCDT METRO LX	01:01:27	01:01:15
194	139	GRACIANO CAMPOS	52	M5054	18	M		CCDT AUT ALMADA	01:01:27	01:01:27
195	891	ALCINDO ALMEIDA	50	M5054	19	M		GD MACEDO	01:01:29	01:01:22
196	413	VITOR OLIVEIRA	49	M4549	21	M		C BENFICA AGUALVA	01:01:32	01:01:27
197	694	NUNO COELHO	39	M2039	87	M		AÇOREANA	01:01:34	01:01:34
198	700	JOAQUIM CALÇADA	44	M4044	41	M		GDCR ZAMBUJEIRA	01:01:34	01:01:34
199	123	LUIS DUARTE	35	M2039	88	M		VRC CARPINTARIA	01:01:35	01:01:31
200	599	CARLOS FONSECA	39	M2039	89	M		CA PATAMEIRAS	01:01:38	01:01:38
201	605	CARLOS ANTUNES	57	M5559	13	M		CA PATAMEIRAS	01:01:38	01:01:38
202	256	MARCO FIDALGO	31	M2039	90	M		GAA VILA FRANCA	01:01:39	01:01:18
203	248	MANUEL BATISTA	43	M4044	42	M		GAA VILA FRANCA	01:01:40	01:01:21
204	814	JOSE SILVA	39	M2039	91	M		CD MAFRA	01:01:46	01:01:46

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
205	898	CARLA PINTO	36	F3599	5	F		GD MACEDO	01:01:49	01:01:49
206	273	JOSE SIMOES	57	M5559	14	M		CDR AGUIAS UNIDAS	01:01:50	01:01:33
207	321	VITOR CANDEIAS	34	M2039	92	M		BOLOTAOBRA	01:01:51	01:01:51
208	291	VASCO RODRIGUES	28	M2039	93	M		INDIVIDUAL	01:01:53	01:01:53
209	849	DANIEL PINTO	23	M2039	94	M		A VALE SILENCIO	01:01:53	01:01:53
210	703	EURICO AGOSTINHO	47	M4549	22	M		GDCR ZAMBUJEIRA	01:01:55	01:01:47
211	765	MARTIM LOPES	24	M2039	95	M		REMOLPINTA	01:01:56	01:01:56
212	426	NUNO LOPES	36	M2039	96	M		O MUNDO CORRIDA	01:01:57	01:01:31
213	695	PAULO TORRAO	36	M2039	97	M		AÇOREANA	01:01:57	01:01:53
214	811	DOMINGOS NETO	50	M5054	20	M		CD MAFRA	01:01:58	01:01:58
215	691	CARLOS FONSECA	48	M4549	23	M		AÇOREANA	01:02:00	01:02:00
216	818	ANTONIO GOMES	35	M2039	98	M		SL CAMPOLIDE	01:02:00	01:02:00
217	779	LUIS PEREIRA	38	M2039	99	M		GDR S FRANC	01:02:03	01:02:03
218	149	JOAQUIM GOMES	44	M4044	43	M		GD HOTEL MUNDIAL	01:02:06	01:02:06
219	269	JAIME FIGUEIREDO	41	M4044	44	M		CDR AGUIAS UNIDAS	01:02:07	01:02:07
220	203	AIRES SAO PEDRO	53	M5054	21	M		C FERROV	01:02:08	01:02:08
221	680	JOAQUIM ALEXANDRE	42	M4044	45	M		HORTO RIBEIRADAS	01:02:08	01:02:01
222	561	RICARDO FELIX	28	M2039	100	M		CCD EFACEC LX	01:02:10	01:01:57
223	748	ANTONIO BENTES	61	M6099	6	M		CP LIBERTY	01:02:10	01:02:10
224	592	JOSE FREITAS	45	M4549	24	M		AA LEBRES SADO	01:02:11	01:01:43
225	675	FILIPE BRANCO	38	M2039	101	M		HORTO RIBEIRADAS	01:02:14	01:02:14
226	677	EDGAR FRANCISCO	42	M4044	46	M		HORTO RIBEIRADAS	01:02:14	01:02:14
227	108	JOSE MAIO	44	M4044	47	M		AC PORTO SALVO	01:02:18	01:02:10
228	246	ANTONIO RIBEIRO	46	M4549	25	M		GAA VILA FRANCA	01:02:21	01:02:21
229	1134	JOAO M LOURENÇO	42	M4044	48	M		INDIVIDUAL	01:02:21	01:02:02
230	485	BENITO FERRO	32	M2039	102	M		EMSA TEAM	01:02:23	01:02:23
231	906	JOSE FERNANDES	57	M5559	15	M		GDU CAXIENSES	01:02:26	01:02:20
232	395	VIRGILIO CORREIA	38	M2039	103	M		FC DESPERTAR	01:02:30	01:02:24
233	1036	NUNO DORES	25	M2039	104	M		POVOA STº ADRIAIO	01:02:31	01:02:31
234	252	PAULO HENRIQUE	39	M2039	105	M		GAA VILA FRANCA	01:02:34	01:02:14
235	716	JOAO PASTOR	35	M2039	106	M		AA MAFRA	01:02:35	01:02:26
236	616	LUIS REBELO	43	M4044	49	M		GD BV ALVERCA	01:02:36	01:02:36
237	912	JOSE REIS	54	M5054	22	M		GD MACEDO	01:02:36	01:02:36
238	918	VERONICA CORREIA	32	F2034	10	F		GD MACEDO	01:02:36	01:02:36
239	1173	NUNO M SIMOES	38	M2039	107	M		INDIVIDUAL	01:02:37	01:02:23
240	702	ANTONIO CLARA	45	M4549	26	M		GDCR ZAMBUJEIRA	01:02:43	01:02:43
241	638	MARCO MALAGUERRA	37	M2039	108	M		CLUBE BANIF	01:02:44	01:02:38
242	8	PEDRO VEIGA	27	M2039	109	M	1	CCDT METRO LX	01:02:46	01:02:46
243	502	JOAQUIM OLIVEIRA	64	M6099	7	M		VALEJAS AC	01:02:47	01:02:22
244	865	JOAO CALDAS	42	M4044	50	M		CLUBE AUTOCOOPE	01:02:48	01:02:39
245	977	ALFREDO PEREIRA	32	M2039	110	M		VETCARNAXIDE	01:02:48	01:02:30
246	570	JOSE GORDILHO	44	M4044	51	M		CAA BELEM	01:02:52	01:02:52

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
247	13	WALTER FERREIRA	43	M4044	52	M	1	CCDT METRO LX	01:02:58	01:02:58
248	611	CARLOS LOPES	33	M2039	111	M		GD BV ALVERCA	01:03:00	01:03:00
249	116	RUI MARTINS	52	M5054	23	M		NA PALACIO	01:03:01	01:02:51
250	262	RUI BARRADAS	37	M2039	112	M		GINASIO TRAPEZIUS	01:03:02	01:02:55
251	289	ANTONIO DIONISIO	42	M4044	53	M		AD REAL ACADEMIA	01:03:02	01:02:51
252	1176	JULIO VIEGAS	35	M2039	113	M		INDIVIDUAL	01:03:03	01:03:03
253	7	LUIS LOPES	39	M2039	114	M	1	CCDT METRO LX	01:03:04	01:02:58
254	1199	JOAO C LOURENÇO	44	M4044	54	M		INDIVIDUAL	01:03:07	01:02:59
255	322	PAULO CARMO	33	M2039	115	M		#1	01:03:08	01:02:58
256	310	LUIS MONTEIRO	36	M2039	116	M		GDCT BES	01:03:10	01:03:10
257	514	JORGE DURAES	41	M4044	55	M		OS ZATOPEQUES	01:03:11	01:03:11
258	1049	ARTUR TAVARES	42	M4044	56	M		INDIVIDUAL	01:03:12	01:03:07
259	955	JOSE TEIXEIRA	50	M5054	24	M		CCDP MUN CASCAIS	01:03:14	01:03:02
260	1006	HELDER VARANDA	30	M2039	117	M		INDIVIDUAL	01:03:15	01:03:15
261	1037	ANTONIO CARVALHO	48	M4549	27	M		INDIVIDUAL	01:03:17	01:03:02
262	475	DOMINGOS PENEDO	50	M5054	25	M		CR LEOES PORTO	01:03:20	01:03:02
263	1124	MIGUEL ROCHA	36	M2039	118	M		INDIVIDUAL	01:03:22	01:03:22
264	296	JOSE RECTO	42	M4044	57	M		AD REAL ACADEMIA	01:03:23	01:03:23
265	734	JOAO MIRANDA	37	M2039	119	M		AA MAFRA	01:03:23	01:02:54
266	714	ANGELO PERREIRA	50	M5054	26	M		AA MAFRA	01:03:24	01:03:01
267	920	AMERICO POMBO	43	M4044	58	M		GD MACEDO	01:03:30	01:03:30
268	472	JANUARIO COELHO	50	M5054	27	M		CR LEOES PORTO	01:03:31	01:03:13
269	820	JOSE CARLOS	36	M2039	120	M		SL CAMPOLIDE	01:03:34	01:03:09
270	261	LUIS ROSARIO	40	M4044	59	M		GINASIO TRAPEZIUS	01:03:36	01:03:29
271	267	DELSON MARQUES	32	M2039	121	M		CDR AGUIAS UNIDAS	01:03:37	01:03:14
272	1179	GUSTAVO SANTOS	24	M2039	122	M		INDIVIDUAL	01:03:38	01:03:18
273	825	EMANUEL DIAS	44	M4044	60	M		SL CAMPOLIDE	01:03:40	01:03:15
274	275	FRANCISCO FARROPAS	61	M6099	8	M		CDR AGUIAS UNIDAS	01:03:42	01:03:42
275	993	PAULO CORREIA	36	M2039	123	M		INDIVIDUAL	01:03:44	01:03:44
276	327	LUIS SILVA	42	M4044	61	M		CCR ALTO MOINHO	01:03:45	01:03:45
277	705	LUCAS DELGADO	54	M5054	28	M		GDCR ZAMBUJEIRA	01:03:46	01:03:46
278	10	CARLOS ROCHA	43	M4044	62	M	1	CCDT METRO LX	01:03:47	01:03:47
279	118	PAULO SANTOS	40	M4044	63	M		BUDELPAK	01:03:48	01:03:23
280	546	JOSE CARDOSO	47	M4549	28	M		CRP CAMPOLIDE	01:03:48	01:03:48
281	419	JOSE SANTOS	46	M4549	29	M		SEX SHOP 69	01:03:49	01:03:49
282	1172	JOSE PEIXOTO	49	M4549	30	M		INDIVIDUAL	01:03:51	01:03:51
283	983	FERNANDO MENDES	54	M5054	29	M		C OLIMPICO OEIRAS	01:03:52	01:03:52
284	962	RUI PEREIRA	50	M5054	30	M		CA BARREIRA	01:03:55	01:03:55
285	718	VITOR REAL	34	M2039	124	M		AA MAFRA	01:03:58	01:03:58
286	163	VITOR FERNANDES	33	M2039	125	M		UDCA	01:04:01	01:03:49
287	813	JORGE PAULINO	52	M5054	31	M		CD MAFRA	01:04:01	01:04:01
288	704	VALENTIM FERNANDES	52	M5054	32	M		GDCR ZAMBUJEIRA	01:04:03	01:03:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
289	697	VIRGILIO MADEIRA	48	M4549	31	M		AÇOREANA	01:04:04	01:03:35
290	125	JOSE F COSTA	45	M4549	32	M		GRUPO MACHADA	01:04:05	01:04:05
291	828	MANUEL MARTINS	51	M5054	33	M		SL CAMPOLIDE	01:04:09	01:03:58
292	162	DAVID SANTOS	45	M4549	33	M		UDCA	01:04:12	01:04:12
293	935	JOAQUIM FRADE	52	M5054	34	M		SS CGD	01:04:12	01:04:12
294	320	JANUARIO BONA	60	M6099	9	M		BOLOTAOBRA	01:04:13	01:04:13
295	304	JORGE PEREIRA	53	M5054	35	M		GDCT BES	01:04:14	01:04:14
296	742	JOSE M COSTA	62	M6099	10	M		CP LIBERTY	01:04:14	01:04:14
297	348	ERNESTO GUIA	54	M5054	36	M		ACD BOCAL	01:04:15	01:04:13
298	1136	LUIS ROCHA	30	M2039	126	M		INDIVIDUAL	01:04:16	01:03:48
299	681	FERNANDO RODRIGUES	41	M4044	64	M		HORTO RIBEIRADAS	01:04:26	01:04:12
300	1111	RUI P SILVA	31	M2039	127	M		INDIVIDUAL	01:04:26	01:04:26
301	678	LUIS FERREIRA	41	M4044	65	M		HORTO RIBEIRADAS	01:04:27	01:04:13
302	451	BERNARDO GRANDISSIMO	49	M4549	34	M		AM Bº CV LUMIAR	01:04:28	01:04:28
303	801	MARIO LOURENÇO	42	M4044	66	M		C PRAÇAS ARMADA	01:04:28	01:04:24
304	1184	RICARDO DUQUE	24	M2039	128	M		INDIVIDUAL	01:04:30	01:04:08
305	713	LEONEL AMARO	43	M4044	67	M		AA MAFRA	01:04:31	01:04:31
306	731	MARIO ZORRO	32	M2039	129	M		AA MAFRA	01:04:31	01:04:29
307	172	RODOLFO CARNEIRO	20	M2039	130	M		JOAO CARNEIRO	01:04:33	01:04:33
308	981	ARTUR MIRANDA	33	M2039	131	M		C OLIMPICO OEIRAS	01:04:33	01:04:33
309	604	ALBINO TOMAS	51	M5054	37	M		CA PATAMEIRAS	01:04:35	01:04:35
310	606	OSCAR SANTOS	51	M5054	38	M		CA PATAMEIRAS	01:04:35	01:04:35
311	670	DOMINGOS AGUIAR	42	M4044	68	M		SESIMBRA MAR	01:04:41	01:04:41
312	551	FERNANDO CAEIRO	38	M2039	132	M		CCD CASA PIA	01:04:42	01:04:42
313	657	ANTONIO VILELA	38	M2039	133	M		GDU CAXIENSES	01:04:43	01:04:30
314	53	PAULO COELHO	27	M2039	134	M		FERCONSULT	01:04:46	01:04:46
315	951	JOSE ALVES	58	M5559	16	M		SS CGD	01:04:50	01:04:38
316	517	JOSE MORAIS	46	M4549	35	M		OS ZATOPEQUES	01:04:52	01:04:52
317	1164	JOSE HILARIO	48	M4549	36	M		INDIVIDUAL	01:04:52	01:04:40
318	507	LUIS HENRIQUES	48	M4549	37	M		GELPINHOS	01:04:53	01:04:53
319	804	POSSIDONIO CONSTANTINO	55	M5559	17	M		C PRAÇAS ARMADA	01:04:54	01:04:43
320	867	ANTONIO ALMEIDA	44	M4044	69	M		CLUBE AUTOCOOPE	01:04:55	01:04:55
321	422	FRANCISCO CARMO	37	M2039	135	M		SEX SHOP 69	01:04:56	01:04:56
322	515	JORGE LEITAO	43	M4044	70	M		OS ZATOPEQUES	01:04:56	01:04:48
323	764	JOAO LOPES	49	M4549	38	M		REMOLPINTA	01:04:56	01:04:56
324	9	ANTONIO PEREIRA	43	M4044	71	M	1	CCDT METRO LX	01:04:57	01:04:57
325	864	JOAO CAIRES	45	M4549	39	M		CLUBE AUTOCOOPE	01:04:58	01:04:49
326	155	JOSE GOMES	52	M5054	39	M		GD INE	01:05:00	01:05:00
327	450	DANIEL NUNES	48	M4549	40	M		AM Bº CV LUMIAR	01:05:00	01:05:00
328	169	JOAO RAQUEL	31	M2039	136	M		CUA	01:05:01	01:05:01
329	1007	JOSE M CUNHA	44	M4044	72	M		INDIVIDUAL	01:05:01	01:05:01
330	283	FRANCISCO CARDOSO	56	M5559	18	M		PLUMAS	01:05:03	01:05:03

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
331	307	NUNO RODRIGUES	31	M2039	137	M		GDCT BES	01:05:04	01:04:26
332	628	CARLOS CANDEIAS	40	M4044	73	M		CLUBE BANIF	01:05:05	01:04:59
333	1100	FERNANDO GIL	55	M5559	19	M		INDIVIDUAL	01:05:05	01:05:05
334	270	JOAO ESPADA	42	M4044	74	M		CDR AGUIAS UNIDAS	01:05:06	01:05:06
335	555	MANUEL FIDALGO	55	M5559	20	M		CCD EFACEC LX	01:05:07	01:05:02
336	642	PAULO MORADIAS	43	M4044	75	M		CLUBE BANIF	01:05:07	01:05:07
337	1065	FERNANDO J M SILVA	41	M4044	76	M		INDIVIDUAL	01:05:09	01:05:09
338	545	JOAQUIM CARDOSO	59	M5559	21	M		CRP CAMPOLIDE	01:05:10	01:05:10
339	857	LEONEL NEVES	54	M5054	40	M		A VALE SILENCIO	01:05:13	01:05:13
340	393	RICARDO LANCEIRO	30	M2039	138	M		LUSOCEDE	01:05:16	01:05:08
341	45	ANGELO SILVA	25	M2039	139	M	1	CCDT METRO LX	01:05:17	01:05:17
342	94	PEDRO NUNES	40	M4044	77	M		CLUBE STRESS	01:05:19	01:05:19
343	204	GUILHERME GONÇALVES	47	M4549	41	M		C FERROV	01:05:19	01:05:14
344	366	ARTUR SILVA	34	M2039	140	M		C MILLENNIUM BCP	01:05:23	01:05:23
345	978	MIGUEL CHARRUA	65	M6099	11	M		JF PORTELA	01:05:26	01:05:06
346	872	FABIO MARINHO	20	M2039	141	M		CLUBE AUTOCOOPE	01:05:29	01:05:29
347	1005	ALEXANDRE SILVA	29	M2039	142	M		INDIVIDUAL	01:05:30	01:05:30
348	382	MOURA BRANCO	57	M5559	22	M		C MILLENNIUM BCP	01:05:31	01:05:31
349	1095	CARLOS A M RODRIGUES	34	M2039	143	M		INDIVIDUAL	01:05:31	01:05:22
350	315	LUIS PEREIRA	56	M5559	23	M		BOLOTAOBRA	01:05:34	01:05:34
351	571	PAULO LOURINHO	38	M2039	144	M		CAA BELEM	01:05:34	01:05:12
352	822	MANUEL FONSECA	44	M4044	78	M		SL CAMPOLIDE	01:05:34	01:05:34
353	513	ELISIO COSTA	52	M5054	41	M		OS ZATOPEQUES	01:05:35	01:05:20
354	1057	MIGUEL MARQUES	47	M4549	42	M		INDIVIDUAL	01:05:35	01:05:35
355	518	NUNO SILVA	32	M2039	145	M		OS ZATOPEQUES	01:05:37	01:05:37
356	417	FERNANDO SOBRAL	54	M5054	42	M		SEX SHOP 69	01:05:38	01:05:38
357	452	JOAO MOACHO	51	M5054	43	M		AM Bº CV LUMIAR	01:05:38	01:05:38
358	259	HUGO SILVA	30	M2039	146	M		GAA VILA FRANCA	01:05:39	01:05:39
359	523	ANTONIO JACINTO	48	M4549	43	M		OS ZATOPEQUES	01:05:40	01:05:09
360	355	FERNANDO RODRIGUES	43	M4044	79	M		C MILLENNIUM BCP	01:05:41	01:05:13
361	689	ANDRE QUARENTA	37	M2039	147	M		AÇOREANA	01:05:42	01:05:42
362	416	ARMINDO CHAINHO	33	M2039	148	M		SEX SHOP 69	01:05:44	01:05:44
363	796	RENATO SANTOS	33	M2039	149	M		LESMAS	01:05:44	01:05:16
364	798	LUIS MAGALHAES	39	M2039	150	M		LESMAS	01:05:44	01:05:22
365	572	CARLOS PRECISO	34	M2039	151	M		CAA BELEM	01:05:45	01:05:22
366	318	ANTONIO COSTA	50	M5054	44	M		BOLOTAOBRA	01:05:46	01:05:46
367	389	PAULO MATEUS	41	M4044	80	M		C MILLENNIUM BCP	01:05:47	01:05:43
368	449	MANUEL RODRIGUES	49	M4549	44	M		AM Bº CV LUMIAR	01:05:50	01:05:50
369	937	BERNARDINO PEREIRA	72	M6099	12	M		SS CGD	01:05:51	01:05:51
370	1029	ALVARO QUITERIO	42	M4044	81	M		INDIVIDUAL	01:05:51	01:05:43
371	687	LUCIA OLIVEIRA	29	F2034	11	F		AÇOREANA	01:05:52	01:05:49
372	473	AUGUSTO FERNANDES	43	M4044	82	M		CR LEOES PORTO	01:05:53	01:05:53

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
373	633	JOAO SERRA	35	M2039	152	M		CLUBE BANIF	01:05:54	01:05:54
374	138	ALFREDO FERNANDES	54	M5054	45	M		AMIGOS BENFICA	01:05:55	01:05:48
375	754	VENCESLAU FERNANDO	53	M5054	46	M		CP LIBERTY	01:05:55	01:05:55
376	255	NUNO MORAIS	34	M2039	153	M		GAA VILA FRANCA	01:05:57	01:05:57
377	575	MANUEL JACINTO	52	M5054	47	M		UCRD PRAIENSE	01:06:02	01:06:02
378	117	MANUEL AZEVEDO	51	M5054	48	M		BUDELPAK	01:06:05	01:06:02
379	399	PEDRO MARQUES	44	M4044	83	M		CA VALE FIGUEIRA	01:06:07	01:06:07
380	812	DOUGLAS FRY	49	M4549	45	M		CD MAFRA	01:06:08	01:06:08
381	576	MANUEL CARDIM	56	M5559	24	M		UCRD PRAIENSE	01:06:09	01:06:09
382	806	JOAO SANTOS	43	M4044	84	M		C PRAÇAS ARMADA	01:06:09	01:06:09
383	319	JOSE COSTA	41	M4044	85	M		BOLOTAOBRA	01:06:10	01:06:10
384	856	JOSE MOGA	50	M5054	49	M		A VALE SILENCIO	01:06:12	01:06:12
385	1170	CARLOS A MENDES	51	M5054	50	M		INDIVIDUAL	01:06:13	01:06:13
386	164	JOAQUIM CRISPIM	52	M5054	51	M		UDCA	01:06:19	01:06:19
387	390	JOSE CARLOS	57	M5559	25	M		C MILLENNIUM BCP	01:06:21	01:06:21
388	428	JAIME SOUSA	46	M4549	46	M		CLAC PAREDE	01:06:21	01:06:21
389	553	PEDRO LUÍS	34	M2039	154	M		CCD CASA PIA	01:06:23	01:06:18
390	593	MARIO COELHO	42	M4044	86	M		AA LEBRES SADO	01:06:23	01:06:06
391	1114	JOSE REINAS	49	M4549	47	M		INDIVIDUAL	01:06:23	01:06:23
392	939	JOAQUIM CARRILHO	41	M4044	87	M		SS CGD	01:06:24	01:06:24
393	254	JOAO SOUSA	37	M2039	155	M		GAA VILA FRANCA	01:06:27	01:06:27
394	587	MANUEL PEDRO	62	M6099	13	M		AA LEBRES SADO	01:06:31	01:06:31
395	590	AMANDIO LOBO	59	M5559	26	M		AA LEBRES SADO	01:06:33	01:06:33
396	306	JULIO FERREIRA	53	M5054	52	M		GDCT BES	01:06:34	01:06:34
397	715	RUI PASTOR	35	M2039	156	M		AA MAFRA	01:06:34	01:06:25
398	974	VITOR SIMOES	48	M4549	48	M		VETCARNAXIDE	01:06:35	01:06:16
399	577	ANTONIO BOLRA	62	M6099	14	M		UCRD PRAIENSE	01:06:36	01:06:36
400	1105	CARLOS BENAVENTE	48	M4549	49	M		INDIVIDUAL	01:06:36	01:06:36
401	595	FERNANDO CARVALHO	58	M5559	27	M		AA LEBRES SADO	01:06:37	01:06:37
402	921	LUIS SANTOS	23	M2039	157	M		GD MACEDO	01:06:38	01:06:38
403	309	SILVIO PAIVA	56	M5559	28	M		GDCT BES	01:06:39	01:06:39
404	1180	TIAGO L COSTA	33	M2039	158	M		INDIVIDUAL	01:06:41	01:06:37
405	944	ORLINDO FIGUEIREDO	60	M6099	15	M		SS CGD	01:06:43	01:06:43
406	301	ALEXANDRE NEVES	36	M2039	159	M		GDCT BES	01:06:44	01:06:44
407	685	CEU LEITAO	42	F3599	6	F		AÇOREANA	01:06:47	01:06:47
408	1017	CARLOS FERREIRA	53	M5054	53	M		INDIVIDUAL	01:06:48	01:06:48
409	696	TAM AFONSO	55	M5559	29	M		AÇOREANA	01:06:49	01:06:49
410	672	MARCELO PINTO	20	M2039	160	M		SESIMBRA MAR	01:06:51	01:06:51
411	698	JORGE RODRIGUES	34	M2039	161	M		GDCR ZAMBUJEIRA	01:06:51	01:06:34
412	701	MARIO BONIFACIO	42	M4044	88	M		GDCR ZAMBUJEIRA	01:06:54	01:06:43
413	660	POMPEU AIRES	42	M4044	89	M		GDU CAXIENSES	01:06:56	01:06:43
414	726	PEDRO DUARTE	27	M2039	162	M		AA MAFRA	01:06:56	01:06:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
415	174	JOAQUIM ARAUJO	63	M6099	16	M		AA PEGO LONGO	01:06:57	01:06:54
416	769	MANUEL PIMENTA	55	M5559	30	M		REMOLPINTA	01:06:58	01:06:58
417	260	JOSE OLIVEIRA	53	M5054	54	M		GINASIO TRAPEZIUS	01:06:59	01:06:59
418	730	JOAO GOMES	35	M2039	163	M		AA MAFRA	01:06:59	01:06:41
419	121	PAULO QUARESMA	52	M5054	55	M		BUDELPACK	01:07:00	01:06:54
420	268	JOAO PAIXAO	36	M2039	164	M		CDR AGUIAS UNIDAS	01:07:04	01:06:33
421	400	LUIS FERREIRA	47	M4549	50	M		CA VALE FIGUEIRA	01:07:06	01:07:06
422	298	MANUEL RODRIGUES	46	M4549	51	M		AD REAL ACADEMIA	01:07:07	01:07:07
423	656	ALCINO RAMOS	50	M5054	56	M		GDU CAXIENSES	01:07:07	01:07:07
424	455	ANTONIO MENDES	48	M4549	52	M		CA NAZARE	01:07:10	01:06:45
425	16	JOAO SEQUEIRA	45	M4549	53	M	1	CCDT METRO LX	01:07:11	01:07:11
426	274	JOSE MESTRE	61	M6099	17	M		CDR AGUIAS UNIDAS	01:07:11	01:07:11
427	727	MANUEL DUARTE	56	M5559	31	M		AA MAFRA	01:07:12	01:07:12
428	729	CARLOS MORAIS	45	M4549	54	M		AA MAFRA	01:07:12	01:07:07
429	1025	LINO SANTOS	45	M4549	55	M		INDIVIDUAL	01:07:13	01:07:13
430	1120	ANTONIO NEREU	46	M4549	56	M		INDIVIDUAL	01:07:14	01:06:46
431	653	JOSE NOVAIS	43	M4044	90	M		GDU CAXIENSES	01:07:17	01:07:04
432	869	CARLOS FERREIRA	51	M5054	57	M		CLUBE AUTOCOOPE	01:07:17	01:07:17
433	1121	FERNANDO SOUSA	42	M4044	91	M		INDIVIDUAL	01:07:17	01:06:48
434	866	JUVENAL MOREIRA	44	M4044	92	M		CLUBE AUTOCOOPE	01:07:18	01:07:18
435	1115	MANUEL SIMOES	46	M4549	57	M		INDIVIDUAL	01:07:18	01:07:18
436	717	LUIS SANTOS	32	M2039	165	M		AA MAFRA	01:07:20	01:06:47
437	690	ANTONIO JORGE	53	M5054	58	M		AÇOREANA	01:07:21	01:07:13
438	224	FERNANDO PROENÇA	54	M5054	59	M		GDR PAP	01:07:25	01:07:25
439	368	PAULO PAIS	43	M4044	93	M		C MILLENNIUM BCP	01:07:26	01:07:26
440	109	JOAQUIM ROSA	50	M5054	60	M		AC PORTO SALVO	01:07:27	01:07:27
441	651	JOSE OLIVEIRA	42	M4044	94	M		GDU CAXIENSES	01:07:28	01:07:28
442	104	ANTONIO J M HENRIQUES	42	M4044	95	M		JAMOR	01:07:32	01:07:23
443	215	CARLOS SANTOS	56	M5559	32	M		C FERROV	01:07:32	01:07:13
444	221	HENRIQUE RODRIGUES	40	M4044	96	M		C FERROV	01:07:38	01:07:38
445	980	ANTONIO BILA	51	M5054	61	M		C OLIMPICO OEIRAS	01:07:38	01:07:00
446	12	LUIS GOMES	38	M2039	166	M	1	CCDT METRO LX	01:07:40	01:07:40
447	137	FERNANDO SANTOS	55	M5559	33	M		AMIGOS BENFICA	01:07:45	01:07:45
448	394	JAIR NUNES	55	M5559	34	M		FC DESPERTAR	01:07:53	01:07:53
449	349	MARCO BATISTA	26	M2039	167	M		ACD BOCAL	01:07:58	01:07:40
450	524	PHELIM O KANE	50	M5054	62	M		OS ZATOPEQUES	01:08:02	01:07:37
451	1075	JOSE FAUSTINO	54	M5054	63	M		INDIVIDUAL	01:08:06	01:08:04
452	131	JOAO VICENTE	39	M2039	168	M		OS RASPOTACHO	01:08:08	01:07:35
453	627	ARLINDO DUARTE	43	M4044	97	M		CLUBE BANIF	01:08:09	01:08:09
454	371	EDUARDO FERREIRA	32	M2039	169	M		C MILLENNIUM BCP	01:08:11	01:08:11
455	658	ANTONIO GONÇALVES	55	M5559	35	M		GDU CAXIENSES	01:08:12	01:08:12
456	325	PEDRO PIRES	32	M2039	170	M		#1	01:08:16	01:07:51

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
457	233	MANUEL TAVARES	54	M5054	64	M		CCD SEG SOCIAL	01:08:18	01:08:18
458	184	FLORIVAL ANDRADE	59	M5559	36	M		O FORNO CIDADE	01:08:19	01:08:19
459	505	FERNANDO MALHEIROS	51	M5054	65	M		GELPINHOS	01:08:19	01:08:19
460	1185	JOSE NUNES	52	M5054	66	M		INDIVIDUAL	01:08:20	01:08:05
461	1112	ANTONIO MESQUITA	44	M4044	98	M		INDIVIDUAL	01:08:21	01:08:21
462	785	TIAGO MARTINS	26	M2039	171	M		CLUBE VODAFONE	01:08:23	01:08:23
463	1083	JOSE PINHEIRO	44	M4044	99	M		INDIVIDUAL	01:08:24	01:08:24
464	607	MANUEL CALISTO	56	M5559	37	M		CA PATAMEIRAS	01:08:26	01:08:21
465	427	ARISTIDES MONTEIRO	38	M2039	172	M		O MUNDO CORRIDA	01:08:27	01:08:27
466	960	MANUEL FRADE	56	M5559	38	M		CA BARREIRA	01:08:28	01:08:16
467	257	MAURO PIMENTA	31	M2039	173	M		GAA VILA FRANCA	01:08:29	01:08:29
468	618	JOSE VALENTIM	54	M5054	67	M		GD BV ALVERCA	01:08:30	01:08:30
469	351	LUIS OLIVEIRA	38	M2039	174	M		MULTITEAM	01:08:31	01:08:13
470	741	LEONEL CARVALHOSA	57	M5559	39	M		CP LIBERTY	01:08:33	01:08:33
471	816	RICARDO MADEIRA	33	M2039	175	M		SL CAMPOLIDE	01:08:33	01:08:33
472	467	ANTONIO ESPERANÇA	33	M2039	176	M		CA NAZARE	01:08:34	01:08:09
473	1050	JOSE SANANO	50	M5054	68	M		INDIVIDUAL	01:08:36	01:08:06
474	807	JOSE INFANTE	40	M4044	100	M		C PRAÇAS ARMADA	01:08:38	01:08:28
475	1027	CARLOS PORFIRIO	56	M5559	40	M		INDIVIDUAL	01:08:39	01:08:06
476	316	AUGUSTO BRITO	52	M5054	69	M		BOLOTAOBRA	01:08:41	01:08:31
477	711	ALICE BASILIO	38	F3599	7	F		AA MAFRA	01:08:41	01:08:12
478	281	JORGE PENEDO	44	M4044	101	M		GRUPO S	01:08:42	01:08:11
479	682	EDMUNDO LOURENÇO	29	M2039	177	M		HORTO RIBEIRADAS	01:08:42	01:08:42
480	1062	NUNO SARAIVA	20	M2039	178	M		INDIVIDUAL	01:08:44	01:08:26
481	985	JOAO MENDES	48	M4549	58	M		C OLIMPICO OEIRAS	01:08:50	01:08:47
482	1030	LUIS DIAS	63	M6099	18	M		INDIVIDUAL	01:08:53	01:08:53
483	1127	CARLOS JACINTO	39	M2039	179	M		INDIVIDUAL	01:08:53	01:08:45
484	379	ARNALDO PINTEUS	47	M4549	59	M		C MILLENNIUM BCP	01:08:54	01:08:51
485	424	JOSE MAGRO	38	M2039	180	M		O MUNDO CORRIDA	01:08:55	01:08:55
486	494	JOSE RICARDO	54	M5054	70	M		CA AGUALVA	01:08:58	01:08:58
487	350	JOAO BATISTA	31	M2039	181	M		ACD BOCAL	01:08:59	01:08:42
488	197	ANTONIO ESTRELA	41	M4044	102	M		INDIVIDUAL	01:09:02	01:09:02
489	791	ARMANDO CORREIA	56	M5559	41	M		LESMAS	01:09:02	01:09:02
490	170	AVELINO CABETE	57	M5559	42	M		AC PORTO SALVO	01:09:04	01:09:04
491	923	MANUEL SARAIVA	45	M4549	60	M		CF OS AVISENSES	01:09:07	01:08:54
492	323	LUIS GALAMBA	42	M4044	103	M		#1	01:09:11	01:09:11
493	458	VITOR ESGAIO	41	M4044	104	M		CA NAZARE	01:09:11	01:08:45
494	1078	ANTONIO VARELA	42	M4044	105	M		INDIVIDUAL	01:09:13	01:09:13
495	1158	ANTONIO MATA	46	M4549	61	M		INDIVIDUAL	01:09:13	01:08:59
496	358	SERGIO ANJOS	60	M6099	19	M		C MILLENNIUM BCP	01:09:15	01:09:15
497	106	RUI MOURA	54	M5054	71	M		FAMILIA BUGALHO	01:09:18	01:09:18
498	15	CARLOS MOREIRA	55	M5559	43	M	1	CCDT METRO LX	01:09:21	01:09:21

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
499	454	RUI AFONSO	36	M2039	182	M		LEIRIA RUN	01:09:25	01:09:03
500	370	JOAQUIM ARAUJO	43	M4044	106	M		C MILLENNIUM BCP	01:09:26	01:09:07
501	468	HERALDO PEIXE	29	M2039	183	M		CA NAZARE	01:09:28	01:09:02
502	761	CARLOS OLIVEIRA	57	M5559	44	M		CP EDP LISBOA	01:09:28	01:09:28
503	684	RAFAEL FREITAS	24	M2039	184	M		HORTO RIBEIRADAS	01:09:30	01:09:30
504	448	JOSE COSTA	37	M2039	185	M		AM Bº CV LUMIAR	01:09:34	01:09:34
505	752	JOSE VALERIO	61	M6099	20	M		CP LIBERTY	01:09:34	01:09:34
506	1177	MANUEL FLOR	60	M6099	21	M		INDIVIDUAL	01:09:35	01:09:35
507	284	JOAQUIM VIANA	45	M4549	62	M		PLUMAS	01:09:36	01:09:12
508	493	JOAO SANCHES	45	M4549	63	M		CA AGUALVA	01:09:38	01:09:38
509	875	PAULO SANTOS	39	M2039	186	M		ESGALHAS	01:09:42	01:09:42
510	876	LUIS ANTUNES	35	M2039	187	M		ESGALHAS	01:09:43	01:09:12
511	478	JORGE FERREIRA	47	M4549	64	M		JAF	01:09:44	01:09:44
512	907	JOAO ALVES	51	M5054	72	M		GD MACEDO	01:09:45	01:09:27
513	568	RUI VARELA	45	M4549	65	M		CAA BELEM	01:09:46	01:09:46
514	31	EDUARDO LAGOA	40	M4044	107	M	1	CCDT METRO LX	01:09:47	01:09:47
515	664	FERNANDO SANTOS	62	M6099	22	M		CP IVA	01:09:48	01:09:48
516	161	VITOR COTRIM	41	M4044	108	M		UDCA	01:09:49	01:09:49
517	414	JOSE JANELA	47	M4549	66	M		C BENFICA AGUALVA	01:09:51	01:09:43
518	938	JOSE GUIA	59	M5559	45	M		SS CGD	01:09:52	01:09:43
519	600	PAULO GAMBOA	37	M2039	188	M		CA PATAMEIRAS	01:09:53	01:09:47
520	156	LEONTINA OLIVEIRA	40	F3599	8	F		GD INE	01:09:55	01:09:55
521	202	ALVARO PORTUGAL	55	M5559	46	M		PRAZER CORRIDA	01:09:55	01:09:52
522	1104	MIGUEL SILVA	50	M5054	73	M		INDIVIDUAL	01:09:56	01:09:56
523	591	JOSE PEREIRA	60	M6099	23	M		AA LEBRES SADO	01:09:57	01:09:57
524	234	ANTONIO TEIXEIRA	48	M4549	67	M		CCD SEG SOCIAL	01:09:58	01:09:58
525	271	JOSE FREITAS	43	M4044	109	M		CDR AGUIAS UNIDAS	01:09:59	01:09:59
526	213	NEVES SILVA	55	M5559	47	M		C FERROV	01:10:04	01:10:04
527	943	ANTONIO TABORDA	57	M5559	48	M		SS CGD	01:10:06	01:10:06
528	1166	PAULO SAINICA	36	M2039	189	M		INDIVIDUAL	01:10:08	01:10:08
529	582	ANTONIO CAMPOS	50	M5054	74	M		GDCT UNICRE	01:10:09	01:10:09
530	1139	ANTONIO G ALMEIDA	45	M4549	68	M		INDIVIDUAL	01:10:13	01:10:13
531	236	PEDRO REIS	35	M2039	190	M		ADC VALE GROU	01:10:14	01:09:57
532	437	ANTONIO MENDONÇA	36	M2039	191	M		SOTECNICA	01:10:15	01:09:37
533	1165	JOAQUIM DAMAS	54	M5054	75	M		INDIVIDUAL	01:10:15	01:10:15
534	157	ANTONIO FERNANDES	60	M6099	24	M		SOTECNICA	01:10:18	01:09:40
535	1066	JOSE M MARTINS	40	M4044	110	M		INDIVIDUAL	01:10:21	01:10:21
536	971	JOSE RIJO	60	M6099	25	M		CCD SRS LISBOA	01:10:24	01:10:05
537	1117	NUNO FRADE	26	M2039	192	M		INDIVIDUAL	01:10:24	01:10:24
538	1080	FERNANDO ANACLETO	56	M5559	49	M		INDIVIDUAL	01:10:27	01:10:15
539	745	JOSE CRUZ	58	M5559	50	M		CP LIBERTY	01:10:28	01:10:28
540	166	MANUEL CRISPIM	56	M5559	51	M		UDCA	01:10:29	01:10:16

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
541	177	RAMIRO INÁCIO	56	M5559	52	M		C BENFICA	01:10:29	01:10:19
542	909	JOAQUIM MACEDO	53	M5054	76	M		GD MACEDO	01:10:33	01:10:33
543	914	OLGA PEREIRA	33	F2034	12	F		GD MACEDO	01:10:34	01:10:34
544	877	ARMANDO GONÇALVES	55	M5559	53	M		CCDT AUT ALMADA	01:10:37	01:10:37
545	132	JOAO ROXO	36	M2039	193	M		OS RASPOTACHO	01:10:39	01:10:06
546	208	CARLOS ALVES	51	M5054	77	M		C FERROV	01:10:40	01:10:12
547	171	JOSE SILVA	59	M5559	54	M		AC PORTO SALVO	01:10:41	01:10:11
548	453	LUIS LAGES	42	M4044	111	M		LEIRIA RUN	01:10:42	01:10:20
549	1198	MICHAEL ABERY	56	M5559	55	M		INDIVIDUAL	01:10:43	01:10:31
550	456	JOAQUIM MACATRAO	65	M6099	26	M		CA NAZARE	01:10:45	01:10:20
551	1055	AVELINO FERNANDES	35	M2039	194	M		INDIVIDUAL	01:10:45	01:10:45
552	774	JOAQUIM CORRULA	42	M4044	112	M		BRANDOA CORRE	01:10:46	01:10:46
553	1087	DIOGO MARTINS	31	M2039	195	M		SS CGD	01:10:46	01:10:46
554	879	JOSE CABRAL	51	M5054	78	M		CCDT AUT ALMADA	01:10:49	01:10:49
555	707	EDUARDO MAIA	65	M6099	27	M		AA MAFRA	01:10:51	01:10:51
556	188	JOAO BALSINHA	54	M5054	79	M		INDIVIDUAL	01:10:52	01:10:36
557	144	EDUARDO MOUTINHO	39	M2039	196	M		UNIDOS EXPO	01:10:55	01:10:55
558	302	CARLOS NABIÇA	44	M4044	113	M		GDCT BES	01:10:56	01:10:56
559	972	GONÇALO EZEQUIEL	30	M2039	197	M		VETCARNAXIDE	01:10:57	01:10:38
560	793	SUSANA ALMEIDA	38	F3599	9	F		LESMAS	01:10:58	01:10:49
561	1079	HORACIO VIEIRA	57	M5559	56	M		INDIVIDUAL	01:10:58	01:10:58
562	1110	FRANCISCO PEREIRA	38	M2039	198	M		INDIVIDUAL	01:10:59	01:10:39
563	740	ALVARO COELHO	50	M5054	80	M		CP LIBERTY	01:11:00	01:10:48
564	308	JOSE PEDRO	60	M6099	28	M		GDCT BES	01:11:01	01:11:01
565	556	JOSE CARVALHO	55	M5559	57	M		CCD EFACEC LX	01:11:07	01:10:37
566	446	PAULO SANTOS	38	M2039	199	M		AM Bº CV LUMIAR	01:11:08	01:11:08
567	970	JORGE SANTOS	30	M2039	200	M		CCD SRS LISBOA	01:11:08	01:11:08
568	1008	ANTONIO SIMOES	50	M5054	81	M		INDIVIDUAL	01:11:08	01:10:49
569	1150	JOSE G MOREIRA	50	M5054	82	M		INDIVIDUAL	01:11:08	01:10:58
570	520	JORGE MONTEIRO	35	M2039	201	M		OS ZATOPEQUES	01:11:12	01:11:06
571	42	FRANCISCO PLINIO	52	M5054	83	M	1	CCDT METRO LX	01:11:13	01:11:13
572	1054	CLAUDIO CUSTODIO	29	M2039	202	M		INDIVIDUAL	01:11:13	01:11:13
573	1188	MANUEL GOMES	42	M4044	114	M		INDIVIDUAL	01:11:13	01:10:58
574	851	FERNANDO AVELINO	48	M4549	69	M		A VALE SILENCIO	01:11:14	01:11:14
575	1035	JOSE RODRIGUES	48	M4549	70	M		INDIVIDUAL	01:11:15	01:10:51
576	1192	PEDRO PEREIRA	22	M2039	203	M		INDIVIDUAL	01:11:15	01:10:53
577	1034	GERMANO MATOS	59	M5559	58	M		INDIVIDUAL	01:11:17	01:10:53
578	817	PEDRO MADEIRA	34	M2039	204	M		SL CAMPOLIDE	01:11:22	01:11:17
579	1108	CARLOS AFONSO	49	M4549	71	M		INDIVIDUAL	01:11:24	01:11:03
580	115	JOAO VIEIRA	55	M5559	59	M		NA PALACIO	01:11:30	01:11:04
581	673	MIGUEL PINTO	43	M4044	115	M		SESIMBRA MAR	01:11:30	01:11:30
582	902	FERNANDO CARVALHO	67	M6099	29	M		GD MACEDO	01:11:32	01:11:32

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
583	501	JOAO REIS	43	M4044	116	M		VALEJAS AC	01:11:33	01:11:23
584	890	CARLOS MANTEU	40	M4044	117	M		CBE SA	01:11:34	01:11:34
585	1014	NELSON FURTADO	22	M2039	205	M		INDIVIDUAL	01:11:34	01:11:00
586	176	LUIS FARINHA	52	M5054	84	M		C BENFICA	01:11:35	01:11:22
587	549	JOSE VENANCIO	54	M5054	85	M		CCD CASA PIA	01:11:35	01:11:24
588	583	PAULO DUARTE	42	M4044	118	M		GDCT UNICRE	01:11:37	01:11:37
589	1099	JORGE A NUNES	42	M4044	119	M		INDIVIDUAL	01:11:38	01:11:00
590	1183	SERGIO ALMEIDA	40	M4044	120	M		INDIVIDUAL	01:11:41	01:11:19
591	871	MARCO GOUVEIA	34	M2039	206	M		CLUBE AUTOCOOPE	01:11:44	01:11:39
592	1061	MIGUEL SAN-PAYO	45	M4549	72	M		INDIVIDUAL	01:11:46	01:11:39
593	112	JOAO MIGUEL	70	M6099	30	M		TANGAS CLUBE	01:11:47	01:11:47
594	278	LUIS MENDES	34	M2039	207	M		CDR AGUIAS UNIDAS	01:11:47	01:11:18
595	356	AUGUSTO LOURENÇO	45	M4549	73	M		C MILLENNIUM BCP	01:11:48	01:11:48
596	483	STEVEN DUNLOP	34	M2039	208	M		EMSA TEAM	01:11:48	01:11:48
597	596	ESTELA GONÇALVES	30	F2034	13	F		AA LEBRES SADO	01:11:48	01:11:24
598	823	ANTONIO LIMA	45	M4549	74	M		SL CAMPOLIDE	01:11:52	01:11:50
599	1024	IGOR VALOROSO	21	M2039	209	M		INDIVIDUAL	01:11:53	01:11:53
600	1159	IDALECIO BARROS	53	M5054	86	M		INDIVIDUAL	01:11:54	01:11:34
601	767	JOAO TEIXEIRA	40	M4044	121	M		REMOLPINTA	01:11:55	01:11:55
602	165	JOSE RODRIGUES	54	M5054	87	M		UDCA	01:11:56	01:11:56
603	24	PAULO CAMPOS	42	M4044	122	M	1	CCDT METRO LX	01:11:59	01:11:59
604	942	ANTONIO CARPINTEIRO	63	M6099	31	M		SS CGD	01:12:02	01:12:02
605	786	TITO SANTOS	32	M2039	210	M		CLUBE VODAFONE	01:12:04	01:12:04
606	196	FERNANDO J SANTOS	58	M5559	60	M		INDIVIDUAL	01:12:10	01:12:06
607	313	LINO OLIVEIRA	62	M6099	32	M		BOLOTAOBRA	01:12:11	01:12:11
608	794	SONIA CAIXEIRINHO	37	F3599	10	F		LESMAS	01:12:11	01:12:11
609	631	FRANCISCO PEREIRA	41	M4044	123	M		CLUBE BANIF	01:12:12	01:11:47
610	886	AMADEU FERREIRA	66	M6099	33	M		GDCT REPSOL	01:12:12	01:11:45
611	241	JOSE GOMES	59	M5559	61	M		AAE BNU	01:12:16	01:12:00
612	158	AMERICO COSTA	50	M5054	88	M		TECNO SPIE	01:12:19	01:12:09
613	1156	ANTONIO SUL	39	M2039	211	M		INDIVIDUAL	01:12:22	01:12:02
614	23	AUGUSTO GODINHO	39	M2039	212	M	1	CCDT METRO LX	01:12:23	01:12:23
615	223	LEONEL PIRES	63	M6099	34	M		GDR PAP	01:12:23	01:12:23
616	1012	NUNO SANTOS	20	M2039	213	M		INDIVIDUAL	01:12:26	01:12:26
617	387	JOAO V PEREIRA	36	M2039	214	M		C MILLENNIUM BCP	01:12:30	01:12:30
618	973	PAULO TRINDADE	32	M2039	215	M		VETCARNAXIDE	01:12:31	01:12:13
619	1011	JULIO VAZ	66	M6099	35	M		INDIVIDUAL	01:12:31	01:12:03
620	522	FRANCISCO AGRA	45	M4549	75	M		OS ZATOPEQUES	01:12:34	01:12:27
621	692	LUIS MELO	50	M5054	89	M		AÇOREANA	01:12:37	01:12:31
622	1153	NUNO M B MARTINS	36	M2039	216	M		INDIVIDUAL	01:12:41	01:12:27
623	482	JAIME VEIGA	44	M4044	124	M		EMSA TEAM	01:12:45	01:12:45
624	602	ADRIANO VITORINO	46	M4549	76	M		CA PATAMEIRAS	01:12:47	01:12:40

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
625	50	JORGE SANTOS	32	M2039	217	M		1	CCDT METRO LX	01:12:49	01:12:36
626	1194	ANTONIO CRUZ	42	M4044	125	M			INDIVIDUAL	01:12:50	01:12:45
627	547	JOAQUIM FRAGOSO	58	M5559	62	M			CCD CASA PIA	01:12:51	01:12:51
628	19	FERNANDO CARDOSO	55	M5559	63	M		1	CCDT METRO LX	01:12:55	01:12:39
629	679	HENRIQUE FERREIRA	41	M4044	126	M			HORTO RIBEIRADAS	01:12:58	01:12:43
630	229	CONSTANCIO ALMEIDA	48	M4549	77	M			GA MONSANTO	01:13:03	01:12:29
631	489	LUIS SILVA	45	M4549	78	M			SPORTISEL	01:13:05	01:13:05
632	1129	ANTONIO H FERREIRA	49	M4549	79	M			INDIVIDUAL	01:13:05	01:12:48
633	71	ANTONIO SANTOS	49	M4549	80	M			CLUBE STRESS	01:13:06	01:13:06
634	280	JOSE CORREIA	55	M5559	64	M			GRUPO S	01:13:07	01:12:35
635	1195	MIGUEL LOUREIRO	31	M2039	218	M			INDIVIDUAL	01:13:08	01:13:08
636	1155	VITOR GONÇALVES	38	M2039	219	M			INDIVIDUAL	01:13:09	01:13:09
637	506	ALBERTO BELO	38	M2039	220	M			GELPINHOS	01:13:11	01:13:11
638	930	PAULO PIRES	42	M4044	127	M			SS CGD	01:13:12	01:13:12
639	969	FERNANDO AZEVEDO	55	M5559	65	M			CCD SRS LISBOA	01:13:12	01:13:10
640	1021	JOAO DUARTE	55	M5559	66	M			INDIVIDUAL	01:13:18	01:13:18
641	168	JOAQUIM RUIVO	39	M2039	221	M			CUA	01:13:23	01:13:23
642	763	ADOLFO SALAZAR	65	M6099	36	M			CP EDP LISBOA	01:13:25	01:12:52
643	100	MANUEL ROBALO	66	M6099	37	M			GD SANTANDER	01:13:26	01:12:53
644	839	FERNANDO TAVARES	54	M5054	90	M			GDCE BANCO BPI	01:13:29	01:12:58
645	982	FABIA SILVA	38	F3599	11	F			C OLIMPICO OEIRAS	01:13:31	01:13:31
646	1013	JOAQUIM Q LOPES	60	M6099	38	M			INDIVIDUAL	01:13:32	01:13:32
647	641	NUNO TALHADAS	41	M4044	128	M			CLUBE BANIF	01:13:34	01:13:28
648	460	MANUEL SEQUEIRA	51	M5054	91	M			CA NAZARE	01:13:35	01:13:08
649	747	JACINTO MARQUES	64	M6099	39	M			CP LIBERTY	01:13:42	01:13:42
650	127	JOAO FERREIRA	52	M5054	92	M			AMIGOS FLOR	01:13:43	01:13:43
651	72	CARLA CRUZ	39	F3599	12	F			CLUBE STRESS	01:13:44	01:13:18
652	1142	MIGUEL RAMOS	45	M4549	81	M			INDIVIDUAL	01:13:47	01:13:26
653	481	RUI P SANTOS	32	M2039	222	M			MERIDIANO	01:13:48	01:13:32
654	996	RICARDO GUERREIRO	29	M2039	223	M			INDIVIDUAL	01:13:52	01:13:28
655	975	HENRIQUE LOPES	29	M2039	224	M			VETCARNAXIDE	01:13:55	01:13:55
656	722	DOMINGOS RODRIGUES	60	M6099	40	M			AA MAFRA	01:14:01	01:14:01
657	111	ARTUR MARTINS	68	M6099	41	M			TANGAS CLUBE	01:14:05	01:13:58
658	1046	DOMINGOS BARREIROS	70	M6099	42	M			INDIVIDUAL	01:14:05	01:14:05
659	1092	PAULO VERISSIMO	43	M4044	129	M			INDIVIDUAL	01:14:06	01:13:36
660	1064	JOSE PATINHA	37	M2039	225	M			INDIVIDUAL	01:14:09	01:13:42
661	292	FERNANDO FERREIRA	69	M6099	43	M			AD REAL ACADEMIA	01:14:11	01:14:11
662	480	JOAO GONÇALVES	35	M2039	226	M			MERIDIANO	01:14:12	01:13:55
663	768	JORGE TAVARES	40	M4044	130	M			REMOLPINTA	01:14:15	01:13:40
664	776	AMILCAR FIGUEREDO	53	M5054	93	M			CLUBE ROBBIALAC	01:14:16	01:14:01
665	1116	NUNO R C RODRIGUES	30	M2039	227	M			INDIVIDUAL	01:14:16	01:14:16
666	655	JOSE CARDOSO	51	M5054	94	M			GDU CAXIENSES	01:14:17	01:14:17

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
667	21	ANTONIO RAMINHOS	58	M5559	67	M		1	CCDT METRO LX	01:14:20	01:14:06
668	842	CARLA VALADAS	30	F2034	14	F			GDCE BANCO BPI	01:14:21	01:13:53
669	838	PAULO ALMEIDA	40	M4044	131	M			GDCE BANCO BPI	01:14:22	01:13:50
670	183	JOAO MILHEIRO	48	M4549	82	M			O FORNO CIDADE	01:14:23	01:14:23
671	317	PEDRO SILVA	51	M5054	95	M			BOLOTAOBRA	01:14:23	01:14:03
672	659	MARIA NOVAIS	42	F3599	13	F			GDU CAXIENSES	01:14:24	01:14:24
673	129	GENTIL PEREIRA	34	M2039	228	M			AMIGOS FLOR	01:14:26	01:14:07
674	293	FERNANDO LOPES	62	M6099	44	M			AD REAL ACADEMIA	01:14:26	01:14:26
675	652	JOSE ALAGADOR	62	M6099	45	M			GDU CAXIENSES	01:14:26	01:14:26
676	420	HELDER AMADINHO	40	M4044	132	M			SEX SHOP 69	01:14:31	01:14:31
677	953	ANTONIO HORTA	54	M5054	96	M			CCDP MUN CASCAIS	01:14:34	01:14:21
678	688	TANIA MACHADO	33	F2034	15	F			AÇOREANA	01:14:35	01:14:35
679	626	ANTONIO NETO	36	M2039	229	M			CLUBE BANIF	01:14:36	01:14:08
680	378	MANUEL MARTA	62	M6099	46	M			C MILLENNIUM BCP	01:14:37	01:14:11
681	1193	PEDRO OLIVEIRA	37	M2039	230	M			INDIVIDUAL	01:14:38	01:14:38
682	230	FRANCISCO PINHEIRO	53	M5054	97	M			GA MONSANTO	01:14:39	01:14:26
683	1118	MIGUEL MARINA	33	M2039	231	M			INDIVIDUAL	01:14:43	01:14:43
684	1201	BRUNO ESTEVES	27	M2039	232	M			INDIVIDUAL	01:14:45	01:14:12
685	565	JOAO FANDANGO	53	M5054	98	M			CAA BELEM	01:14:47	01:14:47
686	882	LUIS GONÇALVES	48	M4549	83	M			CCDT AUT ALMADA	01:14:51	01:14:51
687	367	FERNANDO ALMEIDA	40	M4044	133	M			C MILLENNIUM BCP	01:14:52	01:14:52
688	182	PAULO SILVA	33	M2039	233	M			ATLETICO SJ	01:14:53	01:14:23
689	17	JOAQUIM MATOS	32	M2039	234	M		1	CCDT METRO LX	01:14:55	01:14:39
690	503	Mª MANUEL FOLGADO	57	F3599	14	F			VALEJAS AC	01:14:55	01:14:55
691	990	LUIS ALVES	41	M4044	134	M			AD REAL ACADEMIA	01:14:56	01:14:20
692	335	HENRIQUE FERREIRA	39	M2039	235	M			SMD CANEÇAS	01:14:57	01:14:57
693	336	LUIS COSTA	45	M4549	84	M			SMD CANEÇAS	01:14:57	01:14:57
694	11	ANTONIO EDUARDO	54	M5054	99	M		1	CCDT METRO LX	01:15:00	01:14:46
695	128	MANUEL HORTELAO	39	M2039	236	M			AMIGOS FLOR	01:15:01	01:15:01
696	581	JOSE PRAÇA	62	M6099	47	M			GDCT UNICRE	01:15:02	01:14:50
697	634	JOEL TRICANJI	31	M2039	237	M			CLUBE BANIF	01:15:03	01:14:55
698	885	JOAO D FERNANDES	60	M6099	48	M			INDIVIDUAL	01:15:08	01:15:08
699	81	JOAO BELCHIOR	47	M4549	85	M			CLUBE STRESS	01:15:10	01:15:10
700	526	JOSE MAIO	55	M5559	68	M			OS ZATOPEQUES	01:15:14	01:15:14
701	78	ELOI SILVA	56	M5559	69	M			CLUBE STRESS	01:15:15	01:14:37
702	119	LUIS PAULO	41	M4044	135	M			BUDELPACK	01:15:16	01:14:45
703	388	FERNANDO DOMINGUES	52	M5054	100	M			C MILLENNIUM BCP	01:15:16	01:15:03
704	585	VITOR CID	33	M2039	238	M			GDCT UNICRE	01:15:17	01:14:40
705	126	JOAO FIALHO	38	M2039	239	M			GRUPO MACHADA	01:15:18	01:14:46
706	22	MARIO MARTINS	58	M5559	70	M		1	CCDT METRO LX	01:15:24	01:15:09
707	637	JOSE SEQUEIRA	47	M4549	86	M			CLUBE BANIF	01:15:24	01:15:17
708	992	EGAS MARQUES	65	M6099	49	M			INDIVIDUAL	01:15:27	01:15:27

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
709	588	ALBERTO CAROLINO	56	M5559	71	M		AA LEBRES SADO	01:15:29	01:15:13
710	178	JOAQUIM MONTEIRO	65	M6099	50	M		C BENFICA	01:15:30	01:15:30
711	357	MARIO CAMPOS	59	M5559	72	M		C MILLENNIUM BCP	01:15:30	01:15:30
712	1074	JOSE M MAGALHAES	40	M4044	136	M		INDIVIDUAL	01:15:31	01:15:31
713	1200	DANIEL COLLA	36	M2039	240	M		INDIVIDUAL	01:15:32	01:15:04
714	1042	JOAQUIM J LOPES	51	M5054	101	M		INDIVIDUAL	01:15:34	01:15:29
715	288	JOSE MENDES	42	M4044	137	M		AD REAL ACADEMIA	01:15:41	01:15:36
716	1031	JORGE DURO	35	M2039	241	M		INDIVIDUAL	01:15:45	01:15:45
717	540	EDUARDO JORGE	54	M5054	102	M		NASHUATEC	01:15:46	01:15:46
718	636	JOSE PAVAO	51	M5054	103	M		CLUBE BANIF	01:15:48	01:15:22
719	1051	RUI P RODRIGUES	40	M4044	138	M		INDIVIDUAL	01:15:48	01:15:48
720	566	JULIO CASTRO	48	M4549	87	M		CAA BELEM	01:15:51	01:15:51
721	1082	RUI TENRINHO	35	M2039	242	M		INDIVIDUAL	01:15:53	01:15:49
722	1167	JOAO P SILVA	39	M2039	243	M		INDIVIDUAL	01:15:55	01:15:36
723	152	ALICE GONÇALVES	35	F3599	15	F		GD MPL	01:15:57	01:15:41
724	1053	PAULA SANTOS	38	F3599	16	F		INDIVIDUAL	01:15:58	01:15:58
725	160	VENANCIO BRANCO	33	M2039	244	M		TECNO SPIE	01:16:00	01:16:00
726	1174	JOSE MORAIS	51	M5054	104	M		INDIVIDUAL	01:16:03	01:15:41
727	789	LUIS V VERDE	34	M2039	245	M		CLUBE VODAFONE	01:16:08	01:16:08
728	496	BRUNO COELHO	30	M2039	246	M		VALEJAS AC	01:16:09	01:16:09
729	497	JOSE SILVA	53	M5054	105	M		VALEJAS AC	01:16:09	01:15:36
730	723	JOAO PAÇO	49	M4549	88	M		AA MAFRA	01:16:10	01:16:10
731	749	GONÇALO GARCIA	54	M5054	106	M		CP LIBERTY	01:16:13	01:16:02
732	362	SOBRAL SOUSA	61	M6099	51	M		C MILLENNIUM BCP	01:16:15	01:15:45
733	134	JOSE MATILDES	51	M5054	107	M		OS NUNES	01:16:17	01:16:14
734	136	DANIEL NUNES	27	M2039	247	M		OS NUNES	01:16:17	01:16:17
735	181	JOSE MORENO	38	M2039	248	M		HORTO RIBEIRADAS	01:16:19	01:16:19
736	810	DIAMANTINO ALBUQUERQUE	54	M5054	108	M		CD MAFRA	01:16:20	01:16:20
737	1125	JORGE MARTINS	27	M2039	249	M		INDIVIDUAL	01:16:25	01:16:25
738	1157	ISABEL RODRIGUES	37	F3599	17	F		INDIVIDUAL	01:16:25	01:16:06
739	560	JOSE CORREIA	28	M2039	250	M		CCD EFACEC LX	01:16:26	01:16:26
740	101	NUNO CARNEIRO	34	M2039	251	M		JAMOR	01:16:28	01:16:00
741	1004	JOAO ANDRADE	25	M2039	252	M		INDIVIDUAL	01:16:28	01:15:55
742	525	CARLOS GUIMARAES	53	M5054	109	M		OS ZATOPEQUES	01:16:30	01:16:30
743	1162	FERNANDA FERREIRA	41	F3599	18	F		INDIVIDUAL	01:16:30	01:16:30
744	210	CUSTODIO JANUARIO	55	M5559	73	M		C FERROV	01:16:31	01:16:31
745	431	PEDRO RODRIGUES	38	M2039	253	M		CLAC PAREDE	01:16:32	01:15:57
746	521	RUI OLIVEIRA	37	M2039	254	M		OS ZATOPEQUES	01:16:32	01:16:32
747	180	SAMUEL ARAUJO	41	M4044	139	M		HORTO RIBEIRADAS	01:16:34	01:16:01
748	510	ANTONIO SOUSA	65	M6099	52	M		GELPINHOS	01:16:36	01:16:13
749	1076	AUGUSTO FERREIRA	59	M5559	74	M		INDIVIDUAL	01:16:37	01:16:37
750	487	LUCIANO ASSUNCAO	62	M6099	53	M		SPORTISEL	01:16:38	01:16:38

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
751	751	MARIO FERREIRA	62	M6099	54	M			CP LIBERTY	01:16:39	01:16:26
752	383	MIGUEL BIDARRA	45	M4549	89	M			C MILLENNIUM BCP	01:16:40	01:16:24
753	423	MARCIO FONSECA	21	M2039	255	M			O MUNDO CORRIDA	01:16:40	01:16:26
754	1098	PAULO NUNES	35	M2039	256	M			INDIVIDUAL	01:16:50	01:16:50
755	623	JOAO DURAO	56	M5559	75	M			NA PAPAGAIOS	01:16:53	01:16:53
756	932	JOAO BALAO	68	M6099	55	M			SS CGD	01:16:57	01:16:57
757	244	MANUEL SANTOS	60	M6099	56	M			GAA VILA FRANCA	01:17:02	01:17:02
758	859	PAULO PORTUGAL	43	M4044	140	M			A VALE SILENCIO	01:17:02	01:17:02
759	1101	ALMERINDO SILVA	48	M4549	90	M			INDIVIDUAL	01:17:03	01:17:03
760	250	PAULO SOUSA	40	M4044	141	M			GAA VILA FRANCA	01:17:05	01:16:44
761	86	JOAO COUTINHO	44	M4044	142	M			CLUBE STRESS	01:17:06	01:17:06
762	91	PEDRO SOARES	33	M2039	257	M			CLUBE STRESS	01:17:06	01:17:06
763	92	PEDRO COSTA	44	M4044	143	M			CLUBE STRESS	01:17:06	01:16:39
764	84	JOSE CRESPO	43	M4044	144	M			CLUBE STRESS	01:17:07	01:17:07
765	469	JOAO CONSTANTINO	32	M2039	258	M			CA NAZARE	01:17:09	01:16:42
766	173	RUI CARNEIRO	52	M5054	110	M			JOAO CARNEIRO	01:17:16	01:16:36
767	841	VASCO SANTOS	48	M4549	91	M			GDCE BANCO BPI	01:17:17	01:17:03
768	848	ALBERTO SANTOS	51	M5054	111	M			GDCE BANCO BPI	01:17:17	01:17:17
769	26	ALIPIO OLIVEIRA	47	M4549	92	M	1		CCDT METRO LX	01:17:18	01:17:04
770	1060	AVELINO VESTIAS	58	M5559	76	M			INDIVIDUAL	01:17:20	01:17:19
771	290	ANTONIO VENTURA	48	M4549	93	M			AD REAL ACADEMIA	01:17:23	01:17:23
772	1022	DANIELA MARINHEIRO	30	F2034	16	F			INDIVIDUAL	01:17:23	01:16:57
773	245	MANUEL HORTA	55	M5559	77	M			GAA VILA FRANCA	01:17:32	01:17:32
774	915	ORLANDO COUTO	53	M5054	112	M			GD MACEDO	01:17:33	01:17:21
775	154	NUNO ROMAO	40	M4044	145	M			GD INE	01:17:34	01:17:34
776	1020	LUIS VICENTE	47	M4549	94	M			INDIVIDUAL	01:17:43	01:17:43
777	46	ALBERTO MARTINHO	44	M4044	146	M	1		CCDT METRO LX	01:17:45	01:17:45
778	25	JOAO CUNHA	47	M4549	95	M	1		CCDT METRO LX	01:17:47	01:17:47
779	934	FERNANDO ALVES	46	M4549	96	M			SS CGD	01:17:49	01:17:15
780	950	SEVERINO ROSA	52	M5054	113	M			SS CGD	01:17:50	01:17:29
781	531	BASILIO LEAL	50	M5054	114	M			NASHUATEC	01:17:54	01:17:25
782	1069	JOAO BORGES	40	M4044	147	M			INDIVIDUAL	01:17:55	01:17:55
783	1071	JOSE A MARTINS	40	M4044	148	M			INDIVIDUAL	01:17:55	01:17:55
784	495	SERGIO SILVA	31	M2039	259	M			VALEJAS AC	01:17:58	01:17:58
785	1145	RUI ROSA	51	M5054	115	M			INDIVIDUAL	01:17:58	01:17:19
786	1081	JOSE A C SANTOS	47	M4549	97	M			INDIVIDUAL	01:17:59	01:17:59
787	1067	JOAQUIM FILIPE	30	M2039	260	M			INDIVIDUAL	01:18:00	01:17:24
788	884	MANUEL SEQUEIRA	57	M5559	78	M			GDCT REPSOL	01:18:01	01:18:01
789	1043	ALIPIO COELHO	41	M4044	149	M			INDIVIDUAL	01:18:01	01:17:48
790	20	MANUEL DANTAS	61	M6099	57	M	1		CCDT METRO LX	01:18:02	01:18:02
791	237	SHAHAB SHAHIDIAN	45	M4549	98	M			ADC VALE GROU	01:18:04	01:17:46
792	790	ORLANDO SILVA	48	M4549	99	M			OS ZATOPEQUES	01:18:06	01:18:06

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
793	868	JOSE DIAS	50	M5054	116	M			CLUBE AUTOCOOPE	01:18:06	01:17:57
794	439	ARMANDO PARREIRA	39	M2039	261	M			ETAR	01:18:08	01:18:08
795	28	RAFAEL SANTOS	41	M4044	150	M	1		CCDT METRO LX	01:18:09	01:18:09
796	235	ALVARO CASTRO	50	M5054	117	M			CCD SEG SOCIAL	01:18:10	01:18:10
797	18	PEDRO SANTOS	38	M2039	262	M	1		CCDT METRO LX	01:18:12	01:18:12
798	1009	FERNANDO SANTOS	41	M4044	151	M			INDIVIDUAL	01:18:12	01:17:42
799	1086	JOAO L TAVORA	37	M2039	263	M			INDIVIDUAL	01:18:12	01:18:12
800	207	MARTINS BARATA	64	M6099	58	M			C FERROV	01:18:13	01:17:53
801	266	JOSE SANTOS	49	M4549	100	M			CDR AGUIAS UNIDAS	01:18:13	01:18:06
802	27	JOSE PIRES	72	M6099	59	M	1		CCDT METRO LX	01:18:24	01:18:18
803	757	HENRIQUE VILHENA	51	M5054	118	M			SMO PROGRESSO	01:18:24	01:18:24
804	770	ANTONIO GONÇALVES	38	M2039	264	M			REMOLPINTA	01:18:24	01:18:24
805	846	RUI VIGOÇO	63	M6099	60	M			GDCE BANCO BPI	01:18:24	01:17:43
806	1052	GRAÇA ROLDAO	44	F3599	19	F			INDIVIDUAL	01:18:24	01:18:00
807	792	LUISA SANTO	41	F3599	20	F			LESMAS	01:18:25	01:18:25
808	648	VICENTE FERREIRA	62	M6099	61	M			GDU CAXIENSES	01:18:26	01:18:26
809	76	CASIMIRO FERREIRA	64	M6099	62	M			CLUBE STRESS	01:18:28	01:18:00
810	206	FERNANDO PESTANA	61	M6099	63	M			C FERROV	01:18:31	01:18:03
811	1093	MARIO DIAS	57	M5559	79	M			INDIVIDUAL	01:18:37	01:18:25
812	1094	RUI ANTUNES	28	M2039	265	M			INDIVIDUAL	01:18:40	01:18:40
813	735	PAULO LOPES	39	M2039	266	M			CP LIBERTY	01:18:45	01:18:16
814	1090	ANTONIO VALENTE	50	M5054	119	M			INDIVIDUAL	01:18:45	01:18:14
815	788	RENE PEREIRA	34	M2039	267	M			CLUBE VODAFONE	01:18:48	01:18:48
816	331	ANTONIO AMIEIRO	39	M2039	268	M			CCR ALTO MOINHO	01:18:50	01:18:50
817	537	CARLOS COSTA	37	M2039	269	M			NASHUATEC	01:18:51	01:18:20
818	940	RONILSON CALDEIRA	31	M2039	270	M			SS CGD	01:18:52	01:18:52
819	70	ALBERTO PIMENTA	51	M5054	120	M			CLUBE STRESS	01:18:56	01:18:30
820	1016	EDUARDO SANTOS	51	M5054	121	M			INDIVIDUAL	01:18:58	01:18:58
821	1	LEIRIA PINTO	62	M6099	64	M			CLUBE STRESS	01:19:00	01:18:34
822	75	CARLOS PAIVA	48	M4549	101	M			CLUBE STRESS	01:19:00	01:18:32
823	41	JOSE BOQUINHAS	49	M4549	102	M	1		CCDT METRO LX	01:19:01	01:19:01
824	511	ALBERTINO SANTOS	43	M4044	152	M			GELPINHOS	01:19:03	01:18:39
825	508	RAUL CORREIA	43	M4044	153	M			GELPINHOS	01:19:04	01:19:04
826	509	ROMAO GUINCHO	55	M5559	80	M			GELPINHOS	01:19:04	01:19:04
827	1026	ORLANDO RODRIGUES	43	M4044	154	M			INDIVIDUAL	01:19:06	01:19:06
828	185	EDUARDO MARTINS	58	M5559	81	M			O FORNO CIDADE	01:19:10	01:18:53
829	282	ANTONIO MOURA	51	M5054	122	M			PLUMAS	01:19:14	01:19:14
830	968	JOSE NUNES	51	M5054	123	M			CCD SRS LISBOA	01:19:14	01:18:47
831	198	NUNO SANTIAGO	31	M2039	271	M			O MUNDO CORRIDA	01:19:15	01:19:02
832	1044	JOAO M COSTA	55	M5559	82	M			INDIVIDUAL	01:19:16	01:18:42
833	1161	RUI FERREIRA	38	M2039	272	M			INDIVIDUAL	01:19:16	01:19:16
834	1107	ANDRE SILVA	21	M2039	273	M			INDIVIDUAL	01:19:17	01:19:17

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
835	1144	CRISTINA GAVINHO	31	F2034	17	F		INDIVIDUAL	01:19:18	01:18:39
836	669	ADELINO FORTUNATO	58	M5559	83	M		SESIMBRA MAR	01:19:19	01:19:19
837	391	ANTONIO MELO	66	M6099	65	M		C MILLENNIUM BCP	01:19:20	01:19:12
838	589	JOAQUIM PEREIRA	68	M6099	66	M		AA LEBRES SADO	01:19:21	01:19:14
839	1143	Mª CARMO BARROS	48	F3599	21	F		INDIVIDUAL	01:19:21	01:19:21
840	853	FRANCISCO OLIVEIRA	51	M5054	124	M		A VALE SILENCIO	01:19:24	01:19:24
841	1084	FRANCISCO FARIA	38	M2039	274	M		INDIVIDUAL	01:19:32	01:19:28
842	216	JORGE OLIVEIRA	56	M5559	84	M		C FERROV	01:19:37	01:19:37
843	945	LUIS BILAU	55	M5559	85	M		SS CGD	01:19:39	01:19:11
844	1048	JOSE COELHO	42	M4044	155	M		INDIVIDUAL	01:19:40	01:19:40
845	95	RICARDO FERNANDES	48	M4549	103	M		CLUBE STRESS	01:19:42	01:19:16
846	212	ROGERIO MORAIS	47	M4549	104	M		C FERROV	01:19:44	01:19:44
847	220	RITA VALENTIM	43	F3599	22	F		C FERROV	01:19:44	01:19:12
848	65	ANA BARATA	49	F3599	23	F		GD FABRIL	01:19:48	01:19:37
849	37	TERESA LOPES	35	F3599	24	F	1	CCDT METRO LX	01:19:53	01:19:53
850	1148	PEDRO NICOLAU	36	M2039	275	M		INDIVIDUAL	01:19:56	01:19:56
851	799	Mª MARGARIDA SOARES	52	F3599	25	F		LESMAS	01:19:57	01:19:57
852	925	RUI CORDEIRO	65	M6099	67	M		CCD MUN	01:19:58	01:19:58
853	725	ALVARO PAULINO	57	M5559	86	M		AA MAFRA	01:20:00	01:20:00
854	1038	JOAO L SANTOS	45	M4549	105	M		INDIVIDUAL	01:20:00	01:19:26
855	936	HELDER VALENTE	34	M2039	276	M		SS CGD	01:20:03	01:19:24
856	926	RAMG	52	M5054	125	M		CCD MUN	01:20:04	01:19:27
857	1151	ALVARO MARQUES	57	M5559	87	M		INDIVIDUAL	01:20:04	01:19:59
858	888	ANTONIO CARDOSO	32	M2039	277	M		LANG	01:20:10	01:20:10
859	486	DAVE PATIENT	43	M4044	156	M		EMSA TEAM	01:20:13	01:19:36
860	573	JOSE CASTRO	49	M4549	106	M		CAA BELEM	01:20:16	01:19:49
861	847	JOSE MESTRE	50	M5054	126	M		GDCE BANCO BPI	01:20:18	01:19:55
862	665	RUFINO CESAR	52	M5054	127	M		CP IVA	01:20:22	01:20:22
863	904	INACIO GONCALVES	56	M5559	88	M		GD MACEDO	01:20:23	01:20:23
864	897	ARTUR DINIS	50	M5054	128	M		GD MACEDO	01:20:24	01:20:24
865	361	OSCAR MARQUES	54	M5054	129	M		C MILLENNIUM BCP	01:20:25	01:20:13
866	1019	CARLOS RAMOS	44	M4044	157	M		INDIVIDUAL	01:20:25	01:20:25
867	924	ANTONIO VEIGA	70	M6099	68	M		CF OS AVISENSES	01:20:34	01:20:17
868	905	ISABEL OLEIRO	34	F2034	18	F		GD MACEDO	01:20:37	01:20:19
869	305	JOSE SANTOS	60	M6099	69	M		GDCT BES	01:20:39	01:20:15
870	558	FERNANDO MAGALHAES	51	M5054	130	M		CCD EFACEC LX	01:20:42	01:20:42
871	533	PEDRO BARBOSA	45	M4549	107	M		NASHUATEC	01:20:43	01:20:13
872	392	PAULO REBOCHO	43	M4044	158	M		C MILLENNIUM BCP	01:20:44	01:20:25
873	1097	CARLOS M CRUZ	40	M4044	159	M		INDIVIDUAL	01:20:44	01:20:13
874	594	ARTUR GONÇALVES	32	M2039	278	M		AA LEBRES SADO	01:20:45	01:20:45
875	895	ANTONIO COSTA	65	M6099	70	M		GD MACEDO	01:20:47	01:20:47
876	989	JORGE ESTEVES	43	M4044	160	M		AD REAL ACADEMIA	01:20:47	01:20:11

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
877	287	ANALICE SILVA	64	F3599	26	F			AD REAL ACADEMIA	01:20:48	01:20:38
878	1126	PAULA MACHADO	53	F3599	27	F			INDIVIDUAL	01:20:48	01:20:38
879	1140	CARLOS SOUSA	51	M5054	131	M			INDIVIDUAL	01:20:52	01:20:43
880	831	FERNANDO FACHADAS	57	M5559	89	M			GDCE BANCO BPI	01:20:56	01:20:22
881	239	JOAO BRANCO	60	M6099	71	M			AAE BNU	01:20:57	01:20:57
882	850	EMILIO GONÇALVES	41	M4044	161	M			A VALE SILENCIO	01:20:59	01:20:27
883	218	GUALDINO MARTINS	57	M5559	90	M			C FERROV	01:21:01	01:20:28
884	74	CARLOS FIGUEIREDO	43	M4044	162	M			CLUBE STRESS	01:21:03	01:21:03
885	662	JOSE SILVA	63	M6099	72	M			CP IVA	01:21:04	01:20:46
886	808	RUI INFANTE	37	M2039	279	M			C PRAÇAS ARMADA	01:21:04	01:20:24
887	836	RENATO CRUZ	39	M2039	280	M			GDCE BANCO BPI	01:21:07	01:20:50
888	928	CARLOS ALBANO	36	M2039	281	M			SS CGD	01:21:07	01:20:28
889	1003	JOAQUIM COELHO	57	M5559	91	M			INDIVIDUAL	01:21:08	01:21:08
890	240	DOMINGOS COSTA	59	M5559	92	M			AAE BNU	01:21:10	01:21:10
891	1146	JOSE MALES	54	M5054	132	M			INDIVIDUAL	01:21:14	01:20:50
892	544	MANUEL FERREIRA	61	M6099	73	M			QUIOSQUE MIRANTE	01:21:16	01:21:16
893	632	JOAO CABRITA	50	M5054	133	M			CLUBE BANIF	01:21:17	01:21:17
894	639	MICHEL COSTA	36	M2039	282	M			CLUBE BANIF	01:21:17	01:20:47
895	645	VALTER CUNHA	32	M2039	283	M			CLUBE BANIF	01:21:17	01:20:48
896	580	JOAQUIM SANTOS	50	M5054	134	M			UCRD PRAIENSE	01:21:20	01:21:20
897	120	JOAO SANTOS	55	M5559	93	M			BUDELPACK	01:21:22	01:21:22
898	562	PAULO SANTOS	39	M2039	284	M			CCD EFACEC LX	01:21:24	01:21:24
899	488	MARIO PINA	65	M6099	74	M			SPORTISEL	01:21:30	01:21:06
900	32	JOAO CONSTANCIO	61	M6099	75	M		1	CCDT METRO LX	01:21:34	01:21:34
901	365	JORGE SOARES	43	M4044	163	M			C MILLENNIUM BCP	01:21:38	01:21:38
902	947	HELENA MEDEIRO	40	F3599	28	F			SS CGD	01:21:40	01:21:40
903	36	ORLANDO SOUSA	45	M4549	108	M		1	CCDT METRO LX	01:21:44	01:21:06
904	430	PEDRO PIRES	43	M4044	164	M			CLAC PAREDE	01:21:45	01:21:45
905	432	VASCO REBELO	41	M4044	165	M			CLAC PAREDE	01:21:45	01:21:10
906	1041	JOAQUIM MONICA	49	M4549	109	M			INDIVIDUAL	01:21:46	01:21:23
907	795	ANTONIO CARVALHO	23	M2039	285	M			LESMAS	01:21:48	01:21:48
908	33	FRANCISCO GONÇALVES	41	M4044	166	M		1	CCDT METRO LX	01:21:54	01:21:54
909	299	MARIO LAMEIRAO	59	M5559	94	M			AD REAL ACADEMIA	01:22:05	01:22:05
910	1015	LUIS FRIGA	24	M2039	286	M			INDIVIDUAL	01:22:08	01:22:08
911	434	JOAO GONÇALVES	62	M6099	76	M			CLAC PAREDE	01:22:15	01:22:15
912	440	NELSON MOTA	37	M2039	287	M			ETAR	01:22:16	01:22:16
913	929	LUIS BOTTO	49	M4549	110	M			SS CGD	01:22:24	01:22:03
914	429	SANDRA SOUSA	49	F3599	29	F			CLAC PAREDE	01:22:25	01:22:25
915	228	ANTONIO REYES	53	M5054	135	M			GA MONSANTO	01:22:29	01:21:55
916	755	NUNO VENTURA	34	M2039	288	M			SMO PROGRESSO	01:22:29	01:22:29
917	124	JOSE TAVARES	61	M6099	77	M			GRUPO MACHADA	01:22:40	01:22:40
918	279	JOAO PINTO	50	M5054	136	M			GRUPO S	01:22:44	01:22:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
919	30	CRUZ MARQUES	56	M5559	95	M	1	CCDT METRO LX	01:22:54	01:22:18
920	1131	MARIO CONSTANCIO	33	M2039	289	M		INDIVIDUAL	01:23:01	01:22:24
921	899	JOAO PRETO	29	M2039	290	M		INDIVIDUAL	01:23:05	01:23:05
922	1039	NICOLAU FURTADO	43	M4044	167	M		INDIVIDUAL	01:23:14	01:23:14
923	491	JAIME SILVA	48	M4549	111	M		SPORTISEL	01:23:16	01:22:49
924	552	JOSE SIMOES	59	M5559	96	M		CCD CASA PIA	01:23:16	01:23:16
925	826	ANTONIO SILVA	48	M4549	112	M		SL CAMPOLIDE	01:23:21	01:23:21
926	830	ARMINDO VELEZ	58	M5559	97	M		SL CAMPOLIDE	01:23:21	01:23:06
927	1089	FERNANDO A AZEVEDO	43	M4044	168	M		INDIVIDUAL	01:23:25	01:23:04
928	622	ZACARIAS ALVES	47	M4549	113	M		NA PAPAGAIOS	01:23:49	01:23:11
929	646	JORGE CANTEIRO	38	M2039	291	M		CLUBE BANIF	01:23:50	01:23:12
930	143	ANA PORTELA	59	F3599	30	F		OS PORTELAS	01:23:54	01:23:54
931	1187	ANDRE MARTINS	21	M2039	292	M		INDIVIDUAL	01:23:54	01:23:54
932	773	JOAO VAZ	44	M4044	169	M		BRANDOA CORRE	01:23:55	01:23:35
933	141	GILBERTO GONÇALVES	59	M5559	98	M		CR ALVORADA	01:23:58	01:23:31
934	1175	JOSE L LOPES	50	M5054	137	M		INDIVIDUAL	01:23:58	01:23:35
935	927	AURELIO CALADO	58	M5559	99	M		SS CGD	01:24:01	01:23:27
936	1186	ANTONIO MARTINS	46	M4549	114	M		INDIVIDUAL	01:24:01	01:24:01
937	1196	PEDRO RODRIGUES	59	M5559	100	M		INDIVIDUAL	01:24:01	01:24:01
938	35	FERNANDO FERNANDES	55	M5559	101	M	1	CCDT METRO LX	01:24:11	01:23:55
939	187	TELMO CARVALHO	30	M2039	293	M		INDIVIDUAL	01:24:13	01:23:49
940	845	FERNANDO LUZ	38	M2039	294	M		GDCE BANCO BPI	01:24:24	01:23:43
941	214	MIGUEL BARATA	35	M2039	295	M		C FERROV	01:24:25	01:24:04
942	372	LEONEL BRANDAO	40	M4044	170	M		C MILLENNIUM BCP	01:24:30	01:24:19
943	151	TINA OLIVEIRA	44	F3599	31	F		GD MPL	01:24:35	01:24:19
944	777	JOAO BARATA	58	M5559	102	M		CLUBE ROBBIALAC	01:24:46	01:24:31
945	887	LUIS TORRAO	54	M5054	138	M		GDCT REPSOL	01:24:49	01:24:49
946	541	EURICO JESUS	39	M2039	296	M		NASHUATEC	01:24:53	01:24:23
947	564	LUIS ROSA	54	M5054	139	M		CAA BELEM	01:24:54	01:24:54
948	243	FRANCISCO JORGE	69	M6099	78	M		GAA VILA FRANCA	01:24:55	01:24:47
949	303	JOAO VENCES	54	M5054	140	M		GDCT BES	01:24:59	01:24:59
950	597	CELIA AZENHA	43	F3599	32	F		AA LEBRES SADO	01:25:00	01:24:43
951	998	BRUNO CAETANO	29	M2039	297	M		INDIVIDUAL	01:25:06	01:24:33
952	756	JORGE NARCISO	47	M4549	115	M		SMO PROGRESSO	01:25:08	01:24:28
953	667	JOSE REIS	53	M5054	141	M		CP IVA	01:25:11	01:24:30
954	1088	MANUEL G NUNES	62	M6099	79	M		INDIVIDUAL	01:25:13	01:25:13
955	359	LEONEL FERREIRINHA	59	M5559	103	M		C MILLENNIUM BCP	01:25:18	01:25:18
956	381	AMADEU LOPES	74	M6099	80	M		C MILLENNIUM BCP	01:25:18	01:25:04
957	758	HELIO GODINHO	57	M5559	104	M		SMO PROGRESSO	01:25:19	01:25:19
958	893	ANTONIA OLEIRO	41	F3599	33	F		GD MACEDO	01:25:23	01:25:23
959	504	FERNANDO MENDES	59	M5559	105	M		GELPINHOS	01:25:24	01:25:24
960	668	CESAR GOMES	50	M5054	142	M		CP IVA	01:25:27	01:24:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
961	1096	JOAO PISSARA	51	M5054	143	M		INDIVIDUAL	01:25:34	01:25:14
962	512	JORGE NEVES	40	M4044	171	M		OS ZATOPEQUES	01:25:38	01:25:38
963	933	ANDRE NORONHA	43	M4044	172	M		SS CGD	01:25:39	01:25:17
964	1063	EBERHARD WILHELM	60	M6099	81	M		INDIVIDUAL	01:25:51	01:25:51
965	1073	JOAQUIM BELGA	49	M4549	116	M		INDIVIDUAL	01:25:55	01:25:55
966	557	ADELINO CASTRO	56	M5559	106	M		CCD EFACEC LX	01:25:58	01:25:58
967	1109	TEREZA KNAPIC	55	F3599	34	F		INDIVIDUAL	01:25:58	01:25:37
968	1130	LUIS H COSTA	52	M5054	144	M		INDIVIDUAL	01:25:58	01:25:35
969	528	ANTONIO CASTRO	38	M2039	298	M		OS ZATOPEQUES	01:25:59	01:25:59
970	1032	LUIS M COSTA	68	M6099	82	M		INDIVIDUAL	01:26:01	01:25:39
971	728	EGIDIO PORTELA	51	M5054	145	M		AA MAFRA	01:26:11	01:25:45
972	179	VITOR PETINGA	72	M6099	83	M		C BENFICA	01:26:13	01:26:13
973	1141	MIGUEL NETO	41	M4044	173	M		INDIVIDUAL	01:26:17	01:25:43
974	1160	PEDRO MATIAS	54	M5054	146	M		INDIVIDUAL	01:26:18	01:25:56
975	464	VITOR LOURAÇO	61	M6099	84	M		CA NAZARE	01:26:20	01:25:58
976	500	ILIDIO TORGAL	65	M6099	85	M		VALEJAS AC	01:26:25	01:25:49
977	1135	SANDRA LOPES	36	F3599	35	F		INDIVIDUAL	01:26:28	01:26:28
978	1102	VITOR FRANCISCO	35	M2039	299	M		INDIVIDUAL	01:26:39	01:26:39
979	539	JOSE BERNARDO	51	M5054	147	M		NASHUATEC	01:26:54	01:26:25
980	949	PAULO BILAO	37	M2039	300	M		SS CGD	01:27:07	01:27:07
981	529	ANTONIO MATEUS	65	M6099	86	M		OS ZATOPEQUES	01:27:15	01:27:15
982	354	HUMBERTO FERREIRA	61	M6099	87	M		C MILLENNIUM BCP	01:27:24	01:27:14
983	1072	JOAO P VENTURA	38	M2039	301	M		INDIVIDUAL	01:27:29	01:27:29
984	238	LUIS HORTENCIO	33	M2039	302	M		ADC VALE GROU	01:27:32	01:27:15
985	499	CARLOS CRESPO	45	M4549	117	M		VALEJAS AC	01:27:32	01:27:32
986	352	MIGUEL CASTELA	37	M2039	303	M		MULTITEAM	01:27:33	01:27:33
987	436	VICTOR MENDES	43	M4044	174	M		SOTECNICA	01:27:33	01:26:53
988	530	ANTONIO BRITO	58	M5559	107	M		NASHUATEC	01:27:40	01:27:13
989	881	JOAQUIM MACHADO	55	M5559	108	M		CCDT AUT ALMADA	01:27:46	01:27:30
990	369	OCTAVIO LOPES	41	M4044	175	M		C MILLENNIUM BCP	01:27:50	01:27:29
991	759	LAURENTINO SANTOS	53	M5054	148	M		SMO PROGRESSO	01:27:50	01:27:09
992	1091	VITOR COSTA	45	M4549	118	M		INDIVIDUAL	01:27:53	01:27:23
993	640	MIGUEL PEIXOTO	40	M4044	176	M		CLUBE BANIF	01:27:55	01:27:28
994	840	ANTONIO SANCHES	51	M5054	149	M		GDCE BANCO BPI	01:28:03	01:28:03
995	49	PEDRO PEREIRA	40	M4044	177	M	1	CCDT METRO LX	01:28:15	01:28:15
996	186	MARIA LIMA	52	F3599	36	F		O FORNO CIDADE	01:28:18	01:28:18
997	364	LUDGERO RODRIGUES	51	M5054	150	M		C MILLENNIUM BCP	01:28:22	01:28:22
998	629	CAROLINA SILVA	28	F2034	19	F		CLUBE BANIF	01:28:25	01:28:25
999	584	CARLOS MENDES	37	M2039	304	M		GDCT UNICRE	01:28:33	01:27:57
1000	666	SUSANA PALMA	33	F2034	20	F		CP IVA	01:28:37	01:27:56
1001	73	CARLOS AMBROSIO	51	M5054	151	M		CLUBE STRESS	01:28:47	01:28:20
1002	77	DEOLINDA SANTOS	36	F3599	37	F		CLUBE STRESS	01:28:47	01:28:20

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C. SC	Clube	Tempo	Líquido
1003	48	GUALDINO FREIRE	62	M6099	88	M	1	CCDT METRO LX	01:28:50	01:28:21
1004	324	NUNO OLIVEIRA	31	M2039	305	M		#1	01:28:56	01:28:56
1005	931	VITOR BARATA	48	M4549	119	M		SS CGD	01:29:02	01:28:27
1006	1171	SANDRA MARTINS	30	F2034	21	F		INDIVIDUAL	01:29:06	01:29:06
1007	1169	JOAO P S LIMA	48	M4549	120	M		INDIVIDUAL	01:29:07	01:29:07
1008	190	FERNANDO ALAN	58	M5559	109	M		GD AMARO	01:29:11	01:28:32
1009	800	DOMINGOS SANTOS	50	M5054	152	M		AA PONTINHA	01:29:11	01:28:37
1010	1000	MARIO PEREIRA	43	M4044	178	M		INDIVIDUAL	01:29:16	01:29:16
1011	586	CARLOS VIEGAS	49	M4549	121	M		GDCT UNICRE	01:29:41	01:29:41
1012	910	JOAQUIM LIMA	64	M6099	89	M		GDU CAXIENSES	01:29:42	01:29:34
1013	843	JORGE F NUNES	30	M2039	306	M		GDCE BANCO BPI	01:29:44	01:29:27
1014	837	HENRIQUE CARVALHO	38	M2039	307	M		GDCE BANCO BPI	01:29:49	01:29:32
1015	676	GABRIEL ANTONIO	44	M4044	179	M		HORTO RIBEIRADAS	01:29:51	01:29:51
1016	403	MARIO RODRIGUES	54	M5054	153	M		GATOS	01:29:52	01:29:52
1017	536	JOSE RODRIGUES	60	M6099	90	M		NASHUATEC	01:29:57	01:29:30
1018	643	PAULO PEIXOTO	49	M4549	122	M		CLUBE BANIF	01:30:08	01:30:08
1019	724	MANUEL SERGIO	65	M6099	91	M		AA MAFRA	01:30:23	01:29:52
1020	1001	CARLA MORGADO	37	F3599	38	F		INDIVIDUAL	01:30:26	01:30:10
1021	1138	EDUARDO PROENÇA	35	M2039	308	M		INDIVIDUAL	01:30:27	01:30:27
1022	232	PEDRO MONTEIRO	33	M2039	309	M		CCD SEG SOCIAL	01:30:37	01:30:01
1023	976	NUNO LOPES	32	M2039	310	M		VETCARNAXIDE	01:30:53	01:30:34
1024	404	AVELINO BENTO	54	M5054	154	M		SS CGD	01:31:00	01:30:23
1025	527	RUI ALBERTO	57	M5559	110	M		OS ZATOPEQUES	01:31:00	01:30:20
1026	231	LUIS GOIS	52	M5054	155	M		CCD SEG SOCIAL	01:31:12	01:30:35
1027	833	CARLOS RODA	48	M4549	123	M		GDCE BANCO BPI	01:31:18	01:31:18
1028	242	MANUEL RIBEIRO	59	M5559	111	M		AAE BNU	01:31:23	01:31:23
1029	787	JOSE SILVA	35	M2039	311	M		CLUBE VODAFONE	01:31:23	01:30:55
1030	1056	LUISA SANTOS	46	F3599	39	F		INDIVIDUAL	01:31:31	01:31:31
1031	1132	LUIS EDUARDO	47	M4549	124	M		INDIVIDUAL	01:31:31	01:30:56
1032	99	VASCO SALGADO	52	M5054	156	M		CLUBE STRESS	01:31:38	01:31:38
1033	133	ALFREDO ZEGRE	65	M6099	92	M		NS SESIMBRA	01:31:41	01:31:41
1034	844	JOSE MAGALHAES	46	M4549	125	M		GDCE BANCO BPI	01:31:41	01:31:25
1035	93	PEDRO NETO	42	M4044	180	M		CLUBE STRESS	01:31:44	01:31:44
1036	543	RUI CHAVES	44	M4044	181	M		QUIOSQUE MIRANTE	01:31:59	01:31:22
1037	832	PAULO GODINHO	41	M4044	182	M		GDCE BANCO BPI	01:32:04	01:32:04
1038	550	ANTONIO VALENTE	33	M2039	312	M		CCD CASA PIA	01:32:21	01:31:52
1039	89	NUNO CASTANHEIRA	54	M5054	157	M		CLUBE STRESS	01:32:22	01:32:22
1040	80	JACINTO GODINHO	44	M4044	183	M		CLUBE STRESS	01:32:23	01:31:54
1041	988	ANA PINA	34	F2034	22	F		C OLIMPICO OEIRAS	01:32:27	01:31:49
1042	559	MANUEL GOMES	63	M6099	93	M		CCD EFACEC LX	01:32:36	01:32:06
1043	873	ANA PAULA	30	F2034	23	F		CLUBE AUTOCOOPE	01:32:36	01:32:36
1044	1068	PAULO JANUARIO	38	M2039	313	M		INDIVIDUAL	01:32:46	01:32:25

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E.	Sx.	C.	SC	Clube	Tempo	Líquido
1045	227	ANTONIO PARDAL	52	M5054	158	M			GA MONSANTO	01:33:03	01:32:28
1046	563	JOSE MARTINS	63	M6099	94	M			CAA BELEM	01:33:06	01:33:06
1047	999	ELISABETE BARRADAS	28	F2034	24	F			INDIVIDUAL	01:33:24	01:32:52
1048	834	CAROLINA RODA	50	F3599	40	F			GDCE BANCO BPI	01:33:27	01:32:54
1049	435	ANTONIO NUNES	68	M6099	95	M			ACAPO	01:33:33	01:32:56
1050	263	ALBANO GINJA	50	M5054	159	M			ACAPO	01:33:34	01:32:57
1051	51	PAULO FERNANDES	35	M2039	314	M	1		CCDT METRO LX	01:33:54	01:33:54
1052	159	FILIFE SIMOES	32	M2039	315	M			TECNO SPIE	01:33:54	01:33:18
1053	38	JOSE VALENTE	52	M5054	160	M	1		CCDT METRO LX	01:34:01	01:34:01
1054	373	JOSE TEIXEIRA	37	M2039	316	M			C MILLENNIUM BCP	01:34:13	01:33:36
1055	380	JOSE RIPADO	51	M5054	161	M			C MILLENNIUM BCP	01:34:31	01:34:31
1056	39	JORGE CHAGAS	41	M4044	184	M	1		CCDT METRO LX	01:34:39	01:34:13
1057	625	ALBANO ALVES	53	M5054	162	M			CLUBE BANIF	01:34:39	01:34:39
1058	43	JOSE RODRIGUES	57	M5559	112	M	1		CCDT METRO LX	01:34:40	01:34:40
1059	548	NELSON FRAGOSO	35	M2039	317	M			CCD CASA PIA	01:34:47	01:34:13
1060	1059	JOSE HENRIQUES	58	M5559	113	M			INDIVIDUAL	01:34:50	01:34:50
1061	554	PEDRO AZENHA	49	M4549	126	M			CCD CASA PIA	01:35:09	01:34:35
1062	609	ANA CATARINA	34	F2034	25	F			GD BV ALVERCA	01:35:10	01:34:35
1063	334	MANUEL CRUZ	39	M2039	318	M			SMD CANEÇAS	01:35:12	01:34:36
1064	1137	CRISTINA MENDES	37	F3599	41	F			INDIVIDUAL	01:36:23	01:36:23
1065	433	HOMERO GUIMARAES	37	M2039	319	M			CLAC PAREDE	01:36:29	01:35:52
1066	815	VITOR NUNES	53	M5054	163	M			CD MAFRA	01:36:34	01:36:34
1067	401	RUI LUIS	51	M5054	164	M			CA VALE FIGUEIRA	01:37:08	01:37:02
1068	952	ANTONIO TAVARES	43	M4044	185	M			CCDP MUN CASCAIS	01:37:36	01:37:10
1069	954	JOSE FIALHO	48	M4549	127	M			CCDP MUN CASCAIS	01:37:37	01:37:37
1070	598	Mª CECILIA NICOLAU	41	F3599	42	F			AA LEBRES SADO	01:37:47	01:37:47
1071	829	ISILDA BARRADAS	57	F3599	43	F			SL CAMPOLIDE	01:39:40	01:39:40
1072	87	LUIS RATO	48	M4549	128	M			CLUBE STRESS	01:39:46	01:39:46
1073	624	SOLLARI ALLEGRO	59	M5559	114	M			NA PAPAGAIOS	01:40:18	01:40:18
1074	574	JULIO SANTOS	46	M4549	129	M			UCRD PRAIENSE	01:40:34	01:40:34
1075	402	PAULO RODRIGUES	32	M2039	320	M			GATOS	01:40:56	01:40:56
1076	1058	JOAO MONTEIRO	51	M5054	165	M			INDIVIDUAL	01:43:05	01:42:34
1077	47	CARLOS CUNHA	60	M6099	96	M	1		CCDT METRO LX	01:43:48	01:43:13
1078	686	IDALINA MADEIRA	47	F3599	44	F			AÇOREANA	01:44:18	01:44:18
1079	107	LOURDES BUGALHO	52	F3599	45	F			FAMILIA BUGALHO	01:44:38	01:44:38
1080	79	FERNANDO VARELA	33	M2039	321	M			CLUBE STRESS	01:50:05	01:49:26
1081	312	LUIS NABAIS	44	M4044	186	M			TRIO OLIVAIS	01:50:07	01:49:43
1082	385	JOSE ARRUDA	59	M5559	115	M			C MILLENNIUM BCP	01:52:18	01:51:42
1083	384	FOCK CHIU	57	F3599	46	F			C MILLENNIUM BCP	01:52:19	01:51:43